

Namandeep  
Kaur



BA Continuum India Pvt. Ltd.  
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## CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of Namandeep Kaur on \_\_\_\_\_

After reviewing the medical history and on clinical examination it has been found that he/she is

Tick

• Medically Fit

• Fit with restrictions/recommendations

Though following restrictions have been revealed, in my opinion, these are not impediments to the job.

1. PCOD

2. Severe Anaemic (Microcytic Hypochromic)

3. \_\_\_\_\_

However the employee should follow the advice/medication that has been communicated to him/her.

Review after 3 m

• Currently Unfit.

Review after \_\_\_\_\_ recommended

• Unfit

Dr. Ashok  
Medical Officer

The Apollo Clinic, (Location)

**Dr. ASHOK K. GUPTA**  
**MBBS, MD**

**Consulting Physician**  
**Regd. No. 7513 (HMC)**

*This certificate is not meant for medico-legal purposes*

## उपलब्ध ओ.पी.डी. सुविधाएँ

- हृदय रोग चिकित्सा  
(Cardiology)
- बाल एवं भ्रूण रोग चिकित्सा  
(Paediatrics & Fetal Medicine)
- बाल रोग चिकित्सा  
(Paediatrics)
- स्त्री रोग चिकित्सा  
(Gynaecology)
- हड्डी रोग चिकित्सा  
(Orthopaedics)
- दन्त चिकित्सा  
(Dental Care)
- सामान्य चिकित्सा  
(General Physician)
- फिजियोथैरेपी  
(Physiotherapy)
- चर्म रोग चिकित्सा  
(Dermatology)
- मूत्र रोग चिकित्सा  
(Urology)
- गुर्दा रोग चिकित्सा  
(Nephrology)

## उपलब्ध जाँच

- डायलिसिस (Dialysis)
- अल्ट्रासाउण्ड (Ultrasound)
- ईको (Echo)
- स्ट्रेस ईको (Stress Echo)
- टी.एम.टी. (T.M.T.)
- पी.एफ.टी. (Lung Function Test)
- ई.सी.जी. (E.C.G.)
- ई.ई.जी. (E.E.G.)
- एक्स-रे (X-Ray)
- मैमोग्राफी (Mammography)
- ओ.पी.जी. (Dental X-Ray)
- हॉल्टर टेस्ट (Holter Test)

Not for Medico Legal Purpose

Ref. No.:.....

Date:.....

<b>Name of patient:</b> Ms. Namandeep Kaur	<b>Age:</b> 25	<b>M/F:</b> F
<b>Consultant:</b>	<b>Speciality:</b> Package	
<b>MR No :</b> MR007857	<b>Visit No:</b> OP016454	<b>Date:</b> 01-06-2019

G.e. - Satisfactory  
Pulse - 72/min  
Pao - 110/80 mmHg  
Temp - Normal  
Cvs - M.A.D  
Cms - M.A.D  
G.I. - M.A.D  
Respiration - M.A.D

1  
p.mehr  
11/06/19

Height - 152 cm  
Weight - 56.7 kg  
Bp - 110/80 mmHg

खून एवं मल-मूत्र की जाँच NABL द्वारा मान्यता प्राप्त MoIQ लैब द्वारा की जाती है।

सम्पर्क सूत्र: 0124-2224102 / 103 / 104 | Mob.: 8683061905, 8683061906

ओ.पी.डी. पर्ची का शुल्क केवल तीन दिन के लिए मान्य रहेगा।

## Radiology Report

Name : Ms. Namandeep Kaur  
Age/Gender : 25 Y/F  
Prescribed Doctor : Self

MR No : MR007857  
Visit ID : OP016454  
Report Date : 01-06-2019 19:02

## Ultrasound

### USG EXAMINATION : WHOLE ABDOMEN

**Liver** shows normal shape and size with homogenous echo texture. Intrahepatic biliary radicals are not dilated. No focal lesion is seen.

**GB** is normal in shape, size and wall thickness. No calculus or mass is seen in the lumen.

**CBD** is normal in diameter. No calculus is seen.

**PV, Aorta & IVC** show normal calibre. No evidence of obvious para-aortic lymphadenopathy is seen.

**Pancreas** is normal in size, shape and echo texture.

**Spleen** is normal in shape, size and echo texture.

**Right kidney** show normal shape and size. Cortical echogenicity is normal. Cortico-medullary differentiation is maintained. Right kidney show no calculus or hydronephrosis.

**Left kidney** show normal shape and size. Cortical echogenicity is normal. Cortico-medullary differentiation is maintained. Left kidney show no calculus or hydronephrosis

No free fluid is seen in the intra-peritoneal cavity.

**Urinary bladder** is normal shape and size with normal wall thickness. No mass or calculus is seen.

**Uterus** shows normal shape, size and echo texture. No focal lesion is seen. Uterus measures 61.4 x 36 mm.

**Endometrial thickness is increased 18.1 mm..**

**Adnexae and Ovaries** show no mass. **Small follicles are seen arranged peripherally in both ovaries.**

**Stromal echogenicity is increased.**

**Right ovary measures 34.7 x 13.4 mm.**

**Left ovary measures 34.5 x 19.1 mm.**

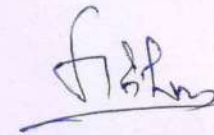
**Cul-de-sac** shows no free intra-peritoneal fluid.

**IMP: ? Poly-cystic ovarian disease .**

**Endometrial hyperplasia**

**Suggested hormonal assay .**

PLEASE CORRELATE CLINICALLY.



Dr. Shyam Bihari Gandhi  
MD ( Radio- diagnosis)



# विवेकानन्द आरोग्य केन्द्र

डायलिसिस, डायग्नोस्टिक एवं ओ.पी.डी.  
भारत विकास परिषद्, महाराणा प्रताप न्यास द्वारा संचालित



## Radiology Report

Name : Ms. Namandeep Kaur  
Age/Gender : 25 Y/F  
Prescribed Doctor : Self

MR No : MR007857  
Visit ID : OP016454  
Report Date : 03-06-2019 14:08

## X-Ray

### X-RAY CHEST PA VIEW

Soft tissue and bony thoracic cage are normal.

Trachea is central.

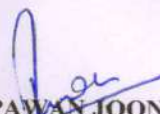
**Cardiac shadow appears to be mildly enlarged likely suggestive of mild cardiomegaly.**

Pulmonary vasculature is within normal limits.

Both costo phrenic angles and domes of diaphragm are normal.

No pulmonary parenchymal lesion is seen.

Adv:- Clinical correlation & further evaluation.

  
DR. PAWAN JOON  
MD (Radio-diagnosis)



# विवेकानन्द आरोग्य केन्द्र

466 P, सेक्टर 12 A, नजदीक माधव भवन, गुरुग्राम  
(भारत विकास परिषद् महाराणा प्रताप न्यास, गुरुग्राम द्वारा संचालित)



Ref. No.:.....

## ECHO REPORT

Date:.....

Name : Ms NamanDeep Kaur	Age : 25 yr
Date : 01/06/2019	Gender : Female
Clinical Diagnosis : Company Health Check up	Done By: Dr Dixit Garg

### M - Mode/ 2-D Description:

#### Measurements (mm):

	Observed Values		Normal values	
Aortic root diameter	29 mm		20-36 (22mm/M <sup>2</sup> )	
Left atrium size	30 mm		19-40 mm	
	End Diastole	Normal values	Endsystole	Normal values
Left Ventricle Size	42 mm	37 -56 mm	27 mm	2.2-4.0 mm
Interventricular Septum	08 mm	6 -12 mm	11 mm	
Posterior wall thickness	08 mm	5 -10 mm	11 mm	
LV ejection fraction (%)	56%		53% - 59%	

### DOPPLER VELOCITIES (cm/sec)

<u>Pulmonary valve</u>		<u>Aortic valve</u>	
Max velocity	92 cm/sec	Max velocity	116 cm/sec
Regurgitation	Trace	Regurgitation	None
<u>Mitral valve</u>		<u>Tricuspid valve</u>	
E	92 cm/sec	Max velocity	--m/sec
A	77 cm/sec	Max PG	--mmHg
E'	14 cm/sec	TAPSE (>1.5)	1.8
Regurgitation	Trace	Regurgitation	Trace

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Ref. No.:.....

Date:.....

**Final interpretation :**

(HR - 68/min, Rhythm - NSR)

1. No LV RWMA, LVEF 56%.
2. Normal RV systolic function.
3. All Cardiac chamber dimensions normal.
4. Mitral inflow pattern - normal, normal LVEDP.
5. Morphologically normal mitral valve, Trace MR No MS.
6. Morphologically normal aortic valve, No AR, No AS.
7. Morphologically normal Tricuspid valve, Trace TR, Normal PASP.
8. No intra-cardiac clot/ Vegetation / Pericardial effusion seen.
9. IVC normal in size, CVP normal.

**Dr Dixit Garg**  
**DNB Cardiology**