

### **CERTIFICATE OF MEDICAL FITNESS**

ledically Fit	
it with restrictions/recommendations	
hough following restrictions have been revealed, in my opinion, these are napediments to the job.	ot
Mild dyplopidems	
Mild dyplopideurs USS - Latty liver Sr I	
lowever the employee should follow the advice/medication that has been ommunicated to him/her.	
eview after 6 m	
urrently Unfit.	
eview afterrecommen	ded
nfit	

**Medical Officer** 

The Apollo Clinic, (Location)

This certificate is not meant for medico-legal purposes

Consulting Physician
Regd. No. 7513 (HMC)



# विवेकानन्द आरोग्य केन्द्र

466 P, सेक्टर 12 A, नजदीक माधव भवन, गुरुग्राम (भारत विकास परिषद् महाराणा प्रताप न्यास, गुरुग्राम द्वारा संचालित)



### उपलब्ध ओ.पी.डी. सुविधाएँ

- इदय रोग चिकित्सा (Cardiology)
- बाल एवं भ्रूण रोग चिकित्सा (Paediatrics & Fetal Medicine)
- बाल रोग चिकित्सा
   (Paediatrics)
- ध्ङ स्त्री रोग चिकित्सा (Gynaecology)
- ® हड्डी रोग चिकित्सा (Orthopaedics)
- ण्ङ दन्त चिकित्सा (Dental Care)
- सामान्य चिकित्सा(General Physician)
- ष्डि फिजियोथैरेपी (Physiotherapy)
- ा चर्म रोग चिकित्सा (Dermatology)
- ण्ड मूत्र रोग चिकित्सा (Urology)
- ण्ड गुर्दा रोग चिकित्सा (Nephrology)

### उपलब्ध जाँच

- 🖙 डायलिसिस (Dialysis)
- 🖙 अल्ट्रासाउण्ड (Ultrasound)
- 🖙 ईको (Echo)
- प्अ स्ट्रेस ईको (Stress Echo)
- ा हो.एम.टी. (T.M.T.)
- 🖙 पी.एफ.टी. (Lung Function Test)
- ष्डि ई.सी.जी. (E.C.G.)
- ा ई.ई.जी. (E.E.G.)
- ाळ एक्स−रे (X-Ray)
- 🖙 मैमोग्राफी (Mammography)
- ष्ॐ ओ.पी.जी. (Dental X-Ray)
- 🖙 हॉल्टर टेस्ट (Holter Test)

Ref.	No.	: .																				
------	-----	-----	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

-											
Date:											

Name of patient: Mr. Pf	RAVEEN RATHOR	Age: 33	M/F: M				
Consultant:		Speciality: Package					
MR No: MR008176	Visit No: OP01715	55 <b>Date:</b> 10-	-06-2019				

1+12 163 as W = 68.5 Kp PL. 96/mt BP = 130 Po m 147 Chest CVS N Alud

Not for Medico Legal Purpose

खून एवं मल-मूत्र की जाँच NABL द्वारा मान्यता प्राप्त MoIQ तैब द्वारा की जाती है।



## विवेकानन्द आरोग्य केन्द्र

डायलिसिस, डायञ्जोस्टिक एवं ओ.पी.डी. भारत विकास परिषद, महाराणा प्रताप न्यास द्वारा संवालित



### Radiology Report

Name

: Mr. PRAVEEN RATHOR

MR No

: MR008176

Age/Gender

: 33 Y/M

Visit ID

: OP017155

Prescribed Doctor: Self

Report Date

: 10-06-2019 09:50

#### Ultrasound

### **USG EXAMINATION: WHOLE ABDOMEN**

Liver shows normal shape and size with mildly increased echogenicity, suggestive of fatty change. Intrahepatic biliary radicals are not dilated. No focal lesion is seen. Portal Vein shows normal calibre. Gall bladder shows physiological distension and normal wall thickness. No calculus or mass is seen in the lumen.

CBD is normal in diameter. No calculus is seen

Pancreas is normal in size, shape and echo texture.

Spleen is normal in shape, size and echo texture.

**Right kidney** show normal shape & size. Cortico-medullary differentiation is maintained. Right kidney show no calculus or hydronephrosis.

**Left kidney** show normal shape & size. Cortico-medullary differentiation is maintained. Left kidney show no calculus or hydronephrosis.

No free fluid is seen in the intra-peritoneal cavity. No evidence of mesenteric lymphadenopathy is seen.

Urinary bladder is normal in shape, size and wall thickness. No mass or calculus is seen.

Prostate is normal in shape, size & echo texture. Volume of prostate is 10.7cc.

Imp:- Fatty liver grade I.

PLEASE CORRELATE CLINICALLY.

Dr. Pawaw Joon MD (Radio-diagnosis)



### विवेकानन्द आरोग्य केन्द्र





### Radiology Report

Name

: Mr. PRAVEEN RATHOR

MR No

: MR008176

Age/Gender

: 33 Y/M

Visit ID

: OP017155

Prescribed Doctor: Self

Report Date

: 10-06-2019 15:17

X-Ray

### X-RAY CHEST PA VIEW

Mid expiratory radiograph.

Bilateral lung fields appears are grossly normal. No obvious pulmonary parenchymal lesion is seen.

Trachea is central.

Cardiac configuration appears to be normal with normal cardio-thoracic ratio.

Both costo phrenic angles and domes of diaphragm are normal.

Visualized soft tissue and bony thoracic cage appears to be normal.

PLEASE CORRELATE CLINICALLY.

DR. PAWAN JOON MD (Radio-diagnosis)

### **VIVEKANAND AROGYA KENDRA**

**Patient Details** 

Date: 10-Jun-19

Time: 12:44:49 PM

Age: 33 y

Name: PRAVEEN RATHOR ID: MR008176

Sex: MR

Height: 163 cms.

Weight: 68 Kg.

**Clinical History:** 

**NOTHING SIGNIFICANT** 

Medications: NIL

**Test Details** 

Protocol: Bruce

Pr.MHR: 187 bpm

THR: 168 (90 % of Pr.MHR) bpm

**Total Exec. Time:** 

9 m 34 s Max. HR: 167 (89% of Pr.MHR)bpm

Max. Mets: 13.50

Max. BP: 170 / 70 mmHg

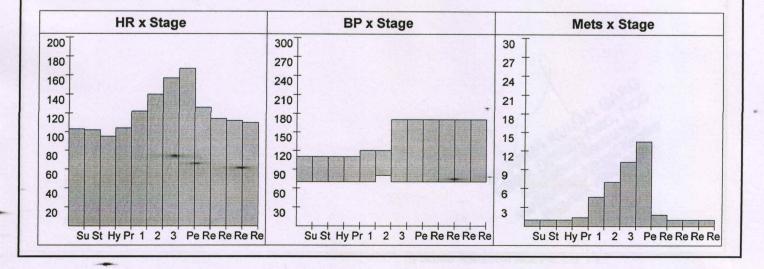
28390 mmHg/min Max. BP x HR:

Min. BP x HR: 6650 mmHg/min

Test Termination Criteria: THR achieved

#### **Protocol Details**

Stage Name	Stage Time (min : sec)	Mets	Speed (mph)	Grade (%)	Heart Rate (bpm)	Max. BP (mm/Hg)	Max. ST Level (mm)	Max. ST Slope (mV/s)
Supine	0:19	1.0	0	0	103	110 / 70	-1.06 aVR	1.42 II
Standing	0:19	1.0	0	0	102	110 / 70	-1.06 aVR	1.77 II
Hyperventilation	0:17	1.0	0	0	95	110 / 70	-0.85 aVR	1.42 II
1	3:0	4.6	1.7	10	122	120 / 70	-0.85 aVR	2.12 II
2	3:0	7.0	2.5	12	140	120 / 80	-1.70 aVR	3.18 II
3	3:0	10.2	3.4	14	157	170 / 70	-1.70 III	3.54 II
Peak Ex	0:34	13.5	4.2	16	167	170 / 70	-1.91 aVR	5.66 II
Recovery(1)	1:0	1.8	1	0	126	170 / 70	-1.91 aVR	5.66 V4
Recovery(2)	1:0	1.0	0	0	114	170 / 70	-1.91 aVR	5.31 V4
Recovery(3)	<b>-1</b> : <u>0</u>	1.0	0	0	112	170 / 70	-1.06 aVR	3.54 II
Recovery(4)	0:5	1.0	0	0	110 -	170 / 70	-0.85 aVR	2.12 II



### VIVEKANAND AROGYA KENDRA

tient Details

Date: 10-Jun-19

Time: -12:44:49 PM

vame: PRAVEEN RATHOR ID: MR008176

Age: 33 y

Sex: MR

Height: 163 cms

Weight: 68 Kgs

### Interpretation

No significant ST-T changes and no significant symptoms seen during stress TMT. TMT is negative for stress induced myocardial ischemia. Please corelate clinically.

Ref. Doctor: -----

(Summary Report edited by user)

