



CERTIFICATE OF MEDICAL FITNESS

/she	IS
Med	lically Fit
Fit	with restrictions/recommendations
	ugh following restrictions have been revealed, in my opinion, these are impediments to the job.
1	Dyslipsidence Mild increase in Transaminases
2	Mild increase in Transaminases
3	
	wever the employee should follow the advice/medication that has been municated to him/her.
Rev	iew after

This certificate is not meant for medico-legal purpos consulting Physician Regd. No. 7513 (HMC)

Medical Officer

The Apollo Clinics (Location) UPTA



विवेकानन्द आरोग्य केन्द्र



466 P, सेक्टर 12 A, नजदीक माधव भवन, गुरुग्राम (भारत विकास परिषद् महाराणा प्रताप न्यास, गुरुग्राम द्वारा संचालित)

उपलब्ध ओ.पी.डी. सुविधाएँ

- श्रि हृदय रोग चिकित्सा (Cardiology)
- 🔊 बाल एवं भ्रूण रोग चिकित्सा (Paediatrics & Fetal Medicine)
- ा बाल रोग चिकित्सा (Paediatrics)
- ध्ङ स्त्री रोग चिकित्सा (Gynaecology)
- 🖙 हड्डी रोग चिकित्सा (Orthopaedics)
- 🖙 दन्त चिकित्सा (Dental Care)
- 🖙 सामान्य चिकित्सा (General Physician)
- ा फिजियोथैरेपी (Physiotherapy)
- 🖙 चर्म रोग चिकित्सा (Dermatology)
- ण्ड मूत्र रोग चिकित्सा (Urology)
- ण्ड गुर्दा रोग चिकित्सा (Nephrology)

उपलब्ध जाँच

- 🖙 डायलिसिस (Dialysis)
- 🖙 अल्ट्रासाउण्ड (Ultrasound)
- 🖙 ईको (Echo)
- 🖙 स्ट्रेस ईको (Stress Echo)
- ष्ड टी.एम.टी. (T.M.T.)
- 🖙 पी.एफ.टी. (Lung Function Test)
- ष्ॐ ई.सी.जी. (E.C.G.)
- ा ई.ई.जी. (E.E.G.)
- ाङ एक्स−रे (X-Ray)
- 🖙 मैमोग्राफी (Mammography)
- 🖙 ओ.पी.जी. (Dental X-Ray)

Not for Medico Legal Purpose

🖙 हॉल्टर टेस्ट (Holter Test)

Ref. No.: Date:

Name of patient: Mr. Nikhil Cha	udhary A	ge: 29	M/F: M		
Consultant:	S	Speciality: Package			
MR No: MR008454 Visit	No: OP017777	Date: 15-	-06-2019		

MP 5/114

Wt 2 82,9 14

12 × 100/mt

Bf. 140/96 mit

Chest 2

Clear

CNS / N

खून एवं मल-मूत्र की जाँव NABL द्वारा मान्यता प्राप्त MolQ लैब द्वारा की जाती है।



विवेकानन्द आरोग्य केन्द्र





Radiology Report

Name

Age/Gender

: Mr. Nikhil Chaudhary

: 29 Y/M

Prescribed Doctor: Self

MR No

: MR008454

Visit ID

: OP017777

Report Date

: 15-06-2019 15:37

Ultrasound

USG EXAMINATION: WHOLE ABDOMEN

Liver shows normal shape and size with homogenous echo texture. Intrahepatic biliary radicals are not dilated. No focal lesion is seen. **Portal Vein** shows normal calibre.

Gall bladder is partially distended. No obvious calculus or mass is seen in the lumen.

CBD is normal in diameter. No calculus is seen

Pancreas is normal in size, shape and echo texture.

Spleen is normal in shape, size and echo texture.

Right kidney show normal shape & size. Cortico-medullary differentiation is maintained. Right kidney show no calculus or hydronephrosis. Right kidney measures 112 x 45mm.

Left kidney show normal shape & size. Cortico-medullary differentiation is maintained. Left kidney show no calculus or hydronephrosis. Left kidney measures 107 x 44mm.

No free fluid is seen in the intra-peritoneal cavity. No evidence of mesenteric lymphadenopathy is seen.

Urinary bladder is normal in shape, size and wall thickness. No mass or calculus is seen.

Prostate is normal in shape, size & echo texture. Volume of prostate is 10cc.

IMP: Normal study.

PLEASE CORRELATE CLINICALLY.

Dr. Pawan Joon MD (Radio- diagnosis)

(Tualo diagnosis)



विवेकानन्द आरोग्य केन्द्र





Radiology Report

Name

: Mr. Nikhil Chaudhary

Age/Gender

: 29 Y/M

Prescribed Doctor: Self

MR No

: MR008454

Visit ID

: OP017777

Report Date

: 17-06-2019 12:11

X-Ray

X-RAY CHEST PA VIEW

Rotated & mid expiratory radiograph.

Bilateral lungs fields are appears to be grossly normal.

Trachea is central.

Both costo phrenic angles and domes of diaphragm are normal.

Cardiac shadows can not be commented upon due to expiratory radiograph.

Soft tissue and bony thoracic cage are normal.

PLEASE CORRELATE CLINICALLY.

DR.PAWAN JOON
MD (Radio-diagnosis)

VIVEKANAND AROGYA KENDRA

Patient Details

Date: 15-Jun-19

Time: 4:31:28 PM

Name: NIKHIL CHAUDHARY ID: MR008454 Age: 29 y

Sex: M

Height: 244 cms

Weight: 82 Kgs

Clinical History:

nothing significant

Medications: nil

Test Details

Protocol: Bruce

191 bpm Pr.MHR:

THR: 162 (85 % of Pr.MHR) bpm

Total Exec. Time: 9 m 5 s Max. HR: 170 (89% of Pr.MHR)bpm

Max. Mets: 13.50

Max. BP: 120 / 80 mmHg

20400 mmHg/min Max. BP x HR:

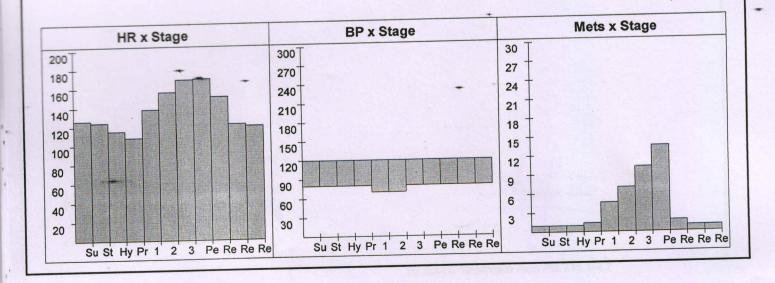
8050 mmHg/min Min. BP x HR:

Test Termination Criteria:

THR achieved

Protocol Details

Stage Name	Stage Time (min : sec)	Mets	Speed (mph)	Grade (%)	Heart Rate (bpm)	Max. BP (mm/Hg)	Max. ST Level (mm)	Max. ST Slope (mV/s)
	0:22	1.0	0	0	126	120 / 80	-1.06 aVR	2.12 V2
Supine		1.0	0	0	124	120 / 80	-1.06 aVR	2.12 V2
Standing	0:11			0	115	120 / 80	-1.06 aVR	2.83 V2
Hyperventilation	0:12	1.0	0	10	138	120 / 70	-1.27 aVR	3.54 V2
1	3:0	4.6	1.7		156	120 / 70	-1.49 aVR	4.25 V2
2	3:-0 -	7.0	2.5	12		120 / 80	-1.70 III	5.31 V2
3	3:0	10.2	3.4	14	169			
Peak Ex	0:5	13.5	4.2	16	170	120 / 80	-1.70 aVR	5.66 V2
	1:0	1.8	1	0	151	120 / 80	-2.76 aVR	5.66 1
Recovery(1)		-	0	0	122	120 / 80	-2.55 aVR	5.66 V2
Recovery(2)	1:0	1.0	-	-	120	120 / 80	-1.27 aVR	4.95 V2
Recovery(3)	0:37	1.0	0	0	120	120700		



VIVEKANAND AROGYA KENDRA

ent Details

Date: 15-Jun-19

4:31:28 PM Time:

ame: NIKHIL CHAUDHARY ID: MR008454

Age: 29 y

Sex: M

Height: 244 cms

Weight: 82 Kgs

Interpretation

No significant ST-T changes seen during stress testing. TMT is negative for stress induced myocardial ischemia seen. Please corelate clinically.

Ref. Doctor: -----

(Summary Report edited by user)

Dr. ARUN KUMAR GARG MBBS, PGDCC, FNIC, FCC Consultant Cardiology Vivekanand Arogya Kendra Apoctor: ---- Reg. No. HMC-8027