



CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of Neeraj Singl on	
After reviewing the medical history and on clinical examination it has been found that he/she is	
	Tick
• Medically Fit	V
• Fit with restrictions/recommendations	
Though following restrictions have been revealed, in my opinion, these are not impediments to the job.	
1	
2	
3	
However the employee should follow the advice/medication that has been communicated to him/her.	
Review after	
Currently Unfit.	
Review after	
• Unfit	
AND C	
DrMedical Officer	
The Apollo Clinic, (Location)	274
This certificate is not meant for medica-legal purposes MBBS,	MD
-This certificate is not meant for medico-legal purposes Consulting Physicia Regd. No. 7513 (HM	an (C)





Date:....

466 P, सेक्टर 12 A, नजदीक माधव भवन, गुरुग्राम (भारत विकास परिषद् महाराणा प्रताप न्यास, गुरुग्राम द्वारा संचालित)

उपलब्ध ओ.पी.डी. सुविधाएँ

- इदय रोग चिकित्सा (Cardiology)
- 🖙 बाल एवं भ्रूण रोग चिकित्सा (Paediatrics & Fetal Medicine)
- 🖙 बाल रोग चिकित्सा (Paediatrics)
- ा स्त्री रोग चिकित्सा (Gynaecology)
- । हड्डी रोग चिकित्सा (Orthopaedics)
- ाञ्ज दन्त चिकित्सा (Dental Care)
- 🖙 सामान्य चिकित्सा (General Physician)
- फिजियोथैरेपी (Physiotherapy)
- ा चर्म रोग चिकित्सा (Dermatology)
- म्ब्र सूत्र रोग चिकित्सा (Urology)
- ण्ड गुर्दा रोग चिकित्सा (Nephrology)

उपलब्ध जाँच

- 🖙 डायलिसिस (Dialysis)
- 🕯 अल्ट्रासाउण्ड (Ultrasound)
- 🖙 ईको (Echo)
- 🖙 स्ट्रेस ईको (Stress Echo)
- ष्ड टी.एम.टी. (T.M.T.)
- 🖙 पी.एफ.टी. (Lung Function Test)
- ा ई.सी.जी. (E.C.G.)
- 🖙 ई.ई.जी. (E.E.G.)
- ाळ एक्स−रे (X-Ray)
- 🖙 मैमोग्राफी (Mammography)
- 🖙 ओ.पी.जी. (Dental X-Ray)
- 🖙 हॉल्टर टेस्ट (Holter Test)

Ref.	No.:	

Name of patient: Mr. N	eeraj Singh	Age: 29	M/F: M
Consultant:		Speciality:	Package
MR No: MR008621	Visit No: OP()18180 Date: 20-	-06-2019

Inegular bowel habits

H72 5'9"

Wrz 7714

PRZ Synt

Boe Majoy um 14

Cherto / or Crs

Not for Medico Legal Purpose

खून एवं मल-मूत्र की जाँच NABL द्वारा मान्यता प्राप्त MoIQ लैब द्वारा की जाती है।





डायितसिस, डायग्नोस्टिक एवं ओ.पी.डी. भारत विकास परिषद, महाराणा प्रताप न्यास द्वारा संवातित

Radiology Report

Name

Age/Gender

: Mr. Neeraj Singh

: 29 Y/M

Prescribed Doctor: Self

MR No

: MR008621

Visit ID

: OP018180

Report Date

: 20-06-2019 09:45

Ultrasound

USG EXAMINATION: WHOLE ABDOMEN

Liver shows normal shape and size with homogenous echo texture. Intrahepatic biliary radicals are not dilated. No focal lesion is seen. **Portal Vein** shows normal calibre.

Gall bladder shows physiological distension and normal wall thickness. No calculus or mass is seen in the lumen.

CBD is normal in diameter. No calculus is seen

Pancreas is normal in size, shape and echo texture.

Spleen is normal in shape, size and echo texture.

Right kidney show normal shape & size. Cortico-medullary differentiation is maintained. Right kidney show no calculus or hydronephrosis.

Left kidney show normal shape & size. Cortico-medullary differentiation is maintained. Left kidney show no calculus or hydronephrosis.

No free fluid is seen in the intra-peritoneal cavity. No evidence of mesenteric lymphadenopathy is seen.

Urinary bladder is normal in shape, size and wall thickness. No mass or calculus is seen.

Prostate is normal in shape, size & echo texture. Volume of prostate is 14.8cc.

IMP: Normal study.

PLEASE CORRELATE CLINICALLY.

Dr. Pawan Joon MD (Radio- diagnosis)





डायितसिस, डायग्नोस्टिक एवं ओ.पी.डी. भारत विकास परिषद्, महाराणा प्रताप न्यास द्वारा संवालित

Radiology Report

Name

Age/Gender

: 29 Y/M

Prescribed Doctor: Self

: Mr. Neeraj Singh

MR No

: MR008621

Visit ID

: OP018180

Report Date

: 20-06-2019 15:12

X-Ray

X-RAY CHEST PA VIEW

Bilateral lung fields appears to be clear. No obvious pulmonary parenchymal lesion is seen.

Trachea is central.

Cardiac configuration appears to be normal with normal cardio-thoracic ratio.

Both costo phrenic angles and domes of diaphragm are normal.

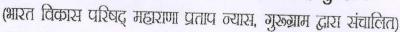
Visualized soft tissue and bony thoracic cage appears to be normal.

PLEASE CORRELATE CLINICALLY.

DR. PAWAN JOON MD (Radio diagnosis)



466 P, सेवटर 12 A, नजदीक माधव भवन, गुरूग्राम





Ref. No.:		
	Date:	

TRANSTHORACIC ECHO-DOPPLER REPORT

Name

- MR.NEERAJ SINGH

Regn No.

- 008625

Diagnosis

- ECHOCARDIOGRAPHY

Age/Sex - 29 YEARS/ MALE

Date - 20/06/2019

OPD NO - 018187

M-Mode/2 -D Description:

<u>Left Ventricle</u>: No LVRWMA seen, normal LVEF=55%

<u>Left Atrium</u>: It is normal sized.

<u>Right Atrium</u>: It is normal sized.

Right Ventricle: It is normal sized. RV systolic function normal.

Aortic Valve: Aortic cusps normal.

Mitral Valve: It opens normally.

Tricuspid Valve: It appears normal.

Pulmonic Valve: its appears normal.

Main Pulmonary artery& its branches: Appear Normal.

Pericardium: There is no pericardial effusion.

Inter atrial septum: It is intact

Inter ventricular Septum: It is intact.

IVC: Normal size & respiratory variability.

Measurement (mm)

	LEFT HEART			RIGHT HEART	-di-
	Observed values (mm)	Normal values	7	Observed values (mm)	Normal values
Aortic root	26	20-36 (22mm/m2)	IVC size	24	17-24 mm
Aortic valve opening	16	15- 26(mm/m2)	IVC respiratory variability	normal	>50%
La size	34	19-	RA size	normal	<18cm2

		40(mm/m2)			
LA volume index (ml/m2)		<34ml/m2	Several	-	
LVID(D)	45	(ED=37-56)	RV basal		24.42
LVID(S)	32				24-42mm
IVS(D)			RV mid cavity	-	20-35mm
IVS(D)	7	(ED=6-12)	RV longitudinal	-	56-86mm
IVS(S)	11		RVOT PROXIMAL	-	18-33mm
PW(D)	7	FD (F 40)			
		ED=(5-10)	RVTDI	18	>12cm/sec
PW(S)	11		RV free wall		∠Emaus
LVEF (%)			thickness		<5mm
-VLI (70)	~ 55%	55%	RVEF	normal	>44%

	Aortic valve		Pulmonary	
Max/Mear	velocity cm/sec	133	valve	
Max /Mea			Max velocity	normal
iviax /iviea		mmHg	Max PG	
	Mitral valve		Tricuspid valve	
E cm/sec	92	Max PG =	Max Velocity cm/sec	247
A cm/sec	51	Max Velocity =	E/A (0.8 -2.1)	247
DT	- williams	Max PG =		
E'	12	The state of the s	E/E(>6)	
	13	Mean Velocity =	S, Velocity(10 cm2/sec)	

MR	TR	
Severity mild -	Severity	mild
/C(mm)	VC (mm)	IIIII
RO (mm)	TO (Hill)	
RV (ml)		

Max velocity		RVSP	~ 30mmHg
AR		PR	
Severity	nil	Severity	nil
PHT (m sec)			•
VC (mm)			

Final Interpretation

Study done at HR of 70 beats per minute.

- 1. No LVRWMA seen, normal LVEF=55% seen.
- 2. Rest CCD normal.
- 3. Mild MR, mild TR (RVSP~30 mmHg), RV function normal present.
- 4. MIP- Normal.
- 5. Aortic cusps normal, nil AR seen. Peak Aortic Velocity around 133 cm/sec.
- 6. IVC borderline dilated in size and respiratory variability >50% Present.
- 7. No I/C Clot / no Vegetation / no PE seen.

DR. ARUN KUMAR GARG

(MBBS PGDCC FNIC FICC)

(CLINICAL CARDIOLOGIST