

Sharad
Verma



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CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of Sharad Verma on _____

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> • Medically Fit 	<input type="checkbox"/>
<ul style="list-style-type: none"> • Fit with restrictions/recommendations <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1. <u>Fatty liver Sr 2</u></p> <p>2. <u>Simple Renal Cyst</u></p> <p>3. <u>Mild Prostatomegaly</u></p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after <u>6 m</u></p>	<input type="checkbox"/>
<ul style="list-style-type: none"> • Currently Unfit. <p>Review after _____ recommended</p>	<input type="checkbox"/>
<ul style="list-style-type: none"> • Unfit 	<input type="checkbox"/>

Dr. _____

Medical Officer

The Apollo Clinic, (Location)

DR. ASHOK K. GUPTA
MBBS, MD

Consulting Physician

Regd. No. 7513 (HMC)

This certificate is not meant for medico-legal purposes

Radiology Report

Name : Mr. Sharad Verma
Age/Gender : 49 Y/M
Prescribed Doctor : Self

MR No : MR008427
Visit ID : OP017720
Report Date : 15-06-2019 11:34

Ultrasound

USG EXAMINATION : WHOLE ABDOMEN

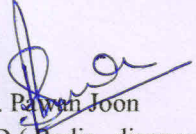
Liver shows normal shape and size **with mildly increased echogenicity, suggestive of fatty change.** Intrahepatic biliary radicals are not dilated. No focal lesion is seen. **Portal Vein** shows normal calibre. **Gall bladder** shows physiological distension and normal wall thickness. No calculus or mass is seen in the lumen. **CBD** is normal in diameter. No calculus is seen. **Pancreas** is normal in size, shape and echo texture. **Spleen** is normal in shape, size and echo texture. **Right kidney** show normal shape & size. Cortico-medullary differentiation is maintained. **Anechoic cyst measuring approx. 16.8mm is seen in the mid pole of right kidney.** Right kidney show no calculus or hydronephrosis. Right kidney measures mm. **Left kidney** show normal shape & size. Cortico-medullary differentiation is maintained. Left kidney show no calculus or hydronephrosis. Left kidney measures mm. No free fluid is seen in the intra-peritoneal cavity. No evidence of mesenteric lymphadenopathy is seen. **Urinary bladder** is over distended and is normal in shape, size and wall thickness. No mass or calculus is seen. Pre-void Urinary bladder volume is 503cc. Post-void Urinary bladder volume is 56cc. **Prostate is mildly enlarged in size & show normal echo texture.** Volume of prostate is 23-24cc.

Imp:- Fatty liver grade-I.

: Right renal simple cortical cyst.

: Borderline prostatomegaly.

PLEASE CORRELATE CLINICALLY.


Dr. Pawan Joon
MD (Radio- diagnosis)



विवेकानन्द आरोग्य केन्द्र

डायग्नोस्टिक एवं ओ.पी.डी.
भारत विकास परिषद्, महासणा प्रताप न्यास द्वारा संचालित



Radiology Report

Name : Mr. Sharad Verma
Age/Gender : 49 Y/M
Prescribed Doctor : Self

MR No : MR008427
Visit ID : OP017720
Report Date : 15-06-2019 16:42

X-Ray

X-RAY CHEST PA VIEW

Bilateral lungs fields are appears to be grossly normal.

Trachea is central.

Both costo phrenic angles and domes of diaphragm are normal.

Cardiac shadows can not be commented upon due to expiratory radiograph.

Soft tissue and bony thoracic cage are normal.

PLEASE CORRELATE CLINICALLY.

DR.PAWAN JOON
MD (Radio-diagnosis)

VIVEKANAND AROGYA KENDRA

Patient Details Date: 15-Jun-19 Time: 1:46:01 PM
 Name: SHARAD VERMA ID: MR008427
 Age: 49 y Sex: M Height: 170 cms Weight: 80 Kgs
 Clinical History: NOTHING SIGNIFICANT

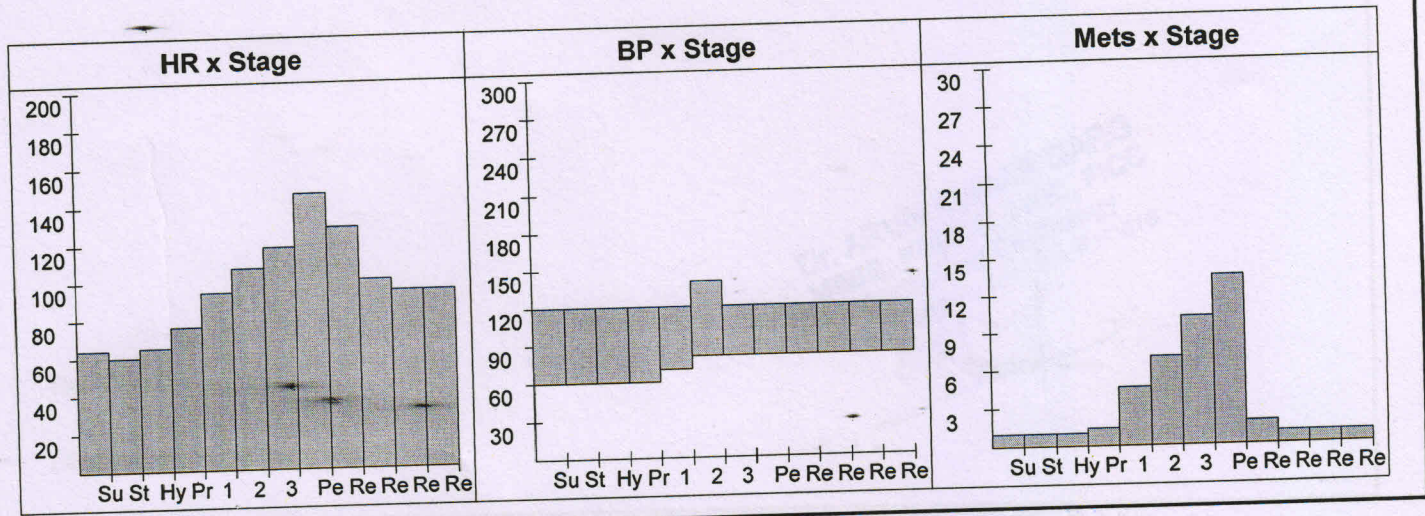
Medications: tab telma 40mg

Test Details

Protocol: Bruce **Pr.MHR:** 171 bpm **THR:** 145 (85 % of Pr.MHR) bpm
Total Exec. Time: 10 m 44 s **Max. HR:** 146 (85% of Pr.MHR) bpm **Max. Mets:** 13.50
Max. BP: 140 / 80 mmHg **Max. BP x HR:** 20440 mmHg/min **Min. BP x HR:** 3600 mmHg/min
Test Termination Criteria: THR achieved

Protocol Details

Stage Name	Stage Time (min : sec)	Mets	Speed (mph)	Grade (%)	Heart Rate (bpm)	Max. BP (mm/Hg)	Max. ST Level (mm)	Max. ST Slope (mV/s)
Supine	0 : 20	1.0	0	0	64	120 / 60	-0.64 aVR	0.71 II
Standing	0 : 16	1.0	0	0	60	120 / 60	-0.42 aVR	0.71 II
Hyperventilation	0 : 12	1.0	0	0	65	120 / 60	-0.42 aVR	0.71 II
1	3 : 0	4.6	1.7	10	94	120 / 70	-0.85 V1	-1.06 V1
2	3 : 0	7.0	2.5	12	107	140 / 80	-0.42 aVR	1.42 V4
3	3 : 0	10.2	3.4	14	118	120 / 80	-1.27 II	2.48 V5
Peak Ex	1 : 44	13.5	4.2	16	146	120 / 80	-1.06 II	3.54 V5
Recovery(1)	1 : 0	1.8	1	0	128	120 / 80	-1.27 II	3.18 V4
Recovery(2)	1 : 0	1.0	0	0	100	120 / 80	-0.42 I	2.83 V3
Recovery(3)	1 : 0	1.0	0	0	94	120 / 80	-0.42 II	2.83 V3
Recovery(4)	0 : 21	1.0	0	0	94	120 / 80	-0.42 V6	2.12 V3



VIVEKANAND AROGYA KENDRA

Patient Details

Name: SHARAD VERMA ID: MR008427
Age: 49 y Sex: M

Date: 15-Jun-19

Time: 1:46:01 PM

Height: 170 cms

Weight: 80 Kgs

Interpretation

No significant ST-T changes seen during TMT.
TMT is negative for stress-induced myocardial ischemia seen.
Please correlate clinically.

Dr. ARUN KUMAR GARG
MBBS, PGDCC, FNIC, FICC
Consultant Cardiology
Vivekanand Arogya Kendra

Ref. Doctor: -----

Doctor: -----

Ref. Doctor: -----

(Summary Report edited by user)