

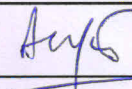
## CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of Pankaj Sharma on \_\_\_\_\_

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> <li>• Medically Fit</li> </ul>	<input type="checkbox"/>
<ul style="list-style-type: none"> <li>• Fit with restrictions/recommendations</li> </ul> <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1. <u>Hyperuricemia with dyslipidemia</u></p> <p>2. <u>Abnormal LFT- Raised S. Bil + Enzymes</u></p> <p>3. <u>Eosinophilia</u></p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after <u>15d</u></p>	<input type="checkbox"/>
<ul style="list-style-type: none"> <li>• Currently Unfit.</li> </ul> <p>Review after _____ recommended</p>	<input type="checkbox"/>
<ul style="list-style-type: none"> <li>• Unfit</li> </ul>	<input type="checkbox"/>

Dr.   
 Medical Officer  
 The Apollo Clinic, (Location)

**Dr. ASHOK K. GUPTA**  
**MBBS, MD**  
**Consulting Physician**  
**Regd. No. 7513 (HMC)**

*This certificate is not meant for medico-legal purposes*

## उपलब्ध ओ.पी.डी. सुविधाएँ

- ☑ हृदय रोग चिकित्सा  
(Cardiology)
- ☑ बाल एवं भ्रूण रोग चिकित्सा  
(Paediatrics & Fetal Medicine)
- ☑ बाल रोग चिकित्सा  
(Paediatrics)
- ☑ स्त्री रोग चिकित्सा  
(Gynaecology)
- ☑ हड्डी रोग चिकित्सा  
(Orthopaedics)
- ☑ दन्त चिकित्सा  
(Dental Care)
- ☑ सामान्य चिकित्सा  
(General Physician)
- ☑ फिजियोथेरेपी  
(Physiotherapy)
- ☑ चर्म रोग चिकित्सा  
(Dermatology)
- ☑ मूत्र रोग चिकित्सा  
(Urology)
- ☑ गुर्दा रोग चिकित्सा  
(Nephrology)

## उपलब्ध जाँच

- ☑ डायलिसिस (Dialysis)
- ☑ अल्ट्रासाउण्ड (Ultrasound)
- ☑ ईको (Echo)
- ☑ स्ट्रेस ईको (Stress Echo)
- ☑ टी.एम.टी. (T.M.T.)
- ☑ पी.एफ.टी. (Lung Function Test)
- ☑ ई.सी.जी. (E.C.G.)
- ☑ ई.ई.जी. (E.E.G.)
- ☑ एक्स-रे (X-Ray)
- ☑ मैमोग्राफी (Mammography)
- ☑ ओ.पी.जी. (Dental X-Ray)
- ☑ हॉल्टर टेस्ट (Holter Test)

Ref. No.:.....

Date:.....

<b>Name of patient:</b> Mr. Pankaj Sharma	<b>Age:</b> 32	<b>M/F:</b> M
<b>Consultant:</b>	<b>Speciality:</b> Package	
<b>MR No :</b> MR008233	<b>Visit No:</b> OP017279	<b>Date:</b> 11-06-2019

*no complaint*

*HTc 5'8"*

*Wt 94.5 kg*

*PR 290 /mb*

*BP 130/90 mm Hg*

*Chest  
Cvs  
Abd*

Not for Medico Legal Purpose

खून एवं मल-मूत्र की जाँच NABL द्वारा मान्यता प्राप्त MolQ लैब द्वारा की जाती है।

सम्पर्क सूत्र: 0124-2224102 / 103 / 104 | Mob.: 8683061905, 8683061906

ओ.पी.डी. पर्ची का शुल्क केवल तीन दिन के लिए मान्य रहेगा।

## Radiology Report

Name : Mr. Pankaj Sharma  
Age/Gender : 32 Y/M  
Prescribed Doctor : Self

MR No : MR008233  
Visit ID : OP017279  
Report Date : 11-06-2019 09:53

## Ultrasound

### USG EXAMINATION : WHOLE ABDOMEN

**Liver** shows normal shape with **mild increase in size (15.5cm)** with **increased echogenicity, suggestive of fatty change**. Intrahepatic biliary radicals are not dilated. No focal lesion is seen. **Portal Vein** shows normal calibre.

**Gall bladder** shows physiological distension and normal wall thickness. No calculus or mass is seen in the lumen.

**CBD** is normal in diameter. No calculus is seen

**Pancreas** is normal in size, shape and echo texture.

**Spleen** is normal in shape, size and echo texture.

**Right kidney** show normal shape & size. Cortico-medullary differentiation is maintained. Right kidney show no calculus or hydronephrosis.

**Left kidney** show normal shape & size. Cortico-medullary differentiation is maintained. **An echogenic focus measuring approximately 4.4mm is seen in the mid pole of left kidney likely suggestive of calculus**. Left kidney show no hydronephrosis.

No free fluid is seen in the intra-peritoneal cavity. No evidence of mesenteric lymphadenopathy is seen.

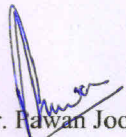
**Urinary bladder** is normal in shape, size and wall thickness. No mass or calculus is seen.

**Prostate** is normal in shape, size & echo texture. Volume of prostate is 17.5cc.

**IMP : Borderline hepatomegaly with fatty liver grade I to II.**

**: An echogenic focus seen in left kidney likely suggestive of calculus.**

PLEASE CORRELATE CLINICALLY.



Dr. Pawan Joon  
MD (Radio- diagnosis)

## Radiology Report

Name : Mr. Pankaj Sharma  
Age/Gender : 32 Y/M  
Prescribed Doctor : Self

MR No : MR008233  
Visit ID : OP017279  
Report Date : 11-06-2019 17:11

## X-Ray

### X-RAY CHEST PA VIEW

Soft tissue and bony thoracic cage are normal.

Trachea is central.

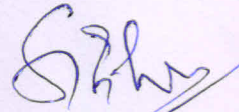
Cardiac configuration is normal with normal cardio-thoracic ratio.

Pulmonary vasculature is within normal limits.

Both costo phrenic angles and domes of diaphragm are normal.

No pulmonary parenchymal lesion is seen.

PLEASE CORRELATE CLINICALLY.

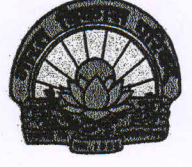


DR.S.B. GANDHI  
MB (Radio-diagnosis)



# विवेकानन्द आरोग्य केन्द्र

466 P, सेक्टर 12 A, नजदीक माधव भवन, गुरुग्राम  
(भारत विकास परिषद् महाराणा प्रताप न्यास, गुरुग्राम द्वारा संचालित)



Ref. No.:.....

Date:.....

## TRANSTHORACIC ECHO-DOPPLER REPORT

Name	- MR .PANKAJ SHARMA	Age/Sex	- 32YEARS/ MALE
Regn No.	- 008204	Date	- 11/06/2019
Diagnosis	- ECHOCARDIOGRAPHY	OPD NO	- 017290

### M-Mode/2 -D Description:

- Left Ventricle: No LVRWMA seen, normal LVEF=55%  
Left Atrium : It is normal sized.  
Right Atrium: It is normal sized.  
Right Ventricle: It is normal sized. RV systolic function normal.  
Aortic Valve : Aortic cusps normal.  
Mitral Valve: It opens normally.  
Tricuspid Valve: It appears normal.  
Pulmonic Valve: its appears normal.  
Main Pulmonary artery& its branches: Appear Normal.  
Pericardium: There is no pericardial effusion.  
Inter atrial septum: It is intact  
Inter ventricular Septum: It is intact.  
IVC: Normal size & respiratory variability.

### Measurement (mm)

LEFT HEART			RIGHT HEART		
	<u>Observed values (mm)</u>	<u>Normal values</u>		<u>Observed values (mm)</u>	<u>Normal values</u>
Aortic root	30	20-36 (22mm/m2)	IVC size	16	17-24 mm
Aortic valve opening	16	15-26(mm/m2)	IVC respiratory variability	normal	>50%
La size	35	19-40(mm/m2)	RA size-	normal	<18cm2

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- "Not for Medico Legal Purpose"

LA volume index (ml/m2)		<34ml/m2		-	
LVID(D)	49	(ED=37-56)	RV basal	-	24-42mm
LVID(S)	41		RV mid cavity	-	20-35mm
IVS(D)	9	(ED=6-12)	RV longitudinal	-	56-86mm
IVS(S)	12		RVOT PROXIMAL	-	18-33mm
PW(D)	9	ED=(5-10)	RVTDI	15	>12cm/sec
PW(S)	11		RV free wall thickness	-	<5mm
LVEF (%)	55%	55%	RVEF	normal	>44%

### Doppler velocities (cm/sec)

Aortic valve			Pulmonary valve	
Max/Mean velocity cm/sec	112		Max velocity	normal
Max /Mean PG	mmHg		Max PG	-
Mitral valve			Tricuspid valve	
E cm/sec	60	Max PG =	Max Velocity cm/sec	189
A cm/sec	68	Max Velocity =	E/A (0.8 -2.1)	-
DT	-	Max PG =	E/E(>6)	-
E'	08	Mean Velocity =	S, Velocity(10 cm2/sec)	-

### Regurgitation

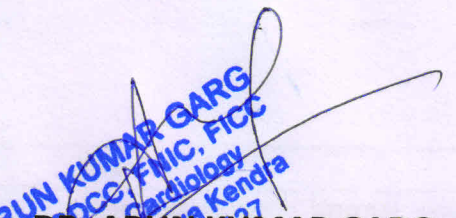
MR		TR	
Severity	NIL	Severity	trace
VC( mm)		VC (mm)	
ERO (mm)			
RV (ml)			
Max velocity		RVSP	~ 20mmHg

AR		PR	
Severity	nil	Severity	nil
PHT (m sec)			
VC (mm)			

### Final Interpretation

Study done at HR of 77 beats per minute.

1. No LVRWMA seen, normal LVEF=55% seen.
2. Rest CCD normal.
3. Nil MR, trace TR (RVSP~ 20 mmHg), RV function normal present.
4. MIP- grade 1 diastolic dysfunction.
5. Aortic cusps normal, nil AR seen. Peak Aortic Velocity around 112cm/sec.
6. IVC Normal size and respiratory variability >50% Present.
7. No I/C Clot / no Vegetation / no PE seen.

  
**Dr. ARUN KUMAR GARG**  
 MBBS, PGDCC, FNIC, FICC  
 Consultant Cardiology  
 Vividh Manoj Hospital Kendra  
 Reg. No. HMC/107

**DR. ARUN KUMAR GARG**  
 (MBBS PGDCC FNIC FICC)

**(CLINICAL CARDIOLOGIST)**