



CERTIFICATE OF MEDICAL FITNESS

she is	
Medically Fit	
Fit with restrictions/recommenda	ations
Though following restrictions hand to the job.	ve been revealed, in my opinion, these are
1 Cervicitis	
2	
3	
However the employee should fo communicated to him/her.	ollow the advice/medication that has been
Review after 15 d	
Currently Unfit.	
Review after	recommended
Unfit	

This certificate is not meant for medico-legal purposes

Consulting Physician Regd. No. 7513 (HMC)



विवेकानन्द आरोग्य केन्द्र

हानको मा कि ज्योतिनंत्रव

466 P, सेक्टर 12 A, नजदीक माधव भवन, गुरुग्राम (भारत विकास परिषद् महाराणा प्रताप न्यास, गुरुग्राम द्वारा संचालित)

उपलब्ध ओ.पी.डी. सुविधाएँ

- म्बिह्य रोग चिकित्सा (Cardiology)
- बाल एवं भ्रूण रोग चिकित्सा
 (Paediatrics & Fetal Medicine)
- 🖙 बाल रोग चिकित्सा (Paediatrics)
- 🖙 स्त्री रोग चिकित्सा (Gynaecology)
- 🖙 हड्डी रोग चिकित्सा (Orthopaedics)
- 🖙 दन्त चिकित्सा (Dental Care)
- 🖙 सामान्य चिकित्सा (General Physician)
- 🖙 फिजियोथैरेपी (Physiotherapy)
- 🖙 चर्म रोग चिकित्सा (Dermatology)
- 🖙 मूत्र रोग चिकित्सा (Urology)
- 🖙 गुर्दा रोग चिकित्सा (Nephrology)
- 🖙 नाक, कान, गला रोग विशेषज्ञ (ENT)
- 🖙 नेत्र रोग विशेषज्ञ (Ophthalmology)
- 🖙 केंंसर रोग विशेषज्ञ (Oncology)
- 🖙 IVF क्लीनिक

डायलिसिस (Dialysis)

उपलब्ध जाँच

- 🖙 अल्ट्रासाउण्ड (Ultrasound)
- 🖙 ईको (Echo)
- म्डि स्ट्रेस ईको (Stress Echo)
- ा है हो.एम.टी. (T.M.T.)
- 🖙 पी.एफ.टी. (Lung Function Test)
- ा ई.सी.जी. (E.C.G.)
- 🖼 ई.ई.जी. (E.E.G.)
- ा एक्स−रे (X-Ray)
- म्भेमोग्राफी (Mammography)
- ा ओ.पी.जी. (Dental X-Ray)
- 🖙 हॉल्टर टेस्ट (Holter Test)
- अोडियोमिट्री (Audiometry)

बच्चों एवं वयस्कों के टीकाकरण की सुविधा ऊपलब्ध है।

Name of patient: Mrs. F	tashi Sharma	Age: 36	M/F: F
Consultant:		Speciality:	Package
MR No: MR008747	Visit No: OP018427	Date: 22	-06-2019

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खून एवं मल-मूत्र की जाँच NABL द्वारा मान्यता प्राप्त MoIQ लैब द्वारा की जाती है।



विवेकानन्द आरोग्य केन्द्र

डायितिसिस, डायग्नोस्टिक एवं ओ.पी.डी. भारत विकास परिषद, महाराणा प्रताप न्यास द्वारा संवालित



Radiology Report

Name

: Mrs. Rashi Sharma

MR No

: MR008747

Age/Gender

: 36 Y/F

Visit ID

: OP018427

Prescribed Doctor: Self

Report Date

: 25-06-2019 13:40

Ultrasound

USG EXAMINATION: WHOLE ABDOMEN

Liver shows normal shape and size with homogenous echo texture. Intrahepatic biliary radicals are not dilated. No focal lesion is seen. **Portal Vein** shows normal calibre.

Gall bladder shows physiological distension and normal wall thickness. No calculus or mass is seen in the lumen.

CBD is normal in diameter. No calculus is seen

Pancreas is normal in size, shape and echo texture.

Spleen is normal in shape, size and echo texture.

Right kidney show normal shape & size. Cortico-medullary differentiation is maintained. Right kidney show no calculus or hydronephrosis.

Left kidney show normal shape & size. Cortico-medullary differentiation is maintained. Left kidney show no calculus or hydronephrosis.

No free fluid is seen in the intra-peritoneal cavity. No evidence of mesenteric lymphadenopathy is seen. **Urinary** bladder is normal shape and size with normal wall thickness. No mass or calculus is seen.

Uterus shows normal shape, size and echo texture. No focal lesion is seen. Uterus measures 69 x 39 x 35mm. Endometrial thickness is 8mm.

Both Ovaries are normal in size, shape and echotexture.

Right ovary measures $24 \times 20 \times 16$ mm (vol-4cc).

Left ovary measures $35 \times 23 \times 17$ mm (vol-7.5cc).

Bilateral adnexae are clear.

Cul-de-sac is clear.

Impression:- Normal Study.

PLEASE CORRELALINICALLY

Dr. Pawer Ioon
MD (Radio- diagnosis)



विवेकानन्द आरोग्य केन्द्र





Radiology Report

Name

: Mrs. Rashi Sharma

MR No

: MR008747

Age/Gender

: 36 Y/F

Visit ID

: OP018427

Prescribed Doctor: Self

Report Date

: 22-06-2019 17:16

X-Ray

X-RAY CHEST PA VIEW

Soft tissue and bony thoracic cage are normal.

Trachea is central.

Cardiac configuration is normal with normal cardio-thoracic ratio.

Pulmonary vasculature is within normal limits.

Both costo phrenic angles and domes of diaphragm are normal.

No pulmonary parenchymal lesion is seen.

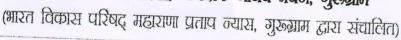
PLEASE CORRELATE CLINICALLY.

DR.S.B. GANDHI MD (Radio-diagnosis)



विवेकानन्द आरोग्य केन्द्र-

466 P, सेवटर 12 A, नजदीक माधव भवन, गुरुग्राम





Ref. No.:	
	Date:

TRANSTHORACIC ECHO-DOPPLER REPORT

Name

- MRS.RASHI SHARMA

Regn No.

- 008747

Diagnosis

- ECHOCARDIOGRAPHY

Age/Sex - 36 YEARS/ FEMALE

Date - 22/06/2019

OPD NO - 018427

M-Mode/2 -D Description:

Left Ventricle: No LVRWMA seen, normal LVEF=55%

Left Atrium : It is normal sized. Right Atrium: It is normal sized.

Right Ventricle: It is normal sized. RV systolic function normal.

Aortic Valve : Aortic cusps normal. Mitral Valve: It opens normally. Tricuspid Valve: It appears normal. Pulmonic Valve: its appears normal.

Main Pulmonary artery& its branches: Appear Normal.

Pericardium: There is no pericardial effusion.

Inter atrial septum: It is intact

Inter ventricular Septum: It is intact.

IVC: Normal size & respiratory variability.

Measurement (mm)

	LEFT HEART			RIGHT HEART	
	Observed values (mm)	Normal values		Observed values (mm)	Normal values
Aortic root	26	20-36 (22mm/m2)	IVC size	14	17-24 mm
Aortic valve	13	15- 26(mm/m2)	IVC respiratory variability	normal	>50%
opening La size	25	19-	RA size	normal	<18cm2

		40(mm/m2)				
LA volume index (ml/m2)	166	<34ml/m2	THE IND.	-	nd a	
LVID(D)	42 _	(ED=37-56)	RV basal		24-42mm	
LVID(S)	30		RV mid cavity		20-35mm	
IVS(D)	8	(ED=6-12)	RV longitudinal		56-86mm	
IVS(S)	11		RVOT PROXIMAL	-	18-33mm	
PW(D)	7	ED=(5-10)	RVTDI	13	>12cm/sec	
PW(S)	11		RV free wall thickness	-	<5mm	
LVEF (%)	~ 55%	55%	RVEF	normal	>44%	

Doppler velocities (cm/sec)

	Aortic valve		Pulmonary valve	
Max/Mean	velocity cm/sec	128	Max velocity	normal
Max /Mear	n PG	mmHg	Max PG	
	Mitral valve		Tricuspid valve	
E cm/sec	85	Max PG =	Max Velocity cm/sec	119
A cm/sec	80	Max Velocity =	E/A (0.8 -2.1)	
DT		Max PG =	E/E(>6)	- 10.000
E'	09	Mean Velocity =	S, Velocity(10 cm2/sec)	- 0 1

Regurgitation

M	R	- TR	Mary Court to
Severity	nil	Severity	nil
VC(mm)		VC (mm)	Maria arman nata
ERO (mm)			
RV (ml)		**************************************	

Max velocity		RVSP	~ 10mmHg
AR		PR	
Severity	nil	Severity	nil
PHT (m sec)			
VC (mm)			

Final Interpretation

Study done at HR of <u>85</u> beats per minute.

- 1. No LVRWMA seen, normal LVEF=55% seen.
- 2. Rest CCD normal.
- 3. Nil MR, nil TR (RVSP~10 mmHg), RV function normal present.
- 4. MIP- Normal.
- 5. Aortic cusps normal, nil AR seen. Peak Aortic Velocity around 128 cm/sec.
- 6. IVC normal size and respiratory variability >50% Present.
- 7. No I/C Clot / no Vegetation / no PE seen.

R. ARUN KUMAR GARG

(MBBS PGDCC FNIC FICC)

(CLINICAL CARDIOLOGIST)