



CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of Neetike Sharmo After reviewing the medical history and on clinical examination it has been found that he/she is Tick Medically Fit Fit with restrictions/recommendations Though following restrictions have been revealed, in my opinion, these are not impediments to the job. 1. Lencocytosis Polymorphs >101 2 Mild dystfordenis 3 Raised serum triligutoin However the employee should follow the advice/medication that has been communicated to him/her. Review after 15 d Currently Unfit. Review after recommended Unfit

Dr. Medical Officer

The Apollo Clinic, (Location), GUPTA

Consulting Physician Regd. No. 7513 (HMC)

This certificate is not meant for medico-legal purposes



466 P, सेक्टर 12 A, नजदीक माधव भवन, गूरुग्राम

(भारत विकास परिषद् महाराणा प्रताप न्यास, गुरूग्राम द्वारा संचालित)

उपलब्ध ओ.पी.डी. सुविधाएँ

- **एक** हृदय रोग चिकित्सा (Cardiology)
- बाल एवं भ्रण रोग चिकित्सा (Paediatrics & Fetal Medicine)
- **ा** बाल रोग चिकित्सा (Paediatrics)
- **छ** स्त्री रोग चिकित्सा (Gynaecology)
- **छ** हड्डी रोग चिकित्सा (Orthopaedics)
- **एक** दन्त चिकित्सा (Dental Care)
- **एक सामान्य चिकित्सा** (General Physician)
- **क्टि फिजियोथैरेपी** (Physiotherapy)
- **छ** चर्म रोग चिकित्सा (Dermatology)
- **प्र्व** मूत्र रोग चिकित्सा (Urology)
- गुर्दा रोग चिकित्सा (Nephrology)

उपलब्ध जाँच

- 🖙 डायलिसिस (Dialysis)
- 🖙 अल्ट्रासाउण्ड (Ultrasound)
- 🖾 ईको (Echo)
- 🖙 स्ट्रेस ईको (Stress Echo)
- ा टी.एम.टी. (T.M.T.)
- प्छ पी.एफ.टी. (Lung Function Test)
- ध्≅ ई.सी.जी. (E.C.G.)
- छि ई.ई.जी. (E.E.G.)
- छ एक्स−रे (X-Ray)
- 🖙 मैमोग्राफी (Mammography)
- 🖙 ओ.पी.जी. (Dental X-Ray)
- 🖙 हॉल्टर टेस्ट (Holter Test)

Ref. No.:....

Date:....

Name of patient: Ms. Neetika Sharma

Age: 27

M/F: F

Speciality: Package

MR No: MR008421

Visit No: OP017706

Date: 15-06-2019

No complains

4-12 146 cm

W/2 63 14

82 130/86m Hy

Chest Acrel CV5

Not for Medico Legal Purpose

खून एवं मल-सूत्र की जाँच NABL द्वारा मान्यता प्राप्त MolQ लैब द्वारा की जाती है।



डायतिसिस, डायम्नोस्टिक एवं ओ.पी.डी.



भारत विकास परिषद्, महाराणा प्रताप न्यास द्वारा संवातित

Radiology Report

Name

: Ms. Neetika Sharma

MR No

: MR008421

Age/Gender

: 27 Y/F

Visit ID

: OP017706

Prescribed Doctor: Self

Report Date

: 15-06-2019 11:57

Ultrasound

USG EXAMINATION: WHOLE ABDOMEN

Liver shows normal shape and size with homogenous echo texture. Intrahepatic biliary radicals are not dilated. No focal lesion is seen. **Portal Vein** shows normal calibre.

Gall bladder shows physiological distension and normal wall thickness. No calculus or mass is seen in the lumen.

CBD is normal in diameter. No calculus is seen

Pancreas is normal in size, shape and echo texture.

Spleen is normal in shape, size and echo texture.

Right kidney show normal shape & size. Cortico-medullary differentiation is maintained. Right kidney show no calculus or hydronephrosis.

Left kidney show normal shape & size. Cortico-medullary differentiation is maintained. Left kidney show no calculus or hydronephrosis.

No free fluid is seen in the intra-peritoneal cavity. No evidence of mesenteric lymphadenopathy is seen.

Urinary bladder is over distended and is normal in shape and size with normal wall thickness. No mass or calculus is seen.

Uterus shows normal shape, size and echo texture. No focal lesion is seen. Uterus measures 73 x 35 x 22mm. Endometrial thickness is 4.2mm.

Both Ovaries are normal in size, shape and echotexture.

Right ovary measures 31×14 mm.

Left ovary measures 36 × 15mm.

Bilateral adnexae are clear.

Cul-de-sac is clear.

Impression:- Normal Study.

PLEASE CORRELALINICALLY

Dr. Pawan Joon MD (Radio- diagnosis)

Page 1 of 1



डायलिसिस, डायम्नोस्टिक एवं ओ.पी.डी. भारत विकास परिषद, महायणा प्रताप न्यास द्वारा संवालित



Radiology Report

Name

: Ms. Neetika Sharma

MR No

: MR008421

Age/Gender

: 27 Y/F

Visit ID

: OP017706

Prescribed Doctor: Self

C 1C

Report Date

: 15-06-2019 16:29

X-Ray

X-RAY CHEST PA VIEW

Bilateral lungs fields are appears to be grossly normal.

Trachea is central.

Both costo phrenic angles and domes of diaphragm are normal.

Cardiac shadows can not be commented upon due to expiratory radiograph.

Soft tissue and bony thoracic cage are normal.

PLEASE CORRELATE CLINICALLY.

DR.PAWAN JOON MD (Radio-diagnosis)





466 P, सेक्टर 12 A, नजदीक माधव भवन, गुरुग्राम (भारत विकास परिषद् महाराणा प्रताप न्यास, गुरुग्राम द्वारा संचालित)

Ref. No.:		Date:

TRANSTHORACIC ECHO-DOPPLER REPORT

Name

- MS.NEETIKA SHARMA

Regn No.

- 008421

Diagnosis

- ECHOCARDIOGRAPHY

Age/Sex - 27 YEARS/ FEMALE

Date - 15/06/2019 OPD NO - 017706

M-Mode/2 -D Description:

<u>Left Ventricle</u>: No LVRWMA seen, normal LVEF=55%

<u>Left Atrium</u>: It is normal sized. <u>Right Atrium</u>: It is normal sized.

Right Ventricle: It is normal sized. RV systolic function normal.

Aortic Valve: Aortic cusps normal.

Mitral Valve: It opens normally.

Tricuspid Valve: It appears normal.

Pulmonic Valve: its appears normal.

Main Pulmonary artery& its branches: Appear Normal.

Pericardium: There is no pericardial effusion.

Inter atrial septum: It is intact

<u>Inter ventricular Septum</u>: It is intact. <u>IVC</u>: Normal size & respiratory variability.

Measurement (mm)

N/A	LEFT HEART +			RIGHT HEART	
	Observed values (mm)	Normal values	- 7-	Observed values	Normal values
Aortic root	24	20-36 (22mm/m2)	IVC size	(<u>mm)</u> 8	17-24 mm
Aortic valve opening	14	15- 26(mm/m2)	IVC respiratory variability	normal	>50%
La size	19	19-	RA size	normal	<18cm2

		40(mm/m2)			Tatan bila 2000
LA volume index		<34ml/m2			n/l
(ml/m2)					
LVID(D)	33	(ED=37-56)	RV basal		24-42mm
LVID(S)	19		RV mid cavity	-	20-35mm
IVS(D)	7	(ED=6-12)	RV longitudinal		56-86mm
IVS(S)	11		RVOT PROXIMAL	-	18-33mm
PW(D)	7	ED=(5-10)	RVTDI	21	>12cm/sec
PW(S)	11		RV free wall thickness		<5mm
LVEF (%)	~ 55%	55%	RVEF	normal	>44%

Doppler velocities (cm/sec)

	Aortic valve		Pulmonary valve	
Max/Mean	velocity cm/sec	121	Max velocity	normal
Max/Mear	PG	mmHg	Max PG	-
-	Mitral valve		Tricuspid valve	
E cm/sec	95	Max PG =	Max Velocity cm/sec	109
A cm/sec	79	Max Velocity =	E/A (0.8 -2.1)	
DT	-	Max PG =	E/E(>6)	
E'	15	Mean Velocity =	S, Velocity(10 cm2/sec)	

Regurgitation

M	R	TR	discussion super-
Severity	nil	Severity	nil
VC(mm)	1	VC (mm)	-
ERO (mm)			
RV (ml)			

Max velocity	RVSP	~ 10mmHg
AR	PR	
Severity nil	Severity	nil
PHT (m sec)	AND MENTALL DESCRIPTION OF THE PROPERTY OF THE	Re Liena 7
VC (mm)	•	

Final Interpretation

Study done at HR of 90 beats per minute.

- 1. No LVRWMA seen, normal LVEF=55% seen.
- 2. Rest CCD normal.
- 3. nil MR, nil TR (RVSP~10 mmHg), RV function normal present.
- 4. MIP- Normal.
- 5. Aortic cusps normal, nil AR seen. Peak Aortic Velocity around 121cm/sec.
- 6. IVC small size and respiratory variability >50% Present.
- 7. No I/C Clot / no Vegetation / no PE seen.

DR. ARUN KUMAR GARG

(MBBS PGDCC FNIC FICC)

(CLINICAL CARDIOLOGIST)