

Nikesh
Kumari



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CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of Nikesh Kumar on _____

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> • Medically Fit 	<input type="checkbox"/>
<ul style="list-style-type: none"> • Fit with restrictions/recommendations <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1. <u>Lt. Ovarian Cyst</u></p> <p>2. <u>Mild Anaemia</u></p> <p>3. <u>Mild dyslipidemia</u></p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after <u>6m</u></p>	<input type="checkbox"/>
<ul style="list-style-type: none"> • Currently Unfit. Review after _____ recommended 	<input type="checkbox"/>
<ul style="list-style-type: none"> • Unfit 	<input type="checkbox"/>

Dr. *Ashok*
 Medical Officer
 The Apollo Clinic (MCH)
 Consulting Physician
 Regd. No. 25147/MCH
 MBBS, MD
DR. ASHOK K. GUPTA

This certificate is not meant for medico-legal purposes.



विवेकानन्द आरोग्य केन्द्र

466 P. सेक्टर 12 A, नजदीक माधव भवन, गुरुग्राम
(भारत विकास परिषद् महाराणा प्रताप न्यास, गुरुग्राम द्वारा संवाहित)



उपलब्ध ओ.पी.डी. सुविधाएँ

- हृदय रोग चिकित्सा (Cardiology)
- बाल एवं भ्रूण रोग चिकित्सा (Paediatrics & Fetal Medicine)
- बाल रोग चिकित्सा (Paediatrics)
- स्त्री रोग चिकित्सा (Gynaecology)
- हड्डी रोग चिकित्सा (Orthopaedics)
- दन्त चिकित्सा (Dental Care)
- सामान्य चिकित्सा (General Physician)
- फिजियोथैरेपी (Physiotherapy)
- चर्म रोग चिकित्सा (Dermatology)
- मूत्र रोग चिकित्सा (Urology)
- गुर्दा रोग चिकित्सा (Nephrology)

उपलब्ध जाँच

- हायलिसिस (Dialysis)
- अल्ट्रासाउण्ड (Ultrasound)
- ईको (Echo)
- स्ट्रेस ईको (Stress Echo)
- टी.एम.टी. (T.M.T.)
- पी.एफ.टी. (Lung Function Test)
- ई.सी.जी. (E.C.G.)
- ई.ई.जी. (E.E.G.)
- एक्स-रे (X-Ray)
- मैमोग्राफी (Mammography)
- ओ.पी.जी. (Dental X-Ray)
- हॉल्टर टेस्ट (Holter Test)

Ref. No.:

Date:

Name of patient: Mrs. NIKESH KUM/	Age: 27	M/F: F
Consultant:	Speciality: Package	
MR No : MR007820	Visit No: OP016368	Date: 01-06-2019

Ht = 5'5"
Wt = 55 kg
PR = 98/60
Pulse 120/70 in 10f
Chest /
CVS /
Abd /

- Mild Anemia
- Lt ov. cyst
- Mild dyslipidemia

Not for Medico Legal Purpose

सूत्र एवं मल-मूत्र की जाँच NABL द्वारा मान्यता प्राप्त MoIQ लेब द्वारा की जाती है।

सम्पर्क सूत्र: 0124-2224102 / 103 / 104 | Mob.: 8683061905, 8683061906

ओपीडी पर्ची का शुल्क केवल तीन दिन के लिए मान्य रहेगा।

Radiology Report

Name : Mrs. NIKESH KUMARI
Age/Gender : 27 Y/F
Prescribed Doctor : Self

MR No : MR007820
Visit ID : OP016368
Report Date : 01-06-2019 15:10

Ultrasound

USG EXAMINATION : WHOLE ABDOMEN

Liver shows normal shape and size with homogenous echo texture. Intrahepatic biliary radicals are not dilated. No focal lesion is seen. **Portal Vein** shows normal calibre.

Gall bladder is contracted. (Post prandial status).

CBD is normal in diameter. No calculus is seen

Pancreas is normal in size, shape and echo texture.

Spleen is normal in shape, size and echo texture.

Right kidney show normal shape & size. Cortico-medullary differentiation is maintained. Right kidney show no calculus or hydronephrosis.

Left kidney show normal shape & size. Cortico-medullary differentiation is maintained. Left kidney show no calculus or hydronephrosis.

No free fluid is seen in the intra-peritoneal cavity. No evidence of mesenteric lymphadenopathy is seen.

Urinary bladder is normal shape and size with normal wall thickness. No mass or calculus is seen.

Uterus shows normal shape, size and echo texture. No focal lesion is seen. Uterus measures 55 x 33 x 25 mm. Endometrial thickness is 8.3 mm.

A small anechoic cyst measuring approx. 55 x 33 x 25 mm is seen in left adnexa likely suggestive of simple left ovarian cyst.


Right ovary measures 32 x 25 x 21 mm (Vol-9.2cc).

Cul-de-sac is clear.

Impression:-

Left ovarian simple cyst.

Adv:- Clinical - TVS correlation.


Dr. Pawan Joon
MD (Radio- diagnosis)

Radiology Report

Name : Mrs. NIKESH KUMARI
Age/Gender : 27 Y/F
Prescribed Doctor : Self

MR No : MR007820
Visit ID : OP016368
Report Date : 03-06-2019 13:39

X-Ray

X-RAY CHEST PA VIEW

Rotated radiograph.

Bilateral lung fields appears to be clear. No obvious pulmonary parenchymal lesion is seen.

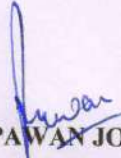
Trachea is central.

Cardiac configuration appears to be normal with normal cardio-thoracic ratio.

Both costo phrenic angles and domes of diaphragm are normal.

Visualized soft tissue and bony thoracic cage appears to be normal.

PLEASE CORRELATE CLINICALLY.


DR. PAWAN JOON
MD (Radio-diagnosis)



विवेकानन्द आरोग्य केन्द्र

466 P, सेक्टर 12 A, नजदीक माधव भवन, गुरुग्राम
(भारत विकास परिषद् महाराणा प्रताप न्यास, गुरुग्राम द्वारा संचालित)



Ref. No.:.....

Date:.....

TRANSTHORACIC ECHO-DOPPLER REPORT

Name - Ms. Nikesh Kumari
Regn No. - 7822
Diagnosis - ECHOCARDIOGRAPHY

Age/Sex - 27YEARS FEMALE
Date -01/06/2019
OPD NO.- 16371

M-Mode/2 -D Description:

Left Ventricle: No LVRWMA seen, normal LVEF=55%

Left Atrium : It is normal sized.

Right Atrium: It is normal sized.

Right Ventricle: It is normal sized. RV systolic function normal.

Aortic Valve : Aortic cusps normal.

Mitral Valve: It opens normally.

Tricuspid Valve: It appears normal.

Pulmonic Valve: its appears normal.

Main Pulmonary artery & its branches: Appear Normal.

Pericardium: There is no pericardial effusion.

Inter atrial septum: It is intact

Inter ventricular Septum: It is intact.

IVC: Normal size & respiratory variability.

Measurement (mm)

LEFT HEART			RIGHT HEART		
	Observed values (mm)	Normal values		Observed values (mm)	Normal values
Aortic root	28	20-36 (22mm/m ²)	IVC size	12	17-24 mm
Aortic valve opening	17	15- 26(mm/m ²)	IVC respiratory variability	normal	>50%
LA size	32	19- 40(mm/m ²)	RA size	normal	<18cm ²

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LA volume index (ml/m ²)		<34ml/m ²		-	
LVID(D)	38	(ED=37-56)	RV basal	-	24-42mm
LVID(S)	25		RV mid cavity	-	20-35mm
IVS(D)	09	(ED=6-12)	RV longitudinal	-	56-86mm
IVS(S)	12		RVOT_PROXIMAL	-	18-33mm
PW(D)	09	ED=(5-10)	RVTDI	16	>12cm/sec
PW(S)	12		RV free wall thickness	-	<5mm
LVEF (%)	55%	55%-80%	RVEF	-	>44%

Doppler velocities (cm/sec)

Aortic valve			Pulmonary valve	
Max/Mean velocity cm/sec	142		Max velocity	normal
Max /Mean PG	mmHg		Max PG	-
Mitral-valve			Tricuspid valve	
E cm/sec	86	Max PG =	Max Velocity cm/sec	154
A cm/sec	63	Max Velocity =	E/A (0.8 -2.1)	-
DT	-	Max PG =	E/E(>6)	-
E'	14	Mean Velocity =	S, Velocity(10 cm ² /sec)	-

Regurgitation

MR		TR	
Severity	Trivial	Severity	trivial
VC(mm)		VC (mm)	
ERO (mm)			
RV (ml)			
Max velocity		RVSP	~ 15mmHg

विद्यमान अरोग्य केन्द्र


पता: दिल्ली, भारत

AR		PR	
Severity	nil	Severity	trivial
PHT (m sec)			
VC (mm)			

Final Interpretation

Study done at HR of 88 beats per minute.

1. No LVRWMA seen, normal LVEF=55% seen.
2. Rest CCD normal.
3. Trivial MR, Trace TR (RVSP~15 mmHg), trivial PR seen, RV systolic function normal.
4. MIP- Normal.
5. Aortic cusps normal, nil AR seen. Peak Aortic Velocity around 142 cm/sec.
6. IVC normal and respiratory variability >50% Present.
7. No I/C Clot / no Vegetation / no PE seen.


DR. ARUN KUMAR GARG

(MBBS PGDCC FNIC FICC)

(CLINICAL CARDIOLOGIST)