



CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination	
of Mukesh Bauhkheti on	
After reviewing the medical history and on clinical examination it has been found that he/she is	
	Tick
Medically Fit	
• Fit with restrictions/recommendations	
Though following restrictions have been revealed, in my opinion, these are not impediments to the job.	
1. Mild dyskifrideure	
2	
3	
However the employee should follow the advice/medication that has been communicated to him/her.	
Review after 6m	
Currently Unfit.	
Review after	
• Unfit	
Dr. Ang	
Medical Officer (2MH) SIGL ON	Cons.
WBBS, MD	Dr. ASI
And	
Dr. ASHOK K. GUPTA MBBS, MD	
Consulting Physician Regd. No. 7513 (HMC)	



विवेकानन्द आरोग्य केन्द्र

466 P, सेक्टर 12 A, नजदीक माधव भवन, गुरूग्राम (भारत विकास परिषद्ध महाराणा प्रताप न्यास, गुरूग्राम द्वारा संचालित)

उपलब्ध ओ.पी.डी. सुविधाएँ

ा हृदय रोग चिकित्सा (Cardiology)

ा बाल एवं भ्रूण रोग चिकित्सा (Paediatrics & Fetal Medicine)

ा बाल रोग चिकित्सा (Paediatrics)

ा स्त्री रोग चिकित्सा (Gynaecology)

ा हड्डी रोग चिकित्सा (Orthopaedics)

🖙 दन्त चिकित्सा (Dental Care)

सामान्य चिकित्सा (General Physician)

ा फिजियोथैरेपी (Physiotherapy)

ा चर्म रोग चिकित्सा (Dermatology)

म्ब्र सूत्र रोग चिकित्सा (Urology)

ा गुर्दा रोग चिकित्सा (Nephrology)

उपलब्ध जाँच

🖙 डायलिसिस (Dialysis)

us अल्ट्रासाउण्ड (Ultrasound)

🖙 ईको (Echo)

🖙 स्ट्रेस ईको (Stress Echo)

🖙 टी.एम.टी. (T.M.T.)

🖙 पी.एफ.टी. (Lung Function Test)

🖙 ई.सी.जी. (E.C.G.)

🖙 ई.ई.जी. (E.E.G.)

ाङ एक्स−रे (X-Ray)

🖙 मैमोग्राफी (Mammography)

🖙 ओ.पी.जी. (Dental X-Ray)

🖙 हॉल्टर टेस्ट (Holter Test)

	Ref.	No.																							
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Date:.....

Name of patient: Mr. Mukesh Bachkhe	Age: 29	M/F: M
Consultant:	Speciality: F	Package
MR No : MR008452 Visit No: OP01	7773 Date: 15-	-06-2019

MT2 5'9"

WL 87.5 149

PL 266 July

PSP 2 11070 m 147

Chesty

CNS N

Red

Not for Medico Legal Purpose

खून एवं मल-मूत्र की जाँच NABL द्वारा मान्यता प्राप्त MoIQ लैब द्वारा की जाती है।



विवेकानन्द आरोग्य केन्द्र





Radiology Report

Name

: Mr. Mukesh Bachkheti

MR No

: MR008452

Age/Gender

: 29 Y/M

Visit ID

: OP017773

Prescribed Doctor : Self

Report Date

: 15-06-2019 15:31

Ultrasound

USG EXAMINATION: WHOLE ABDOMEN

Liver shows normal shape and size with homogenous echo texture. Intrahepatic biliary radicals are not dilated. No focal lesion is seen. **Portal Vein** shows normal calibre.

Gall bladder is partially distended. No obvious calculus or mass is seen in the lumen.

CBD is normal in diameter. No calculus is seen

Pancreas is normal in size, shape and echo texture.

Spleen is normal in shape, size and echo texture.

Right kidney show normal shape & size. Cortico-medullary differentiation is maintained. Right kidney show no calculus or hydronephrosis.

Left kidney show normal shape & size. Cortico-medullary differentiation is maintained. Left kidney show no calculus or hydronephrosis.

No free fluid is seen in the intra-peritoneal cavity. No evidence of mesenteric lymphadenopathy is seen.

Urinary bladder is normal in shape, size and wall thickness. No mass or calculus is seen.

Prostate is normal in shape, size & echo texture. Volume of prostate is 12.8cc.

IMP: Normal study.

PLEASE CORRELATE CLINICALLY.

Dr. Pawan Joon MD (Radio- diagnosis)



विवेकानन्द आरोग्य केन्द्र





Radiology Report

Name

: Mr. Mukesh Bachkheti

MR No

: MR008452

Age/Gender

: 29 Y/M

Visit ID

: OP017773

Prescribed Doctor: Self

Report Date

: 15-06-2019 16:48

X-Ray

X-RAY CHEST PA VIEW

Bilateral lungs fields are appears to be grossly normal.

Trachea is central.

Both costo phrenic angles and domes of diaphragm are normal.

Cardiac shadows can not be commented upon due to expiratory radiograph.

Soft tissue and bony thoracic cage are normal.

PLEASE CORRELATE CLINICALLY.

MD (Radio-diagnosis)

VIVEKANAND AROGYA KENDRA

Patient Details

Date: 15-Jun-19

Time: 4:09:32 PM

Name: Mukesh Bachkhe ID: Mr008452

nothing significant

Sex: M Age: 29 y

Height: 58 cms

Weight: 87 Kgs

Clinical History:

Medications: nil

Test Details

Protocol: Bruce

Pr.MHR: 191 bpm

THR: 162 (85 % of Pr.MHR) bpm

Total Exec. Time:

10 m 41 s

Max. HR: 164 (86% of Pr.MHR)bpm

Max. Mets: 13.50

Max. BP: 140 / 80 mmHg

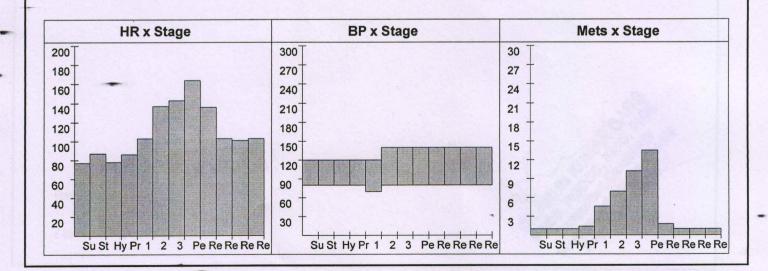
Max. BP x HR: 22960 mmHg/min

Min. BP x HR: 5390 mmHg/min

Test Termination Criteria: THR achieved

Protocol Details

Stage Name	Stage Time (min : sec)	Mets	Speed (mph)	Grade (%)	Heart Rate (bpm)	Max. BP (mm/Hg)	Max. ST Level (mm)	Max. ST Slope (mV/s)
Supine	0:23	1.0	0	0	77 -	120 / 80	-1.06 aVR	1.42 V2
Standing	0:29	1.0	0	0	87	120 / 80	-1.27 aVR	1.42 II
Hyperventilation	0:11	1.0	0	0	78	120 / 80	-1.27 aVR	1.42 II
1	3:0	4.6	1.7	10	103	120 / 70	-1.49 aVR	2.12 II
2	3:0	7.0	2.5	12	137	140 / 80	-1.49 aVR	2.83 II
3	3:0	10.2	3.4	14	143	140 / 80	-1.49 III	3.54 1
Peak Ex	1:41	13.5	4.2	16	164	140 / 80	-1.49 III	3.54 II
Recovery(1)	1:0	1.8	1	0	136	140 / 80	-2.34 aVR	4.60 II
Recovery(2)	1:0	1.0	0	0	103	140 / 80	-2.34 aVR	4.60 II
Recovery(3)	1:0	1.0	0	0	101	140 / 80	-1.49 aVR	3.18 II
Recovery(4)	0:28	1.0	0	0	103	140 / 80	-1.27 aVR	2.48 II



VIVEKANAND AROGYA KENDRA

Patient Details

Date: 15-Jun-19

Time: 4:09:32 PM

Name: Mukesh Bachkhe ID: Mr008452

Age: 29 y

Sex: M

Height: 58 cms

Weight: 87 Kgs

Interpretation

No significant ST-T changes seen during TMT. TMT is negative for stress induced myocardial ischemia seen. Please corelate clinically.

Ref. Doctor: -----

(Summary Report edited by user)

