



CERTIFICATE OF MEDICAL FITNESS

Medically Fit	
Fit with restrictions/recommendate	ions
Though following restrictions hav not impediments to the job.	re been revealed, in my opinion, these are
1. Hyperunicemis	
2 fatty liver S. I wit	L Mild dyperpredence
3	
However the employee should followmunicated to him/her.	low the advice/medication that has been
Review after 3 m	
Currently Unfit.	
Review after	recommended

The Apollo Clinic, (Location), GUPTA

This certificate is not meant for medico-legal purposes Consulting Physician Regd. No. 7513 (HMC)



विवेकानन्द आरोग्य केन्द्र



466 P, सेक्टर 12 A, नजदीक माधव भवन, गुरूग्राम

(भारत विकास परिषद् महाराणा प्रताप न्यास, गुरूग्राम द्वारा संचालित)

उपलब्ध ओ.पी.डी. सुविधाएँ

- इदय रोग चिकित्सा (Cardiology)
- ि बाल एवं भ्रूण रोग चिकित्सा (Paediatrics & Fetal Medicine onsultant:
- 🥯 बाल रोग चिकित्सा (Paediatrics)
- श्रि स्त्री रोग चिकित्सा (Gynaecology)
- ा हड्डी रोग चिकित्सा (Orthopaedics)
- 🖙 दन्त चिकित्सा (Dental Care)
- सामान्य चिकित्सा(General Physician)
- फिजियोथैरेपी (Physiotherapy)
- चर्म रोग चिकित्सा (Dermatology)
- 🖙 मूत्र रोग चिकित्सा (Urology)
- ा गुर्दा रोग चिकित्सा (Nephrology)

उपलब्ध जाँच

- 🖙 डायलिसिस (Dialysis)
- 🖙 अल्ट्रासाउण्ड (Ultrasound)
- 🖙 ईको (Echo)
- 🖙 स्ट्रेस ईको (Stress Echo)
- छ्ड टी.एम.टी. (T.M.T.)
- 🖙 पी.एफ.टी. (Lung Function Test)
- 🖙 ई.सी.जी. (E.C.G.)
- 🖙 ई.ई.जी. (E.E.G.)
- छ्ड एक्स-रे (X-Ray)
- म्ब्रि मैमोग्राफी (Mammography)
- 🖙 ओ.पी.जी. (Dental X-Ray)
- 😰 हॉल्टर टेस्ट (Holter Test)

MR No: MR008423 Visit No: OP017710 Date: 15-06-2019

HT2 5'5"

Who 77.5 Kg

PR = 80 mt

PSP = 110 170 mm HTP

And 1

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Cus

Not for Medico Legal Purpose

खून एवं मल-मूत्र की जाँच NABL द्वारा मान्यता प्राप्त MolQ लैब द्वारा की जाती है।



विवेकानन्द आरोग्य केन्द्र





Radiology Report

Name

: Mr. Kuldeep Singh Rawat

MR No

: MR008423

Age/Gender

Visit ID

: OP017710

: 31 Y/M

Prescribed Doctor : Self

Report Date

: 15-06-2019 11:05

Ultrasound

USG EXAMINATION: WHOLE ABDOMEN

Liver shows normal shape and size with mildly increased echogenicity, suggestive of fatty change. Intrahepatic biliary radicals are not dilated. No focal lesion is seen. Portal Vein shows normal calibre. Gall bladder shows physiological distension and normal wall thickness. No calculus or mass is seen in the lumen.

CBD is normal in diameter. No calculus is seen

Pancreas is normal in size, shape and echo texture.

Spleen is normal in shape, size and echo texture.

Right kidney show normal shape & size. Cortico-medullary differentiation is maintained. Right kidney show no calculus or hydronephrosis.

Left kidney show normal shape & size. Cortico-medullary differentiation is maintained. Left kidney show no calculus or hydronephrosis.

No free fluid is seen in the intra-peritoneal cavity. No evidence of mesenteric lymphadenopathy is seen.

Urinary bladder is normal in shape, size and wall thickness. No mass or calculus is seen.

Prostate is normal in shape, size & echo texture. Volume of prostate is 12.5cc.

IMP: Fatty liver grade-I.

PLEASE CORRELATE CLINICALLY.

MD (Radio-diagnosis)



विवेकानन्द आरोग्य केन्द्र



डायितसिस, डायञ्जोरिटक एवं ओ.पी.डी. भारत विकास परिषद, महाराणा प्रताप न्यास द्वारा संवातित

Radiology Report

Name

: Mr. Kuldeep Singh Rawat

MR No

: MR008423

Age/Gender

: 31 Y/M

Visit ID

: OP017710

Prescribed Doctor: Self

Report Date

: 15-06-2019 16:46

X-Ray

X-RAY CHEST PA VIEW

Rotated & mid expiratory radiograph.

Bilateral lungs fields are appears to be grossly normal.

Trachea is central.

Both costo phrenic angles and domes of diaphragm are normal.

Cardiac shadows can not be commented upon due to expiratory radiograph.

Soft tissue and bony thoracic cage are normal.

PLEASE CORRELATE CLINICALLY.

DR.PAWAY JOON
MD (Radio-diagnosis)

VIVEKANAND AROGYA KENDRA

Patient Details

Date: 15-Jun-19

Time: 1:24:47 PM

Age: 31 y

Name: KULDEEP SINGH ID: MR00

Sex: M

Height: 55 ins

Weight: 77 Kgs

Clinical History:

NOTHING SIGNIFICANT

9 m 38 s

Medications: NIL

Test Details

Protocol: Bruce

Pr.MHR: 189 bpm

THR: 160 (85 % of Pr.MHR) bpm

Total Exec. Time:

Max. HR: 166 (88% of Pr.MHR)bpm

13.50 Max. Mets:

Max. BP: 140 / 80 mmHg

Max. BP x HR: 23240 mmHg/min

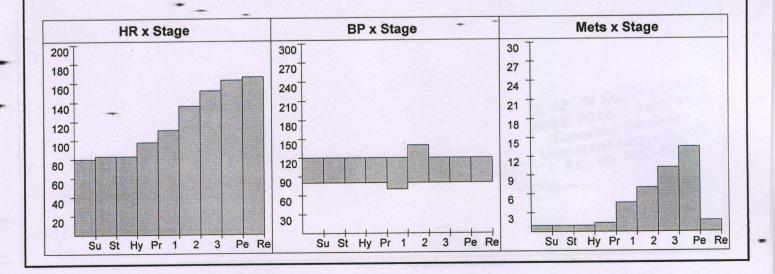
5600 mmHg/min Min. BP x HR:

Test Termination Criteria:

THR achieved

Protocol Details

Stage Name	Stage Time (min : sec)	Mets	Speed (mph)	Grade (%)	Heart Rate (bpm)	Max. BP (mm/Hg)	Max. ST Level (mm)	Max. ST Slope (mV/s)
Supine	0:19	1.0	0	0	80	120 / 80	-0.64 aVR	1.06 II
Standing	0:17 -	1.0	0	0	83	120 / 80	-0.64 aVR	1.06 II
Hyperventilation	0:15	1.0	0	0	83	120 / 80	-0.64 aVR	1.06 II
1	3:0	4.6	1.7	10	111	120 / 70	-0.85 III	2.12 II
2	3:0	7.0	2.5	12	136	140 / 80	-1.06 aVR	2.48 II
3	3:0	10.2	3.4	14	152	120 / 80	-1.27 aVR	3.54 II
Peak Ex-	0:38	13.5	4.2	16	163	120 / 80	-1.06 aVR	4.95 II
Recovery(1)	0:18	1.8	1	0	166	120 / 80	-0.85 aVR	3.54 II



VIVEKANAND AROGYA KENDRA

Patient Details

Date: 15-Jun-19

1:24:47 PM Time:

Name: KULDEEP SINGH ID: MR00 Age: 31 y

Sex: M

Height: 55 ins

Weight: 77 Kgs

Interpretation

No significant ST-T changes seen during TMT.
TMT is negative for Stress induced myocardial ischemia seen. Please corelate clinically.

Ref. Doctor: -----

(Summary Report edited by user)

Dr. ARUN KUMAR GARG
MBBS, PGDCC, FNIC, FICC
Consultant Cardiology
Veckanand Arogya Kendra
Reg. No. HMC-8027 Doctor: