

Palak
Mehrotra



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In case of emergency:

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AT

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CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of Palak Mehrotra on _____

After reviewing the medical history and on clinical examination it has been found that he/she is

<ul style="list-style-type: none"> • Medically Fit 	Tick <input checked="" type="checkbox"/>
<ul style="list-style-type: none"> • Fit with restrictions/recommendations <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1.....</p> <p>2.....</p> <p>3.....</p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	<input type="checkbox"/>
<ul style="list-style-type: none"> • Currently Unfit. <p>Review after _____ recommended</p>	<input type="checkbox"/>
<ul style="list-style-type: none"> • Unfit 	<input type="checkbox"/>

Dr. Ashok
 Medical Officer
 The Apollo Clinic, (Location)

DR. ASHOK K. GUPTA
 MBBS, MD
 Consulting Physician
 Regd. No. 7513 (HMC)

This certificate is not meant for medico-legal purposes

उपलब्ध ओ.पी.डी. सुविधाएँ

- हृदय रोग चिकित्सा
(Cardiology)
- बाल एवं भ्रूण रोग चिकित्सा
(Paediatrics & Fetal Medicine)
- बाल रोग चिकित्सा
(Paediatrics)
- स्त्री रोग चिकित्सा
(Gynaecology)
- हड्डी रोग चिकित्सा
(Orthopaedics)
- दन्त चिकित्सा
(Dental Care)
- सामान्य चिकित्सा
(General Physician)
- फिजियोथेरेपी
(Physiotherapy)
- चर्म रोग चिकित्सा
(Dermatology)
- मूत्र रोग चिकित्सा
(Urology)
- गुर्दा रोग चिकित्सा
(Nephrology)

उपलब्ध जाँच

- डायलिसिस (Dialysis)
- अल्ट्रासाउण्ड (Ultrasound)
- ईको (Echo)
- स्ट्रेस ईको (Stress Echo)
- टी.एम.टी. (T.M.T.)
- पी.एफ.टी. (Lung Function Test)
- ई.सी.जी. (E.C.G.)
- ई.ई.जी. (E.E.G.)
- एक्स-रे (X-Ray)
- मैमोग्राफी (Mammography)
- ओ.पी.जी. (Dental X-Ray)
- हॉल्टर टेस्ट (Holter Test)

Ref. No.:.....

Date:.....

Name of patient: Ms. Palak Mehrotra	Age: 28	M/F: F
Consultant:	Speciality: Package	
MR No : MR007885	Visit No: OP016488	Date: 03-06-2019

HT - 5'11"
WT - 64 kg
BP - 80/100 mm Hg
Pulse - 110/70 mm Hg
Chest - Clear
Cvs -
Abd / -

Not for Medico Legal Purpose

खून एवं मल-मूत्र की जाँच NABL द्वारा मान्यता प्राप्त MoIQ लैब द्वारा की जाती है।

सम्पर्क सूत्र: 0124-2224102 / 103 / 104 | Mob.: 8683061905, 8683061906

ओ.पी.डी. पर्ची का शुल्क केवल तीन दिन के लिए मान्य रहेगा।

Radiology Report

Name : Ms. Palak Mehrotra
Age/Gender : 28 Y/F
Prescribed Doctor : Self

MR No : MR007885
Visit ID : OP016488
Report Date : 03-06-2019 11:46

Ultrasound

USG EXAMINATION : WHOLE ABDOMEN

Liver shows normal shape and size with homogenous echo texture. Intrahepatic biliary radicals are not dilated. No focal lesion is seen. **Portal Vein** shows normal calibre.

Gall bladder shows physiological distension and normal wall thickness. No calculus or mass is seen in the lumen.

CBD is normal in diameter. No calculus is seen

Pancreas is normal in size, shape and echo texture.

Spleen is normal in shape, size and echo texture.

Right kidney show normal shape & size. Cortico-medullary differentiation is maintained. Right kidney show no calculus or hydronephrosis.

Left kidney show normal shape & size. Cortico-medullary differentiation is maintained. Left kidney show no calculus or hydronephrosis.

No free fluid is seen in the intra-peritoneal cavity. No evidence of mesenteric lymphadenopathy is seen.

Urinary bladder is normal shape and size with normal wall thickness. No mass or calculus is seen.

Uterus shows normal shape, size and echo texture. No focal lesion is seen. Uterus measures 70 x 36 x 22mm. Endometrial thickness is 6.8mm.

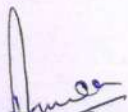
Both Ovaries are normal in size, shape and echotexture.

Bilateral adnexae are clear.

Cul-de-sac is clear.

Impression:- Normal Study.

PLEASE CORRELATE CLINICALLY


Dr. Pawan Joon
MD (Radio-diagnosis)

Radiology Report

Name : Ms. Palak Mehrotra
Age/Gender : 28 Y/F
Prescribed Doctor : Self

MR No : MR007885
Visit ID : OP016488
Report Date : 03-06-2019 15:26

X-Ray

X-RAY CHEST PA VIEW

Bilateral lung fields appears to be clear. No obvious pulmonary parenchymal lesion is seen.


Trachea is central.

Cardiac configuration appears to be normal with normal cardio-thoracic ratio.

Both costo phrenic angles and domes of diaphragm are normal.

Visualized soft tissue and bony thoracic cage appears to be normal.

PLEASE CORRELATE CLINICALLY.



DR. PAWAN JOON
MD (Radio-diagnosis)



विवेकानन्द आरोग्य केन्द्र

466 P, सेक्टर 12 A, नजदीक माधव भवन, गुरुग्राम

(भारत विकास परिषद् महाराणा प्रताप न्यास, गुरुग्राम द्वारा संचालित)



Ref. No.:

ECHO REPORT

Date:

Name : Ms Palak Mehrotra	Age : 28 yr
Date : 03/06/2019	Gender : Female
Clinical Diagnosis : Company Health Check up	Done By: Dr Dixit Garg

M - Mode/ 2-D Description:

Measurements (mm):

	Observed Values		Normal values	
Aortic root diameter	29 mm		20-36 (22mm/M ²)	
Left atrium size	31 mm		19-40 mm	
	End Diastole	Normal values	Endsystole	Normal values
Left Ventricle Size	42 mm	37 -56 mm	27 mm	2.2-4.0 mm
Interventricular Septum	08 mm	6 -12 mm	11 mm	
Posterior wall thickness	08 mm	5 -10 mm	11 mm	
LV ejection fraction (%)	56%		53% - 59%	

DOPPLER VELOCITIES (cm/sec)

<u>Pulmonary valve</u>		<u>Aortic valve</u>	
Max velocity	92 cm/sec	Max velocity	100 cm/sec
Regurgitation	Trace	Regurgitation	None
<u>Mitral valve</u>		<u>Tricuspid valve</u>	
E	51 cm/sec	Max velocity	--m/sec
A	61 cm/sec	Max PG	--mmHg
E'	09 cm/sec	TAPSE (>1.5)	1.8
Regurgitation	Trace	Regurgitation	Trace

सम्पर्क सूत्र: 0124-2224102 / 103 / 104 | Mob.: 8683061905, 8683061906

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Final interpretation:

(HR - 70/min, Rhythm - NSR)

1. No LV RWMA, LVEF 56%.
2. Normal RV systolic function.
3. All Cardiac chamber dimensions normal.
4. Mitral inflow pattern - DRA, normal LVEDP.
5. Morphologically normal mitral valve, Trace MR No MS.
6. Morphologically normal aortic valve, No AR, No AS.
7. Morphologically normal Tricuspid valve, Trace TR, Normal PASP.
8. No intra-cardiac clot/ Vegetation / Pericardial effusion seen.
9. IVC normal in size, CVP normal.

D. Dixit

**Dr Dixit Garg
DNB Cardiology**