



CERTIFICATE OF MEDICAL FITNESS

	he is
N	Medically Fit
F	it with restrictions/recommendations
	Though following restrictions have been revealed, in my opinion, these are not impediments to the job.
1	Dystifordenia
	Cervicitis
3	Abnormal Liver enzymes
	However the employee should follow the advice/medication that has been ommunicated to him/her.
R	Review after
	Currently Unfit. Review after recommended

Medical Officer

The Apollo Clinica (Location) K. GUPTA MBBS, MD

This certificate is not meant for medico-legal purposes

Consulting Physician Regd. No. 7513 (HMC)



विवेकानन्द आरोग्य केन्द्र



466 P, सेक्टर 12 A, नजदीक माधव भवन, गूरुग्राम

(भारत विकास परिषद् महाराणा प्रताप न्यास, गुरूग्राम द्वारा संचालित)

उपलब्ध ओ.पी.डी. सुविधाएँ

- **। इ** हृदय रोग चिकित्सा (Cardiology)
- बाल एवं भ्रण रोग चिकित्सा (Paediatrics & Fetal Medicin Sonsultant:
- **ध्य** बाल रोग चिकित्सा (Paediatrics)
- **एक स्त्री रोग चिकित्सा** (Gynaecology)
- **ए** हड्डी रोग चिकित्सा (Orthopaedics)
- **एक दन्त चिकित्सा** (Dental Care)
- **।** आमान्य चिकित्सा (General Physician)
- **एक फिजियोथैरे**पी (Physiotherapy)
- **एक चर्म रोग चिकित्सा** (Dermatology)
- **छि मूत्र रोग चिकित्सा** (Urology)
- **एक गुर्दा रोग चिकित्सा** (Nephrology)

उपलब्ध जाँच

- 🖙 डायलिसिस (Dialysis)
- 🖙 अल्ट्रासाउण्ड (Ultrasound)
- 🖙 ईको (Echo)
- 🖙 स्ट्रेस ईको (Stress Echo)
- छ टी.एम.टी. (T.M.T.)
- 🖙 पी.एफ.टी. (Lung Function Test)
- छ ई.सी.जी. (E.C.G.)
- छ ई.ई.जी. (E.E.G.)
- ाङ एक्स−रे (X-Ray)
- भिमोग्राफी (Mammography)
- छ्ङ ओ.पी.जी. (Dental X-Ray)

Not for Medico Legal Purpose

म्ङ हॉल्टर टेस्ट (Holter Test)

Ref. No.:....

Date:....

M/F: F

Age: 31 Name of patient: Mrs. Deepika Sharma

Speciality: Package

Date: 15-06-2019 Visit No: OP017705 MR No: MR008420

खून एवं मल-मूत्र की जाँव NABL द्वारा मान्यता प्राप्त MoIQ लैब द्वारा की जाती है।



Prescribed Doctor : Self

विवेकानन्द आरोग्य केन्द्र





Radiology Report

Name : Mrs. Deepika Sharma

MR No

: MR008420

Age/Gender

: 31 Y/F

Visit ID

: OP017705

Report Date

: 15-06-2019 10:49

Ultrasound

USG EXAMINATION: WHOLE ABDOMEN

Liver shows normal shape and size with homogenous echo texture. Intrahepatic biliary radicals are not dilated. No focal lesion is seen. **Portal Vein** shows normal calibre.

Gall bladder shows physiological distension and normal wall thickness. No calculus or mass is seen in the lumen.

CBD is normal in diameter. No calculus is seen

Pancreas is normal in size, shape and echo texture.

Spleen is normal in shape, size and echo texture.

Right kidney show normal shape & size. Cortico-medullary differentiation is maintained. Right kidney show no calculus or hydronephrosis.

Left kidney show normal shape & size. Cortico-medullary differentiation is maintained. Left kidney show no calculus or hydronephrosis.

No free fluid is seen in the intra-peritoneal cavity. No evidence of mesenteric lymphadenopathy is seen.

Urinary bladder is normal shape and size with normal wall thickness. No mass or calculus is seen.

Uterus shows normal shape, size and echo texture. No focal lesion is seen. Uterus measures 76 x 48 x 40mm. Endometrial thickness is 8.8mm.

Both Ovaries are normal in size, shape and echotexture.

Right ovary measures 22 × 18mm.

Left ovary measures 26 × 15mm.

Bilateral adnexae are clear.

Cul-de-sac is clear.

Impression:- Normal Study.

PLEASE CORRELALINICALLY

Dr. Pawan Joon MD (Radio- diagnosis)



विवेकानन्द आरोग्य केन्द्र





Radiology Report

Name

: Mrs. Deepika Sharma

MR No

: MR008420

Age/Gender

: 31 Y/F

Visit ID

: OP017705

Prescribed Doctor: Self

Report Date

: 15-06-2019 16:29

X-Ray

X-RAY CHEST PA VIEW

Bilateral lungs fields are appears to be grossly normal.

Trachea is central.

Both costo phrenic angles and domes of diaphragm are normal.

Cardiac shadows can not be commented upon due to expiratory radiograph.

Soft tissue and bony thoracic cage are normal.

PLEASE CORRELATE CLINICALLY.

DR.PAWAN JOON MD (Radio-diagnosis)



विवेकानन्द आरोग्य केन्द्र

466 P, सेक्टर 12 A, नजदीक माधव भवन, गुरुग्राम (भारत विकास परिषद् महाराणा प्रताप न्यास, गुरुग्राम द्वारा संचालित)



Ref. No.:	Date:

TRANSTHORACIC ECHO-DOPPLER REPORT

Name

MRS.DEEPIKA SHARMA

Regn No.

- 008420

Diagnosis

- ECHOCARDIOGRAPHY

Age/Sex - 31 YEARS/ FEMALE

Date - 15/06/2019

OPD NO - 017705

M-Mode/2 -D Description:

Left Ventricle: No LVRWMA seen, normal LVEF=55%

<u>Left Atrium</u>: It is normal sized.

<u>Right Atrium</u>: It is normal sized.

Right Ventricle: It is normal sized. RV systolic function normal.

Aortic Valve: Aortic cusps normal.

Mitral Valve: It opens normally.

Tricuspid Valve: It appears normal.

Pulmonic Valve: its appears normal.

Main Pulmonary artery& its branches: Appear Normal.

Pericardium: There is no pericardial effusion.

Inter atrial septum: It is intact

Inter ventricular Septum: It is intact.

IVC: Normal size & respiratory variability.

Measurement (mm)

	LEFT HEART		6)	RIGHT HEART	
	Observed values (mm)	<u>Normal</u> <u>values</u>		Observed values (mm)	Normal values
Aortic root	26	20-36 (22mm/m2)	IVC size	13	17-24 mm
Aortic valve opening	14	15- 26(mm/m2)	IVC respiratory variability	normal	>50%
La size	23	19-	RA size	normal	<18cm2

Line of the		40(mm/m2)			(dame)	
LA volume index (ml/m2)		<34ml/m2				
LVID(D)	36	(ED=37-56)	RV basal	-	24-42mm	
LVID(S)	- 26 _		RV mid cavity		20-35mm	
IVS(D)	7	(ED=6-12)	RV longitudinal	-	56-86mm	
IVS(S)	11		RVOT PROXIMAL	-	18-33mm	1
PW(D)	7	ED=(5-10)	RVTDI	15	>12cm/sec	
PW(S)	10		RV free wall thickness	-	<5mm	
LVEF (%)	~ 55%	55%	RVEF	normal	>44%	-

Doppler velocities (cm/sec)

Aortic valve		Pulmonary		
A Section			valve	
Max/Mean	velocity cm/sec	110	Max velocity	normal
Max /Mear	n PG	mmHg	Max PG	-
	Mitral valve		Tricuspid valve	
E cm/sec	73	Max PG =	Max Velocity cm/sec	114
A cm/sec	60	Max Velocity =	E/A (0.8 -2.1)	
DT	-	Max PG =	E/E(>6)	
E'		Mean Velocity =	S, Velocity(10 cm2/sec)	

Regurgitation

MR	TR	BUSINESS CO.
Severity NIL	Severity	NIL
VC(mm)	VC (mm)	
ERO (mm)		
RV (ml)	,	

Max velocity		RVSP	~ 10mmHg
AR		PR	Tomming
Severity	nil		
PHT (m sec)	Severity	nil	
VC (mm)			

Final Interpretation

Study done at HR of 80-beats per minute.

- 1. No LVRWMA seen, normal LVEF=55% seen.
- 2. Rest CCD normal.
- 3. Nil MR, Nil TR (RVSP~10 mmHg), RV function normal present.
- 4. MIP- Normal.
- 5. Aortic cusps normal, nil AR seen. Peak Aortic Velocity around 110 cm/sec.
- 6. IVC normal size and respiratory variability >50% Present.
- 7. No I/C Clot / no Vegetation / no PE seen.

DR. ARUN KUMAR GARG

(MBBS PGDCC FNIC FICC)

(CLINICAL CARDIOLOGIST)