


Rajender Aggarwal



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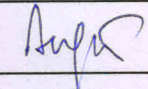
## CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of Rajender Aggarwal on \_\_\_\_\_

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> <li>• Medically Fit</li> </ul>	<input type="checkbox"/>
<ul style="list-style-type: none"> <li>• Fit with restrictions/recommendations</li> </ul> <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1. <u>CSS - fatty liver Gr I</u></p> <p>2. <u>Raised Transaminases</u></p> <p>3. _____</p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after <u>1 m</u></p>	<input type="checkbox"/>
<ul style="list-style-type: none"> <li>• Currently Unfit.</li> </ul> <p>Review after _____ recommended</p>	<input type="checkbox"/>
<ul style="list-style-type: none"> <li>• Unfit</li> </ul>	<input type="checkbox"/>

Dr.   
**Medical Officer**  
 The Apollo Clinic (Location)  
**DR. ASHISH K. GUPTA**  
**MBBS, MD**  
**Consulting Physician**  
**Regd. No. 7513 (HMC)**

*This certificate is not meant for medico-legal purposes*

## उपलब्ध ओ.पी.डी. सुविधाएँ

- ☑ हृदय रोग चिकित्सा (Cardiology)
- ☑ बाल एवं भ्रूण रोग चिकित्सा  
(Paediatrics & Fetal Medicine)
- ☑ बाल रोग चिकित्सा (Paediatrics)
- ☑ स्त्री रोग चिकित्सा (Gynaecology)
- ☑ हड्डी रोग चिकित्सा (Orthopaedics)
- ☑ दन्त चिकित्सा (Dental Care)
- ☑ सामान्य चिकित्सा (General Physician)
- ☑ फिजियोथैरेपी (Physiotherapy)
- ☑ चर्म रोग चिकित्सा (Dermatology)
- ☑ मूत्र रोग चिकित्सा (Urology)
- ☑ गुर्दा रोग चिकित्सा (Nephrology)
- ☑ नाक, कान, गला रोग विशेषज्ञ (ENT)
- ☑ नेत्र रोग विशेषज्ञ (Ophthalmology)
- ☑ कैंसर रोग विशेषज्ञ (Oncology)
- ☑ IVF क्लिनिक

## डायलिसिस (Dialysis)

## उपलब्ध जाँच

- ☑ अल्ट्रासाउण्ड (Ultrasound)
- ☑ ईको (Echo)
- ☑ स्ट्रेस ईको (Stress Echo)
- ☑ टी.एम.टी. (T.M.T.)
- ☑ पी.एफ.टी. (Lung Function Test)
- ☑ ई.सी.जी. (E.C.G.)
- ☑ ई.ई.जी. (E.E.G.)
- ☑ एक्स-रे (X-Ray)
- ☑ मैमोग्राफी (Mammography)
- ☑ ओ.पी.जी. (Dental X-Ray)
- ☑ हॉल्टर टेस्ट (Holter Test)
- ☑ ओडियोमिट्री (Audiometry)

बच्चों एवं वयस्कों के टीकाकरण  
की सुविधा उपलब्ध है।

Name of patient: Mr. Rajender Aggarw	Age: 36	M/F: M
Consultant:	Speciality: Package	
MR No : MR008722	Visit No: OP018381	Date: 22-06-2019

Restlessness

HT = 5'4"

WT = 65 kg

PR = 80/min

Bp = 110/60 mmHg

Chest: N

Abd: N

CVS: N

खून एवं मल-मूत्र की जाँच NABL द्वारा मान्यता प्राप्त MoIQ लैब द्वारा की जाती है।

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ओ.पी.डी. पर्ती का शुल्क केवल तीन दिन के लिए मान्य रहेगा।

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Not for Medico Legal Purpose

## Radiology Report

Name : Mr. Rajender Aggarwal  
Age/Gender : 36 Y/M  
Prescribed Doctor : Self

MR No : MR008722  
Visit ID : OP018381  
Report Date : 27-06-2019 13:50

## Ultrasound

### USG EXAMINATION : WHOLE ABDOMEN

**Liver** shows normal shape and size with mildly increased echogenicity, suggestive of fatty changes. Intrahepatic biliary radicals are not dilated. No focal lesion is seen. **Portal Vein** shows normal calibre. **Gall bladder** shows physiological distension and normal wall thickness. No calculus or mass is seen in the lumen.

**CBD** is normal in diameter. No calculus is seen

**Pancreas** is normal in size, shape and echo texture.

**Spleen** is normal in shape, size and echo texture.

**Right kidney** show normal shape & size. Cortico-medullary differentiation is maintained. Right kidney show no calculus or hydronephrosis.

**Left kidney** show normal shape & size. Cortico-medullary differentiation is maintained. Left kidney show no calculus or hydronephrosis.

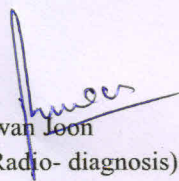
No free fluid is seen in the intra-peritoneal cavity. No evidence of mesenteric lymphadenopathy is seen.

**Urinary bladder** is normal in shape, size and wall thickness. No mass or calculus is seen.

**Prostate** is normal in shape, size & echo texture. Volume of prostate is 14.5cc.

**Imp:- Fatty liver grade-I.**

PLEASE CORRELATE CLINICALLY.

  
Dr. Pawan Jeon  
MD ( Radio- diagnosis)

## Radiology Report

Name : Mr. Rajender Aggarwal  
Age/Gender : 36 Y/M  
Prescribed Doctor : Self

MR No : MR008722  
Visit ID : OP018381  
Report Date : 22-06-2019 17:15

## X-Ray

### X-RAY CHEST PA VIEW

Soft tissue and bony thoracic cage are normal.

Trachea is central.

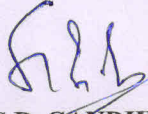
Cardiac configuration is normal with normal cardio-thoracic ratio.

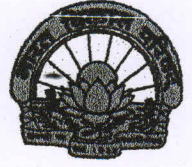
Pulmonary vasculature is within normal limits.

Both costo phrenic angles and domes of diaphragm are normal.

No pulmonary parenchymal lesion is seen.

PLEASE CORRELATE CLINICALLY.

  
DR.S.B. GANDHI  
MD (Radio-diagnosis)



Ref. No.:.....

Date:.....

## TRANSTHORACIC ECHO-DOPPLER REPORT

Name	- MR. RAJENDER AGGARWAL	Age/Sex	- 36 YEARS/ MALE
Regn No.	- 008722	Date	- 22/06/2019
Diagnosis	- ECHOCARDIOGRAPHY	OPD NO	- 018381

### M-Mode/2 -D Description:

Left Ventricle: No LVRWMA seen, normal LVEF=55%  
Left Atrium : It is normal sized.  
Right Atrium: It is normal sized.  
Right Ventricle: It is normal sized. RV systolic function normal.  
Aortic Valve : Aortic cusps normal.  
Mitral Valve: It opens normally.  
Tricuspid Valve: It appears normal.  
Pulmonic Valve: its appears normal.  
Main Pulmonary artery& its branches: Appear Normal.  
Pericardium: There is no pericardial effusion.  
Inter atrial septum: It is intact  
Inter ventricular Septum: It is intact.  
IVC: Normal size & respiratory variability.

### Measurement (mm)

LEFT HEART			RIGHT HEART		
	<u>Observed values (mm)</u>	<u>Normal values</u>		<u>Observed values (mm)</u>	<u>Normal values</u>
Aortic root	31	20-36 (22mm/m2)	IVC size		17-24 mm
Aortic valve opening	20	15- 26(mm/m2)	IVC respiratory variability	normal	>50%
La size	27	19-	RA size	normal	<18cm2

		40(mm/m2)			
LA volume index (ml/m2)		<34ml/m2		-	
LVID(D)	36	(ED=37-56)	RV basal	-	24-42mm
LVID(S)	33		RV mid cavity	-	20-35mm
IVS(D)	8	(ED=6-12)	RV longitudinal	-	56-86mm
IVS(S)	12		RVOT PROXIMAL	-	18-33mm
PW(D)	8	ED=(5-10)	RVTDI	19	>12cm/sec
PW(S)	11		RV free wall thickness	-	<5mm
LVEF (%)	~ 55%	55%	RVEF	normal	>44%

### Doppler velocities (cm/sec)

Aortic v�lve			Pulmonary valve	
Max/Mean velocity cm/sec	99		Max velocity	normal
Max /Mean PG	mmHg		Max PG	-
Mitral valve			Tricuspid valve	
E cm/sec	70	Max PG =	Max Velocity cm/sec	92
A cm/sec	56	Max Velocity =	E/A (0.8 -2.1)	-
DT	-	Max PG =	E/E(>6)	-
E'	10	Mean Velocity =	S, Velocity(10 cm2/sec)	-

### Regurgitation

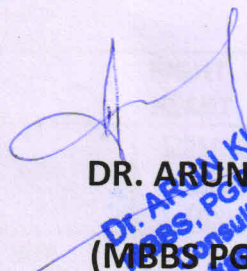
MR		TR	
Severity	nil	Severity	nil
VC( mm)		VC( mm)	
ERO (mm)			
RV (ml)			

Max velocity		RVSP	~ 10mmHg
AR		PR	
Severity	nil	Severity	nil
PHT (m sec)			
VC (mm)			

### Final Interpretation

Study done at HR of 94 beats per minute.

1. No LVRWMA seen, normal LVEF=55% seen.
2. Rest CCD normal.
3. Nil MR, nil TR (RVSP~10 mmHg), RV function normal present.
4. MIP- Normal.
5. Aortic cusps normal, nil AR seen. Peak Aortic Velocity around 99 cm/sec.
6. IVC normal size and respiratory variability >50% Present.
7. No I/C Clot / no Vegetation / no PE seen.

  
**DR. ARUN KUMAR GARG**  
 (MBBS PGDCC FNIC FICC)  
 (CLINICAL CARDIOLOGIST)