## Sheetal Saxena



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+44.20.7995.5555

+44.20.7995.5555

~ BA Continuum India Pvt. Ltd.

# CERTIFICATE OF MEDICAL FITNESS

is		ation it has been found that
Medically Fit		
Fit with restrictions/rec	ommendations	
Though following restrimpediments to the job.	ictions have been revealed, i	n my opinion, these are not
1 My Mild	dyslipidenis	
2 459 - 90	all Bladder Sludge	
3		
However the employee communicated to him/h	should follow the advice/m ner.	edication that has been
Review after	6 m·	
Currently Unfit. Review after		recommended
Unfit		

This certificate is not meant for medico-legal purposes Consulting Physician Regd. No. 7513 (HMC)





466 P, सेक्टर 12 A, नजदीक माधव भवन, गुरुग्राम (भारत विकास परिषद् महाराणा प्रताप न्यास, गुरुग्राम द्वारा संचालित)

#### उपलब्ध ओ.पी.डी. सुविधाएँ

- श्रि हृदय रोग चिकित्सा (Cardiology)
- ा बाल एवं भ्रूण रोग चिकित्सा (Paediatrics & Fetal Medicine)
- ा बाल रोग चिकित्सा (Paediatrics)
- श्रि स्त्री रोग चिकित्सा (Gynaecology)
- ा हड्डी रोग चिकित्सा (Orthopaedics)
- 🖙 दन्त चिकित्सा (Dental Care)
- 🖙 सामान्य चिकित्सा (General Physician)
- ि फिजियोथैरेपी (Physiotherapy)
- 🖙 चर्म रोग चिकित्सा (Dermatology)
- 🖙 मूत्र रोग चिकित्सा (Urology)
- ा गुर्दा रोग चिकित्सा (Nephrology)

#### उपलब्ध जाँच

- 🖙 डायलिसिस (Dialysis)
- 🖙 अल्ट्रासाउण्ड (Ultrasound)
- 🖼 ईको (Echo)
- 🖙 स्ट्रेस ईको (Stress Echo)
- 🖙 टी.एम.टी. (T.M.T.)
- 🖙 पी.एफ.टी. (Lung Function Test)
- 🖙 ई.सी.जी. (E.C.G.)
- 🖙 ई.ई.जी. (E.E.G.)
- ाळ एक्स−रे (X-Ray)
- 🖙 मैमोग्राफी (Mammography)
- 🖙 ओ.पी.जी. (Dental X-Ray)
- 🖙 हॉल्टर टेस्ट (Holter Test)

Ref. No.:	Date:

Name of patient: Ms. S	HEETAL SAXI	Age: 24	M/F: F
Consultant:		Speciality:	Package
MR No: MR007822	Visit No: OP016	3371 <b>Date:</b> 01-	-06-2019

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Not for Medico Legal Purpose

खून एवं मल-मूत्र की जाँच NABL द्वारा मान्यता प्राप्त MoIQ लैब द्वारा की जाती है।





डायितिसिस, डायभ्गोरिटक एवं औ.पी.डी. भारत विकास परिषद, महाराणा प्रताप न्यास द्वारा संवातित

### Radiology Report

Name

Age/Gender

: Ms. SHEETAL SAXENA

: 24 Y/F

Prescribed Doctor: Self

MR No

: MR007822

Visit ID

: OP016371

Report Date

: 01-06-2019 12:21

#### Ultrasound

### USG EXAMINATION: WHOLE ABDOMEN

Liver shows normal shape and size with homogenous echo texture. Intrahepatic biliary radicals are not dilated. No focal lesion is seen. **Portal Vein** shows normal calibre.

Gall bladder shows physiological distension and normal wall thickness. An echogenic area measuring approx. 14 x 8mm is seen in the fundal region of Gall bladder casting mild posterior acoustic shadowing with out any obvious internal vascularity.

CBD is normal in diameter. No calculus is seen

Pancreas is normal in size, shape and echo texture.

Spleen is normal in shape, size and echo texture.

**Right kidney** show normal shape & size. Cortico-medullary differentiation is maintained. Right kidney show no calculus or hydronephrosis.

**Left kidney** show normal shape & size. Cortico-medullary differentiation is maintained. Left kidney show no calculus or hydronephrosis.

No free fluid is seen in the intra-peritoneal cavity. No evidence of mesenteric lymphadenopathy is seen.

Urinary bladder is normal shape and size with normal wall thickness. No mass or calculus is seen.

**Uterus** shows normal shape, size and echo texture. No focal lesion is seen. Uterus measures 78 x 44 x 29 mm. Endometrial thickness is 8 mm.

Both Ovaries are normal in size, shape and echotexture.

Right ovary measures 27 × 13mm.

Left ovary measures 28 × 17mm.

Bilateral adnexae are clear.

Cul-de-sac is clear.

Impression:- An echogenic area seen in the fundal region of Gall bladder casting mild posterior acoustic shadowing likely representing sludge boll formation (? Lithogenic).

PLEASE CORRELATE CLINICALLY

Dr. Pawan Joon MD (Radio- diagnosis)







भारत विकास परिषद्, महाराणा प्रताप न्यास द्वारा संवातित

#### Radiology Report

Name

: Ms. SHEETAL SAXENA

ALI

MR No

: MR007822

Age/Gender

: 24 Y/F

Visit ID

: OP016371

Prescribed Doctor : Self

Report Date

: 03-06-2019 13:40

X-Ray

#### X-RAY CHEST PA VIEW

Rotated radiograph.

Bilateral lung fields appears to be clear. No obvious pulmonary parenchymal lesion is seen.

Trachea is central.

Cardiac configuration appears to be normal with normal cardio-thoracic ratio.

Both costo phrenic angles and domes of diaphragm are normal.

Visualized soft tissue and bony thoracic cage appears to be normal.

PLEASE CORRELATE CLINICALLY.

DR. PAWAN JOON MD (Radio-diagnosis)



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Ref. No.:	Date:

# TRANSTHORACIC ECHO-DOPPLER REPORT

Name

- Ms. Sheetal Sexena

Regn No.

- 7822

Diagnosis

- ECHOCARDIOGRAPHY

Age/Sex - 24 YEARS FEMALE

OPD NO.- 16371

### M-Mode/2 -D Description:

Left Ventricle: No LVRWMA seen, normal LVEF=55%

<u>Left Atrium</u>: It is normal sized. <u>Right Atrium</u>: It is normal sized.

Right Ventricle: It is normal sized. RV systolic function normal.

Aortic Valve: Aortic cusps normal.

Mitral Valve: It opens normally.

Tricuspid Valve: It appears normal.

Pulmonic Valve: its appears normal.

Main Pulmonary artery& its branches: Appear Normal.

Pericardium: There is no pericardial effusion.

Inter atrial septum: It is intact

Inter ventricular Septum: It is intact.

IVC: Normal size & respiratory variability.

### Measurement (mm)

	LEFT HEART	eller 13	Land State of the Land State o	RIGHT HEART	
epoglicus.	Observed values (mm)	Normal values		Observed values (mm)	Normal values
Aortic root	24	20-36 (22mm/m2)	IVC size	10	17-24 mm
Aortic valve opening	13	15- 26(mm/m2)	IVC respiratory variability	normal	>50%
La size	24	19- 40(mm/m2)	RA size	normal	<18cm2

ਸ਼ਮਾਰ ਸ਼੍ਰੀ: 0124-2224102 / 103 / 104 | Mob.: 8683061905, 8683061906

LA volume index (ml/m2)		<34ml/m2			
LVID(D)	35	(ED=37-56)	RV basal		24-42mm
LVID(S)	26		RV mid cavity		20-35mm
IVS(D)	09	(ED=6-12)	RV longitudinal		56-86mm
IVS(S)	10	State Los	RVOTPROXIMAL	995	18-33mm
PW(D)	08	ED=(5-10)	RVTDI	16	>12cm/sec
PW(S)	10		RV free wall thickness	-	<5mm
LVEF (%)	55%	55%-80%	RVEF	-	>44%

## Doppler velocities (cm/sec)

5. Admits	Aortic valve	ellices Peaulone	Pulmonary valve +	
Max/Mean	velocity cm/sec	122	Max velocity	normal
Max /Mean	PG	mmHg	Max PG	- 0.000
	Mitral valve		Tricuspid valve	
E cm/sec	83	Max PG =	Max Velocity cm/sec	168
A cm/sec	52	Max Velocity =	E/A (0.8 -2.1)	-
DT		Max PG =	E/E(>6)	-
E' -	13	Mean Velocity =	S, Velocity(10 cm2/sec)	-

### Regurgitation

MI	?	TR	
Severity	Nil	Severity	Trace
VC( mm)		VC (mm)	
ERO (mm)			The Barrense
RV (ml)			
Max velocity		RVSP	~ 20mmHg

AR		PR	
Severity	nil	Severity	trivial
PHT (m sec)	The same of the same of		
VC (mm)		SERVICE THE PERSON OF THE PERSON	

### **Final Interpretation**

Study done at HR of 88 beats per minute.

- 1. No LVRWMA seen, normal LVEF=55% seen.
- 2. Rest CCD normal.
- 3. Nil MR, Trace TR (RVSP~20 mmHg), trivial PR seen, RV systolic function normal.
- 4. MIP- Normal.
- 5. Aortic cusps normal, nil AR seen. Peak Aortic Velocity around 122 cm/sec.
- 6. IVC normal and respiratory variability >50% Present.
- 7. No I/C Clot / no Vegetation / no PE seen.

DR. ARUN KUMAR GARG

(MBBS PGDCC FNIC FICC)

(CLINICAL CARDIOLOGIST