

Megha
Gautam



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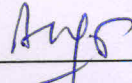
CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of Megha Santani on _____

After reviewing the medical history and on clinical examination it has been found that he/she is

<ul style="list-style-type: none"> • Medically Fit 	Tick
<ul style="list-style-type: none"> • Fit with restrictions/recommendations <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1. <u>Microcytic Hypochromic Anaemia</u></p> <p>2. <u>P.I.D. (Free fluid in P.D.)</u></p> <p>3. _____</p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after <u>1 m</u></p>	
<ul style="list-style-type: none"> • Currently Unfit. <p>Review after _____ recommended</p>	
<ul style="list-style-type: none"> • Unfit 	

Dr. 
 Medical Officer
 The Apollo Clinic, (Location)
DR. ASHOK K. GUPTA
MBBS, MD
Consulting Physician
Regd. No. 7513 (HMC)

This certificate is not meant for medico-legal purposes

उपलब्ध ओ.पी.डी. सुविधाएँ

- हृदय रोग चिकित्सा
(Cardiology)
- बाल एवं भ्रूण रोग चिकित्सा
(Paediatrics & Fetal Medicine)
- बाल रोग चिकित्सा
(Paediatrics)
- स्त्री रोग चिकित्सा
(Gynaecology)
- हड्डी रोग चिकित्सा
(Orthopaedics)
- दन्त चिकित्सा
(Dental Care)
- सामान्य चिकित्सा
(General Physician)
- फिजियोथैरेपी
(Physiotherapy)
- चर्म रोग चिकित्सा
(Dermatology)
- मूत्र रोग चिकित्सा
(Urology)
- गुर्दा रोग चिकित्सा
(Nephrology)

उपलब्ध जाँच

- डायलिसिस (Dialysis)
- अल्ट्रासाउण्ड (Ultrasound)
- ईको (Echo)
- स्ट्रेस ईको (Stress Echo)
- टी.एम.टी. (T.M.T.)
- पी.एफ.टी. (Lung Function Test)
- ई.सी.जी. (E.C.G.)
- ई.ई.जी. (E.E.G.)
- एक्स-रे (X-Ray)
- मैमोग्राफी (Mammography)
- ओ.पी.जी. (Dental X-Ray)
- हॉल्टर टेस्ट (Holter Test)

Ref. No.:.....

Date:.....

Name of patient: Ms. MEGHA GAUTAM	Age: 27	M/F: F
Consultant:	Speciality: Package	
MR No : MR008179	Visit No: OP017159	Date: 10-06-2019

HT - 5'3"
wt - 61 kg
PR - 80/100/80
Rb. 110/65 mmHg
Chest
Cvs / N
abd / N

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खून एवं मल-मूत्र की जाँच NABL द्वारा मान्यता प्राप्त MoIQ लैब द्वारा की जाती है।

सम्पर्क सूत्र: 0124-2224102 / 103 / 104 | Mob.: 8683061905, 8683061906

ओ.पी.डी. पर्ची का शुल्क केवल तीन दिन के लिए मान्य रहेगा।

Radiology Report

Name : Ms. MEGHA GAUTAM
Age/Gender : 27 Y/F
Prescribed Doctor : Self

MR No : MR008179
Visit ID : OP017159
Report Date : 10-06-2019 11:11

Ultrasound

USG EXAMINATION : WHOLE ABDOMEN

Liver shows normal shape and size with homogenous echo texture. Intrahepatic biliary radicals are not dilated. No focal lesion is seen. **Portal Vein** shows normal calibre.

Gall bladder shows physiological distension and normal wall thickness. No calculus or mass is seen in the lumen.

CBD is normal in diameter. No calculus is seen

Pancreas is normal in size, shape and echo texture.

Spleen is normal in shape, size and echo texture.

Right kidney show normal shape & size. Cortico-medullary differentiation is maintained. Right kidney show no calculus or hydronephrosis.

Left kidney show normal shape & size. Cortico-medullary differentiation is maintained. Left kidney show no calculus or hydronephrosis.

No free fluid is seen in the intra-peritoneal cavity. No evidence of mesenteric lymphadenopathy is seen.

Urinary bladder is normal shape and size with normal wall thickness. No mass or calculus is seen.

Uterus shows normal shape, size and echo texture. No focal lesion is seen. Uterus measures 85 x 52 x 41mm. Endometrial thickness is 5.7mm.

Both Ovaries are normal in size, shape and echotexture.

Right ovary measures 28 × 17mm.

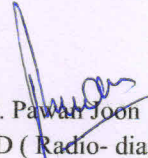
Left ovary measures 27 × 20mm.

Bilateral adnexae are clear.

Mild free fluid is seen in POD.

Impression:- Mild free fluid seen in POD.

PLEASE CORRELATE CLINICALLY


Dr. Pawan Joon
MD (Radio- diagnosis)

Radiology Report

Name : Ms. MEGHA GAUTAM
Age/Gender : 27 Y/F
Prescribed Doctor : Self

MR No : MR008179
Visit ID : OP017159
Report Date : 10-06-2019 15:14

X-Ray

X-RAY CHEST PA VIEW

Bilateral lung fields appears to be clear. No obvious pulmonary parenchymal lesion is seen.

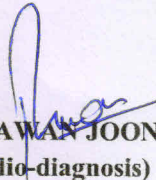
Trachea is central.

Cardiac configuration appears to be normal with normal cardio-thoracic ratio.

Both costo phrenic angles and domes of diaphragm are normal.

Visualized soft tissue and bony thoracic cage appears to be normal.

PLEASE CORRELATE CLINICALLY.


DR. PAWAN JOON
MD (Radio-diagnosis)



विवेकानन्द आरोग्य केन्द्र

466 P, सेक्टर 12 A, नजदीक माधव भवन, गुरुग्राम
(भारत विकास परिषद् महाराणा प्रताप न्यास, गुरुग्राम द्वारा संचालित)



Ref. No.:.....

Date:.....

TRANSTHORACIC ECHO-DOPPLER REPORT

Name - MS.MEGHA GAUTAM
Regn No. - 008179
Diagnosis - ECHOCARDIOGRAPHY

Age/Sex - 27 YEARS/FEMALE
Date - 10/06/2019
OPD NO.- Q17047

M-Mode/2 -D Description:

- Left Ventricle: No LVRWMA seen, normal LVEF=55% ,
Left Atrium : It is normal sized.
Right Atrium: It is normal sized.
Right Ventricle: It is normal sized. RV systolic function normal.
Aortic Valve : Aortic cusps normal.
Mitral Valve: It opens normally.
Tricuspid Valve: It appears normal.
Pulmonic Valve: its appears normal.
Main Pulmonary artery& its branches: Appear Normal.
Pericardium: There is no pericardial effusion.
Inter atrial septum: It is intact
Inter ventricular Septum: It is intact.
IVC: Normal size & respiratory variability.

Measurement (mm)

LEFT HEART			RIGHT HEART		
	Observed values (mm)	Normal values		Observed values (mm)	Normal values
Aortic root	28	20-36 (22mm/m2)	IVC size	10	17-24 mm
Aortic valve opening	19	15-26(mm/m2)	IVC respiratory variability	normal	>50%
La size	26	19-40(mm/m2)	RA size	normal	<18cm2
LA volume		<34ml/m2		-	

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index (ml/m2)					
LVID(D)	42	(ED=37-56)	RV basal	-	24-42mm
LVID(S)	34		RV mid cavity	-	20-35mm
IVS(D)	6	(ED=6-12)	RV longitudinal	-	56-86mm
IVS(S)	10		RVOT PROXIMAL	-	18-33mm
PW(D)	5	ED=(5-10)	RVTDI	16	>12cm/sec
PW(S)	9		RV free wall thickness	-	<5mm
LVEF (%)	55%	55%-80%	RVEF	normal	>44%

Doppler velocities (cm/sec)

Aortic valve		Pulmonary valve		
Max/Mean velocity cm/sec	142	Max velocity	normal	
Max /Mean PG	mmHg	Max PG	-	
Mitral valve		Tricuspid valve		
E cm/sec	93	Max PG =	Max Velocity cm/sec	135
A cm/sec	53	Max Velocity =	E/A (0.8 -2.1)	-
DT	-	Max PG =	E/E(>6)	-
E/E'	18	Mean Velocity =	S, Velocity(10 cm2/sec)	-

Regurgitation

MR ←		TR	
Severity	NIL	Severity	NIL
VC (mm)		VC (mm)	
ERO (mm)			
RV (ml)			
Max velocity		RVSP	~ 10mmHg
AR		PR	

Severity	nil	Severity	nil
PHT (m sec)			
VC (mm)			

Final Interpretation

Study done at HR of 80 beats per minute.

1. No LVRWMA seen, normal LVEF=55% seen.
2. Rest CCD normal.
3. Nil MR, NIL TR (RVSP~ 10 mmHg), RV function normal present.
4. MIP- Normal.
5. Aortic cusps normal, nil AR seen. Peak Aortic Velocity around 142 cm/sec.
6. IVC small calibre and respiratory variability >50% Present.
7. No I/C Clot / no Vegetation / no PE seen.

DR. ARUN KUMAR GARG
 (MBBS PGDCC FNIC FICC)
 (CLINICAL CARDIOLOGIST)