



## **CERTIFICATE OF MEDICAL FITNESS**

This is to certify that I have conducted the clinical examination	
of Himanoly Sovi on	
After reviewing the medical history and on clinical examination it has been found that he/she is	
	Tick
Medically Fit	
• Fit with restrictions/recommendations	
Though following restrictions have been revealed, in my opinion, these are not impediments to the job.	
1. Mild dyplopidemic	
2	
3	
However the employee should follow the advice/medication that has been communicated to him/her.	
Review after 6 m'	
Currently Unfit.  Review afterrecommender	d
Review ditei	
• Unfit	
1.0	

The Apollo Clinic, (Location). GUPTA MBBS, MD

This certificate is not meant for medico-legal purposes Consulting Physician Regd. No. 7513 (HMC)

Medical Officer

Dr.



# विवेकानन्द आरोग्य केन्द्र



466 P, सेक्टर 12 A, नजदीक माधव भवन, गुरुग्राम (भारत विकास परिषद् महाराणा प्रताप न्यास, गुरूग्राम द्वारा संचालित)

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- **छ** हृदय रोग चिकित्सा (Cardiology)
- बाल एवं भ्रण रोग चिकित्सा (Paediatrics & Fetal Medicine)
- **।** बाल रोग चिकित्सा (Paediatrics)
- **छि** स्त्री रोग चिकित्सा (Gynaecology)
- **ए** हड्डी रोग चिकित्सा (Orthopaedics)
- **एक दन्त चिकित्सा** (Dental Care)
- **एक सामान्य चिकित्सा** (General Physician)
- **क्टि** फिजियोथैरेपी (Physiotherapy)
- चर्म रोग चिकित्सा (Dermatology)
- **प्र्किम् त्र रोग चिकित्सा** (Urology)
- **13** गुर्दा रोग चिकित्सा (Nephrology)

#### उपलब्ध जाँच

- 🖙 डायलिसिस (Dialysis)
- 🖙 अल्ट्रासाउण्ड (Ultrasound)
- 🖾 ईको (Echo)
- 🖙 स्ट्रेस ईको (Stress Echo)
- 🖙 टी.एम.टी. (T.M.T.)
- 🖙 पी.एफ.टी. (Lung Function Test)
- छ ई.सी.जी. (E.C.G.)
- छ ई.ई.जी. (E.E.G.)
- छ एक्स−रे (X-Ray)
- 🖙 मैमोग्राफी (Mammography)
- 🖙 ओ.पी.जी. (Dental X-Ray)
- 🖙 हॉल्टर टेस्ट (Holter Test)

Ref. No.:....

Name of patient: Mr. Himanshu Soni

Age: 33

M/F: M

Speciality: Package

MR No: MR008434

Visit No: OP017732

Date: 15-06-2019

HT2 5/8" W. 69.514 Bor 110770m Hg

Not for Medico Legal Purpose

खून एवं मल-मूत्र की जाँच NABL द्वारा मान्यता प्राप्त MoIQ लैब द्वारा की जाती है।



# विवेकानन्द आरोग्य केन्द्र

डायितिसिस, डायम्नोस्टिक एवं ओ.पी.डी.



शास्त विकास परिषद्, महाराणा प्रताप न्यास द्वारा संवालित

#### Radiology Report

Name

Age/Gender

: Mr. Himanshu Soni

: 33 Y/M

Prescribed Doctor: Self

MR No

: MR008434

Visit ID

: OP017732

Report Date

: 15-06-2019 11:46

#### Ultrasound

#### **USG EXAMINATION: WHOLE ABDOMEN**

**Liver** shows normal shape and size with homogenous echo texture. Intrahepatic biliary radicals are not dilated. No focal lesion is seen. **Portal Vein** shows normal calibre.

Gall bladder shows physiological distension and normal wall thickness. No calculus or mass is seen in the lumen.

CBD is normal in diameter. No calculus is seen

Pancreas is normal in size, shape and echo texture.

Spleen is normal in shape, size and echo texture.

**Right kidney** show normal shape & size. Cortico-medullary differentiation is maintained. Right kidney show no calculus or hydronephrosis.

Left kidney show normal shape & size. Cortico-medullary differentiation is maintained. Left kidney show no calculus or hydronephrosis.

No free fluid is seen in the intra-peritoneal cavity. No evidence of mesenteric lymphadenopathy is seen.

Urinary bladder is normal in shape, size and wall thickness. No mass or calculus is seen.

Prostate is normal in shape, size & echo texture.

IMP: Normal study.

PLEASE CORRELATE CLINICALLY.

Or. Rawan Joon

MD (Radio-diagnosis)



# विवेकानन्द आरोग्य केन्द्र





#### Radiology Report

Name

: Mr. Himanshu Soni

MR No

: MR008434

Age/Gender

: 33 Y/M

Visit ID

: OP017732

Prescribed Doctor: Self

Report Date

: 15-06-2019 16:41

#### X-Ray

#### X-RAY CHEST PA VIEW

Bilateral lungs fields are appears to be grossly normal.

Trachea is central.

Both costo phrenic angles and domes of diaphragm are normal.

Cardiac shadows can not be commented upon due to expiratory radiograph.

Soft tissue and bony thoracic cage are normal.

PLEASE CORRELATE CLINICALLY.

DR.PAWAN JOON MD (Radio-diagnosis)

### **VIVEKANAND AROGYA KENDRA**

**Patient Details** 

Date: 15-Jun-19

Time: 2:07:57 PM

Age: 33 y

Name: HIMANSHU SONI ID: MR008434

Sex: M

Height: 58 cms

Weight: 69 Kgs

**Clinical History:** 

NOTHING SIGNIFICANT

Medications: NIL

#### **Test Details**

Protocol: Bruce

Pr.MHR: 187 bpm

THR: 158 (85 % of Pr.MHR) bpm

**Total Exec. Time:** 

Max. HR: 165 (88% of Pr.MHR)bpm

13.50 Max. Mets:

9 m 31 s Max. BP: 140 / 80 mmHg

Max. BP x HR: 23100 mmHg/min

Min. BP x HR:

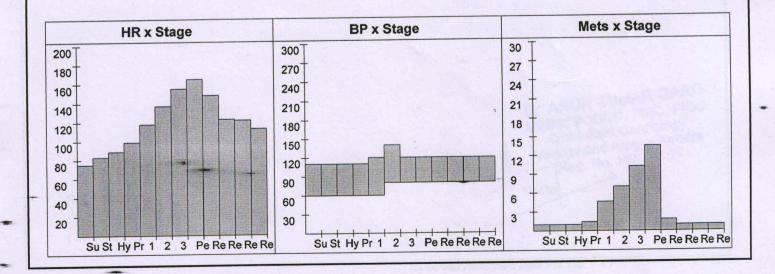
4500 mmHg/min

**Test Termination Criteria:** 

THR achieved

#### **Protocol Details**

Stage Name	Stage Time (min : sec)	Mets	Speed (mph)	Grade (%)	Heart Rate (bpm)	Max. BP (mm/Hg)	Max. ST Level (mm)	Max. ST Slope (mV/s)
Supine	0:16	1.0	0	0	75	110 / 60	-0.85 aVR	1.42 V3
Standing	0:23	1.0	0	0	83	110 / 60	-0.85 aVR	1.42 V3
Hyperventilation	0:15	1.0	0	0	89	110 / 60	-0.85 aVR	1.06 V4
1	3:0	4.6	1.7	10	118	120 / 60	-1.27 aVR	2.48 V5
2	3:0	7.0	2.5	12	137	140 / 80	-1.27 aVR	5.66 V5
3	3:0	10.2	3.4	14	155	120 / 80	-1.49 aVR	5.31 V4
Peak Ex	0:31	13.5	4.2	16	165	120 / 80	-1.06 aVR	4.95 V4
Recovery(1)	1:0	1.8	1	0	148	120 / 80	-2.12 aVR	5.66 V3
Recovery(2)	1:0	1.0	0	0	123	120 / 80	-1.91 aVR	5.66 V4
Recovery(3)	1:0	1.0	0	0	122	120 / 80	-1.27 aVR	3.18 V4
Recovery(4)	0:14	1.0	0	0	113 -	120 / 80	-0.85 aVR	1.77 II



### VIVEKANAND AROGYA KENDRA

ent Details

Date: 15-Jun-19

Time:

2:07:57 PM

4ge: 33 y

me: HIMANSHU SONI ID: MR008434

Sex: M

Height: 58 cms

Weight: 69 Kgs

#### Interpretation

No significant ST-T chjanges seen during TMT. TMT is negative for stress induced myocardial ischemia seen. Please corelate clinically.

Ref. Doctor: -----

(Summary Report edited by user)

Dr. ARUN KUMAR GARG GDCC, FNIC, FICC wultant Cardiology mand Arogya Kendra g. No. HMC-8027 Docto