



# **CERTIFICATE OF MEDICAL FITNESS**

This is to certify that I have conducted the clinical examination

she i	
Med	ically Fit
Fit w	with restrictions/recommendations
	igh following restrictions have been revealed, in my opinion, these are mpediments to the job.
1	Mild Dyslopidenis
	Fatly Liver Sr I
3	Mild Anaemic
	rever the employee should follow the advice/medication that has been municated to him/her.
Revi	ew after 6 m
	ently Unfit.

Dr. **Medical Officer** 

The Apollo Clinic (Location) GUPTA

This certificate is not meant for medico-legal purposes Consulting Physician Regd. No. 7513 (HMC)



# विवेकानन्द आरोग्य केन्द्र



466 P, सेक्टर 12 A, नजदीक माधव भवन, गुरूग्राम (भारत विकास परिषद् महाराणा प्रताप न्यास, गुरूग्राम द्वारा संचालित)

### उपलब्ध ओ.पी.डी. सुविधाएँ

- श्रि हृदय रोग चिकित्सा (Cardiology)
- बाल एवं भ्रूण रोग चिकित्सा
  (Paediatrics & Fetal Medicine)
- 🧐 बाल रोग चिकित्सा (Paediatrics)
- ध्ङ स्त्री रोग चिकित्सा (Gynaecology)
- एक हड्डी रोग चिकित्सा (Orthopaedics)
- श्रि दन्त चिकित्सा (Dental Care)
- ा सामान्य चिकित्सा (General Physician)
- र्ष्टि फिजियोथैरेपी (Physiotherapy)
- ा चर्म रोग चिकित्सा (Dermatology)
- ा मूत्र रोग चिकित्सा (Urology)
- गुर्दा रोग चिकित्सा (Nephrology)

### उपलब्ध जाँच

- 🖙 डायलिसिस (Dialysis)
- 🖙 अल्ट्रासाउण्ड (Ultrasound)
- 🖙 ईको (Echo)
- 🖙 स्ट्रेस ईको (Stress Echo)
- ा टी.एम.टी. (T.M.T.)
- 🖙 पी.एफ.टी. (Lung Function Test)
- ा ई.सी.जी. (E.C.G.)
- ा ई.ई.जी. (E.E.G.)
- ाळ एक्स−रे (X-Ray)
- 🖙 मैमोग्राफी (Mammography)
- ा ओ.पी.जी. (Dental X-Ray)

Not for Medico Legal Purpose

🖙 हॉल्टर टेस्ट (Holter Test)

Ref.	No.:	Date
Tron.	110111111111111111111111111111111111111	

Name of patient: Mr. Pa	dam Gupta	Age: 33	M/F: M	
Consultant:		Speciality:	Package	
MED No. MEDOOCOO	Visit No: OPO	)17404 Date: 1	2-06-2019	

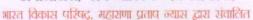
5'6''
W. 78 129
NR 284 /mt
202 120/70 milt

खून एवं मल-मूत्र की जाँच NABL द्वारा मान्यता प्राप्त MoIQ लैब द्वारा की जाती है।



# विवेकानन्द आरोग्य केन्द्र

### डायलिसिस, डायम्नोरिटक एवं ओ.पी.डी.





### Radiology Report

Name

: Mr. Padam Gupta

Age/Gender

: 33 Y/M

Prescribed Doctor: Self

MR No

: MR008289

Visit ID

: OP017404

Report Date

: 12-06-2019 09:53

### Ultrasound

### **USG EXAMINATION: WHOLE ABDOMEN**

Liver shows normal shape and size with mildly increased echogenicity, suggestive of fatty change. Intrahepatic biliary radicals are not dilated. No focal lesion is seen. Portal Vein shows normal calibre. Gall bladder shows physiological distension and normal wall thickness. No calculus or mass is seen in the lumen.

CBD is normal in diameter. No calculus is seen

Pancreas is normal in size, shape and echo texture.

Spleen is normal in shape, size and echo texture.

**Right kidney** show normal shape & size. Cortico-medullary differentiation is maintained. Right kidney show no calculus or hydronephrosis.

Left kidney show normal shape & size. Cortico-medullary differentiation is maintained. Left kidney show no calculus or hydronephrosis.

No free fluid is seen in the intra-peritoneal cavity. No evidence of mesenteric lymphadenopathy is seen.

Urinary bladder is normal in shape, size and wall thickness. No mass or calculus is seen.

Prostate is normal in shape, size & echo texture.

Imp:- Fatty liver grade-I.

PLEASE CORRELATE CLINICALLY.

Dr. Pawan Joon MD (Radio- diagnosis)



# विवेकानन्द आरोग्य केन्द्र





### Radiology Report

Name : Mr. Padam Gupta

MR No

: MR008289

Age/Gender : 33 Y/M Prescribed Doctor : Self Visit ID

: OP017404

Report Date

: 12-06-2019 15:02

### X-Ray

### X-RAY CHEST PA VIEW

Bilateral lung fields appears to be clear. No obvious pulmonary parenchymal lesion is seen.

Trachea is central.

Cardiac configuration appears to be normal with normal cardio-thoracic ratio.

Both costo phrenic angles and domes of diaphragm are normal.

Visualized soft tissue and bony thoracic cage appears to be normal.

PLEASE CORRELATE CLINICALLY.

DR. PAWAN JOON MD (Radio-diagnosis)

## VIVEKANAND AROGYA KENDRA

**Patient Details** 

Date: 04-Jan-80

Time: 12:21:20 PM

Name: PADAM GUPTA ID: MR8289

Age: 33 y

Sex: M

Height: 66 cms

Weight: 78 Kgs

Clinical History:

NOTHING SIGNIFICANT

Medications: NIL

### **Test Details**

Protocol: Bruce

Pr.MHR: 187 bpm

THR: 168 (90 % of Pr.MHR) bpm

**Total Exec. Time:** 9 m 22 s Max. HR: 169 ( 90% of Pr.MHR )bpm

Max. Mets: 13.50

Max. BP: 140 / 70 mmHg

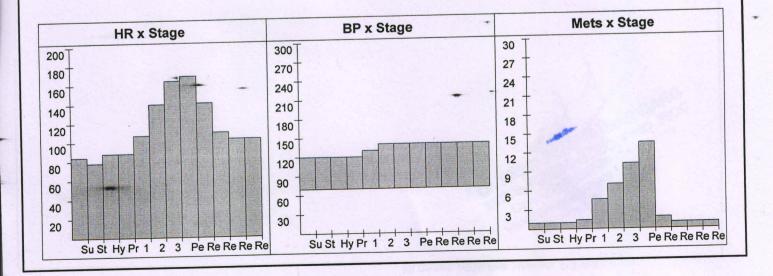
Max. BP x HR: 23660 mmHg/min

Min. BP x HR: 5460 mmHg/min

Test Termination Criteria: THR achieved

### **Protocol Details**

Stage Name	Stage Time (min : sec)	Mets	Speed (mph)	Grade (%)	Heart Rate (bpm)	Max. BP (mm/Hg)	Max. ST Level (mm)	Max. ST Slope (mV/s)
Oi	0:33	1.0	0	0	84	120 / 70	-1.70 aVR	2.48 V2
Supine	0:16	1.0	0	0	78	120 / 70	-1.70 aVR	2.83 V2
Standing		1.0	0	0	88	120 / 70	-1.70 aVR	2.48 V2
Hyperventilation	0:29	4.6	1.7	10	107	130 / 70	-1.91 aVR	3.18 V3
1	3:0	7.0	2.5	12	140	140 / 70	-4.67 aVR	5.66
2	3:0	10.2	3.4	14	164	140 / 70	-2.76 II	3.18 V3
3	3:0		4.2	16	169	140 / 70	-2.55 III	3.18 V3
Peak Ex	0:22	13.5	-	0	141	140 / 70	-3.82 II	4.60 V3
Recovery(1)	1:0	1.8	1			140 / 70	-1.49 aVR	5.31 V3
Recovery(2)	1:0	1.0	0	0	110			4.25 V3
Recovery(3)	1:0	1.0	0	0	103	140 / 70	-1.49 aVR	
Recovery(4)	0:26	1.0	0	0	103	140 / 70	-1.06 aVR	2.83 V3



### VIVEKANAND AROGYA KENDRA

atient Details

Date: 04-Jan-80

12:21:20 PM Time:

Name: PADAM GUPTA ID: MR8289

Sex: M

Height: 66 cms

Weight: 78 Kgs

#### Interpretation

Age: 33 y

No significant ST-T changes seen during stress testing. TMT is negative for stress induced myocardial ischemia seen. Please corelate clinically.

Ref. Doctor: -----

( Summary Report edited by user )