


Isha
Yadav



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CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of Pooja Yadav on _____

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> • Medically Fit 	<input type="checkbox"/>
<ul style="list-style-type: none"> • Fit with restrictions/recommendations <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1. <u>Cervicitis</u></p> <p>2. <u>USS - Enlarged Cystic Ovaries 2 PCOD</u></p> <p>3. _____</p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after <u>2 m.</u></p>	<input type="checkbox"/>
<ul style="list-style-type: none"> • Currently Unfit. <p>Review after _____ recommended</p>	<input type="checkbox"/>
<ul style="list-style-type: none"> • Unfit 	<input type="checkbox"/>

Dr. Ashok
Medical Officer
 The Apollo Clinic, (Location)

DR. ASHOK GUPTA
 MBBS, MD
 Consulting Physician
 Regd. No. 7513 (HMC)

This certificate is not meant for medico-legal purposes

उपलब्ध ओ.पी.डी. सुविधाएँ

- हृदय रोग चिकित्सा
(Cardiology)
- बाल एवं भ्रूण रोग चिकित्सा
(Paediatrics & Fetal Medicine)
- बाल रोग चिकित्सा
(Paediatrics)
- स्त्री रोग चिकित्सा
(Gynaecology)
- हड्डी रोग चिकित्सा
(Orthopaedics)
- दन्त चिकित्सा
(Dental Care)
- सामान्य चिकित्सा
(General Physician)
- फिजियोथैरेपी
(Physiotherapy)
- चर्म रोग चिकित्सा
(Dermatology)
- मूत्र रोग चिकित्सा
(Urology)
- गुर्दा रोग चिकित्सा
(Nephrology)

उपलब्ध जाँच

- डायलिसिस (Dialysis)
- अल्ट्रासाउण्ड (Ultrasound)
- ईको (Echo)
- स्ट्रेस ईको (Stress Echo)
- टी.एम.टी. (T.M.T.)
- पी.एफ.टी. (Lung Function Test)
- ई.सी.जी. (E.C.G.)
- ई.ई.जी. (E.E.G.)
- एक्स-रे (X-Ray)
- मैमोग्राफी (Mammography)
- ओ.पी.जी. (Dental X-Ray)
- हॉल्टर टेस्ट (Holter Test)

Not for Medico Legal Purpose

Ref. No.:.....

Date:.....

Name of patient: Mrs. Isha Yadav	Age: 31	M/F: F
Consultant:	Speciality: Package	
MR No : MR008135	Visit No: OP017043	Date: 08-06-2019

no complaints

HT = 5'11"

WT = 52.5 Kg

RA = 90 mmHg

BP = 100/60 mmHg

Chest

CVS / me

Head

रून एवं मल-मूत्र की जाँच NABL द्वारा मान्यता प्राप्त MoIQ लैब द्वारा की जाती है।

सम्पर्क सूत्र: 0124-2224102 / 103 / 104 | Mob.: 8683061905, 8683061906

ओ.पी.डी. पर्ती का शुल्क केवल तीन दिन के लिए मान्य रहेगा।



विवेकानन्द आरोग्य केन्द्र

डायग्नोस्टिक एवं ओ.पी.डी.
भारत विकास परिषद्, महाराणा प्रताप न्यास द्वारा संचालित



Radiology Report

Name : Mrs. Isha Yadav
Age/Gender : 31 Y/F
Prescribed Doctor : Self

MR No : MR008135
Visit ID : OP017043
Report Date : 08-06-2019 09:51

Ultrasound

USG EXAMINATION : WHOLE ABDOMEN

Liver shows normal shape and size with homogenous echo texture. Intrahepatic biliary radicals are not dilated. No focal lesion is seen. **Portal Vein** shows normal calibre.

Gall bladder shows physiological distension and normal wall thickness. No calculus or mass is seen in the lumen.

CBD is normal in diameter. No calculus is seen

Pancreas is normal in size, shape and echo texture.

Spleen is normal in shape, size and echo texture.

Right kidney show normal shape & size. Cortico-medullary differentiation is maintained. Right kidney show no calculus or hydronephrosis.

Left kidney show normal shape & size. Cortico-medullary differentiation is maintained. Left kidney show no calculus or hydronephrosis.

No free fluid is seen in the intra-peritoneal cavity. No evidence of mesenteric lymphadenopathy is seen.

Urinary bladder is normal shape and size with normal wall thickness. No mass or calculus is seen.

Uterus shows normal shape, size and echo texture. No focal lesion is seen. Uterus measures 64 x 35 x 24mm. Endometrial thickness is 5.6mm.

Both Ovaries are bulky in size with multiple small follicles seen arranged peripherally in both ovaries.

Right ovary measures 31 x 30 x 21mm (Vol-10.1cc).

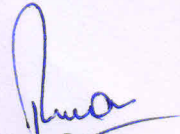
Left ovary measures 40 x 28 x 17mm (Vol-10.3cc).

Bilateral adnexae are clear.

Cul-de-sac is clear.

Imp:-Bulky polycystic bilateral ovaries.

Adv: Clinical - hormonal assay correlation.


Dr. Pawan Joon
MD (Radio- diagnosis)

Radiology Report

Name : Mrs. Isha Yadav
Age/Gender : 31 Y/F
Prescribed Doctor : Self

MR No : MR008135
Visit ID : OP017043
Report Date : 08-06-2019 18:47

X-Ray

X-RAY CHEST PA VIEW

Bilateral lung fields appears to be clear. No obvious pulmonary parenchymal lesion is seen.

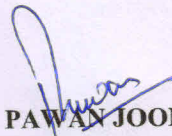
Trachea is central.

Cardiac configuration appears to be normal with normal cardio-thoracic ratio.

Both costo phrenic angles and domes of diaphragm are normal.

Visualized soft tissue and bony thoracic cage appears to be normal.

PLEASE CORRELATE CLINICALLY.


DR. PAWAN JOON
MD (Radio-diagnosis)



Ref. No.:

Date:

TRANSTHORACIC ECHO-DOPPLER REPORT

Name	- MRS.ISHA YADAV	Age/Sex	- 31 YEARS /F
Regn No	- 008135	Date	-08/06/2019
Diagnosis	- ECHOCARDIOGRAPHY	OPD NO.-	017043

M-Mode/2 –D Description:

- Left Ventricle: No LVRWMA seen, normal LVEF=55%
- Left Atrium : It is normal sized.
- Right Atrium: It is normal sized.
- Right Ventricle: It is normal sized. RV systolic function normal.
- Aortic Valve : Aortic cusps normal.
- Mitral Valve: It opens normally.
- Tricuspid Valve: It appears normal.
- Pulmonic Valve: its appears normal.
- Main Pulmonary artery& its branches: Appear Normal.
- Pericardium: There is no pericardial effusion.
- Inter atrial septum: It is intact
- Inter ventricular Septum: It is intact.
- IVC: Normal size & respiratory variability.

Measurement (mm)

LEFT HEART			RIGHT HEART		
	Observed values (mm)	Normal values		Observed values (mm)	Normal values
Aortic root	25	20-36 (22mm/m2)	IVC size	10	17-24 mm
Aortic valve opening	14	15- 26(mm/m2)	IVC respiratory variability	normal	>50%
La size	20	19- 40(mm/m2)	RA size	normal	<18cm2

LA volume index (ml/m ²)		<34ml/m ²		-	
LVID(D)	28	(ED=37-56)	RV basal	-	24-42mm
LVID(S)	15		RV mid cavity	-	20-35mm
IVS(D)	9	(ED=6-12)	RV longitudinal	-	56-86mm
IVS(S)	12		RVOT PROXIMAL	-	18-33mm
PW(D)	9	ED=(5-10)	RVTDI	16	>12cm/sec
PW(S)	12		RV free wall thickness	-	<5mm
LVEF (%)	55%	55%-80%	RVEF	normal	>44%

Doppler velocities (cm/sec)

Aortic valve			Pulmonary valve	
Max/Mean velocity cm/sec	102		Max velocity	
Max /Mean PG	mmHg		Max PG	-
Mitral valve			Tricuspid valve	
E cm/sec	60	Max PG =	Max Velocity cm/sec	106
A cm/sec	51	Max Velocity =	E/A (0.8 -2.1)	-
DT	-	Max PG =	E/E(>6)	-
E'	12	Mean Velocity =	S, Velocity(10 cm ² /sec)	-

Regurgitation

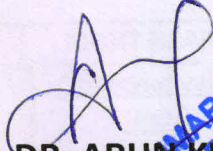
MR		TR	
Severity	nil	Severity	nil
VC(mm)		VC(mm)	
ERO (mm)			
RV (ml)			

Max velocity		RVSP	~ 10mmHg
AR		PR	
Severity	nil	Severity	nil
PHT (m sec)			
VC (mm)			

Final Interpretation

Study done at HR of 70 beats per minute.

1. No LVRWMA seen, normal LVEF=55% seen.
2. Rest CCD normal.
3. Nil MR, trace TR (RVSP~ 10 mmHg), RV function normal present.
4. MIP- normal.
5. Aortic cusps normal, nil AR seen. Peak Aortic Velocity around 102 cm/sec.
6. IVC small caliber and respiratory variability >50% Present.
7. No I/C Clot / no Vegetation / no PE seen.


DR. ARUN KUMAR GARG
 (MBBS PGDCC FNIC FICC)
 (CLINICAL CARDIOLOGIST)

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