

CERTIFICATE OF MEDICAL FITNESS

3	
Medically Fit	
Fit with restrictions/recommendations	
Though following restrictions have been mpediments to the job.	n revealed, in my opinion, these are not
hied dysefridencie	
2	
3	
However the employee should follow the communicated to him/her.	ne advice/medication that has been
Review after 6 m	
Currently Unfit. Review after	recommended
Unfit	

This certificate is not meant for medico-legal purposes. Consulting Physician Regd. No. 7513 (HMC)





466 P, सेक्टर 12 A, नजदीक माधव भवन, गुरूग्राम (भारत विकास परिषद् महाराणा प्रताप न्यास, गुरूग्राम द्वारा संचालित)

उपलब्ध ओ.पी.डी. सुविधाएँ

- ध्डिह्दय रोग चिकित्सा (Cardiology)
- बाल एवं भ्रूण रोग चिकित्सा
 (Paediatrics & Fetal Medicine)
- ा बाल रोग चिकित्सा (Paediatrics)
- ण्ड स्त्री रोग चिकित्सा (Gynaecology)
- एक हड्डी रोग चिकित्सा (Orthopaedics)
- us दन्त चिकित्सा (Dental Care)
- 🖙 सामान्य चिकित्सा (General Physician)
- ि फिजियोथैरेपी (Physiotherapy)
- ण्ड चर्म रोग चिकित्सा (Dermatology)
- म्त्र रोग चिकित्सा (Urology)
- ा गुर्दा रोग चिकित्सा (Nephrology)

उपलब्ध जाँच

- 🖙 डायलिसिस (Dialysis)
- 🖙 अल्ट्रासाउण्ड (Ultrasound)
- 🖙 ईको (Echo)
- 🖙 स्ट्रेस ईको (Stress Echo)
- ा (T.M.T.) व्हार्याः (च्हारा स्वाप्ताः
- 🖙 पी.एफ.टी. (Lung Function Test)
- ा ई.सी.जी. (E.C.G.)
- 🖙 ई.ई.जी. (E.E.G.)
- ष्ड एक्स−रे (X-Ray)
- 🖙 मैमोग्राफी (Mammography)
- 🖙 ओ.पी.जी. (Dental X-Ray)
- 🖙 हॉल्टर टेस्ट (Holter Test)

Ref. No.:....

Date:....

Name of patient: Mr. Rohit Sharma

Age: 34

M/F: M

Consultant:

Speciality: Package

MR No: MR008191

Visit No: OP017178

Date: 10-06-2019

M12 5'11"

W2 84.5 169

M. 72 mt

Roh 140 190 m Hy

Oush 100 100 m Hy

Not for Medico Legal Purpose रूवून एवं मल-मूत्र की जाँच NABL द्वारा मान्यता प्राप्त MolQ लैब द्वारा की जाती है।



डायितिसिस, डायञ्जोस्टिक एवं ओ.पी.डी. भारत विकास परिषद्, महाराणा प्रताप न्यास द्वारा संवालित



Radiology Report

Name : Mr. Rohit Sharma

MR No

: MR008191

Age/Gender

: 34 Y/M

Visit ID

: OP017178

Prescribed Doctor: Self

Report Date

: 10-06-2019 12:16

Ultrasound

USG EXAMINATION: WHOLE ABDOMEN

Liver shows normal shape and size with homogenous echo texture. Intrahepatic biliary radicals are not dilated. No focal lesion is seen. **Portal Vein** shows normal calibre.

Gall bladder shows physiological distension and normal wall thickness. No calculus or mass is seen in the lumen.

CBD is normal in diameter. No calculus is seen

Pancreas is normal in size, shape and echo texture.

Spleen is normal in shape, size and echo texture.

Right kidney show normal shape & size. Cortico-medullary differentiation is maintained. Right kidney show no calculus or hydronephrosis.

Left kidney show normal shape & size. Cortico-medullary differentiation is maintained. Left kidney show no calculus or hydronephrosis.

No free fluid is seen in the intra-peritoneal cavity. No evidence of mesenteric lymphadenopathy is seen. **Urinary bladder** is over distended and is normal in shape, size and wall thickness. No mass or calculus is seen.

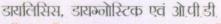
Prostate is normal in shape, size & echo texture. Volume of prostate is 10.8cc.

IMP: Normal study.

PLEASE CORRELATE CLINICALLY.

Dr. Pawan Joon MD (Radio- diagnosis)







भारत विकास परिषद्, महाराणा प्रताप न्यास द्वारा संवातित

Radiology Report

Name

: Mr. Rohit Sharma

MR No

: MR008191

Age/Gender

: 34 Y/M

Visit ID

: OP017178

Prescribed Doctor: Self

Report Date

: 10-06-2019 15:18

X-Ray

X-RAY CHEST PA VIEW

Mid expiratory radiograph.

Bilateral lung fields appears are grossly normal. No obvious pulmonary parenchymal lesion is seen.

Trachea is central.

Cardiac configuration appears to be normal with normal cardio-thoracic ratio.

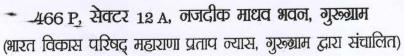
Left hemidiaphragm appears to be slightly higher then right side. Both costo phrenic angles are normal.

Visualized soft tissue and bony thoracic cage appears to be normal.

Clinical correlation & further evaluation.

DR. PAWAN JOON MD (Radio-diagnosis)







Ref. No.:			Date:

TRANSTHORACIC ECHO-DOPPLER REPORT

Name

- MR .ROHIT SHARMA

Regn No.

- 008191

Diagnosis

ECHOCARDIOGRAPHY

Age/Sex - 31 YEARS/ MALE

-Date _-10/06/2019 OPD NO - 017178

M-Mode/2 -D Description:

<u>Left Ventricle</u>: No LVRWMA seen, normal LVEF=55%

<u>Left Atrium</u>: It is normal sized.

<u>Right Atrium</u>: It is normal sized.

Right Ventricle: It is normal sized. RV systolic function normal.

Aortic Valve: Aortic cusps normal.

Mitral Valve: It opens normally.

Tricuspid Valve: It appears normal.

Pulmonic Valve: its appears normal.

Main Pulmonary artery& its branches: Appear Normal.

Pericardium: There is no pericardial effusion.

Inter atrial septum: It is intact

Inter ventricular Septum: It is intact.

IVC: Normal size & respiratory variability.

Measurement (mm)

	LEFT HEART			RIGHT HEART	
	Observed values (mm)	Normal values	A	Observed values (mm)	Normal values
Aortic root	29	20-36 (22mm/m2)	IVC size	15	17-24 mm
Aortic valve opening	14	15-26(mm/m2)	IVC respiratory variability	normal	>50%
La size	32	19-40(mm/m2)	RA size	normal	- <18cm2

LA volume index (ml/m2)		<34ml/m2	Secret V		
LVID(D)	44	(ED=37-56)	RV basal		24.42
LVID(S)	27		RV mid cavity		24-42mm
IVS(D)	10	(ED=6-12)			20-35mm
IV(C(C)		(25-0-12)	RV longitudinal		56-86mm
IVS(S)	14		RVOT PROXIMAL	-	18-33mm
PW(D)	9	ED=(5-10)	RVTDI	14	>12cm/sec
PW(S)	13		DV.C.		22011,300
Man (a)			RV free wall thickness		<5mm
LVEF (%)	55%	55%-80%	RVEF	normal	>44%

Doppler velocities (cm/sec)

* Aortic valve		Pulmonary		
Max/Mean	velocity cm/sec	159	Max velocity	
Max /Mear		mmHg		normal
THE REST	Mitral valve	_ mining	Max PG	•
- ·			Tricuspid valve	
E cm/sec	122	Max PG =	Max Velocity cm/sec	167
A cm/sec	77	Max Velocity =	E/A (0.8 -2.1)	10/
DT	1 S. C.	Max PG =		The second secon
E'	12 3		E/E(>6)	-
	12	Mean Velocity =	S, Velocity(10 cm2/sec)	
Regurgitation	on		,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	

Regurgitation

TR	A STATE OF THE STA
	TRACE
VC (mm)	
DVCD	~ 15mmHg
	Severity VC (mm) RVSP

AR		PR	
Severity	n i l _	Severity	nil
PHT (m sec)	The Authority of the Con-		
VC (mm)		CALLED THE STATE OF LINE	

Final Interpretation

Study done at HR of 77 beats per minute.

- 1. No LVRWMA seen, normal LVEF=55% seen.
- 2. Rest CCD normal.
- 3. Nil MR,TRACE TR (RVSP~ 15 mmHg), RV function normal present.
- 4. MIP- Normal.
- 5. Aortic cusps normal, nil AR seen. Peak Aortic Velocity around 159 cm/sec.
- 6. IVC normal size and respiratory variability >50% Present.
- 7. No I/G-Clot / no Vegetation / no PE seen.

DR. ARUN KUMAR GARG
(MBBS PGDCC FNIC FICC)
(CUNICAL CARDIOLOGIST)