

Vikas  
Gupta



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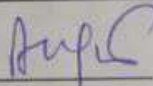
# CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of Vikas Gupta on \_\_\_\_\_

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"><li>• Medically Fit</li></ul>	<input type="checkbox"/>
<ul style="list-style-type: none"><li>• Fit with restrictions/recommendations</li></ul> <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <ol style="list-style-type: none"><li>1. <u>Fatty liver Gr I with Dyslipidaemia</u></li><li>2. <u>Hyperuricaemia</u></li><li>3. <u>Hypertension</u></li></ol> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after <u>2 wks</u></p>	<input type="checkbox"/>
<ul style="list-style-type: none"><li>• Currently Unfit. Review after _____ recommended</li></ul>	<input type="checkbox"/>
<ul style="list-style-type: none"><li>• Unfit</li></ul>	<input type="checkbox"/>

Dr.   
Medical Officer  
The Apollo Clinic (L.A. Clinic)

**D. SHANK K. GUPTA**  
MBBS, MD  
Consulting Physician  
Regd. No. 7513 (HMC)

*This certificate is not meant for medico-legal purposes*

## उपलब्ध ओ.पी.डी. सुविधाएँ

- हृदय रोग चिकित्सा  
(Cardiology)
- बाल एवं भ्रूण रोग चिकित्सा  
(Paediatrics & Fetal Medicine)
- बाल रोग चिकित्सा  
(Paediatrics)
- स्त्री रोग चिकित्सा  
(Gynaecology)
- हड्डी रोग चिकित्सा  
(Orthopaedics)
- दन्त चिकित्सा  
(Dental Care)
- सामान्य चिकित्सा  
(General Physician)
- फिजियोथैरेपी  
(Physiotherapy)
- चर्म रोग चिकित्सा  
(Dermatology)
- मूत्र रोग चिकित्सा  
(Urology)
- गुर्दा रोग चिकित्सा  
(Nephrology)

## उपलब्ध जाँच

- डायलिसिस (Dialysis)
- अल्ट्रासाउण्ड (Ultrasound)
- ईको (Echo)
- स्ट्रेस ईको (Stress Echo)
- टी.एम.टी. (T.M.T.)
- पी.एफ.टी. (Lung Function Test)
- ई.सी.जी. (E.C.G.)
- ई.ई.जी. (E.E.G.)
- एक्स-रे (X-Ray)
- मैमोग्राफी (Mammography)
- ओ.पी.जी. (Dental X-Ray)
- हॉल्टर टेस्ट (Holter Test)

Ref. No.: .....

Date: .....

<b>Name of patient:</b> Mr. VIKAS GUPTA	<b>Age:</b> 40	<b>M/F:</b> M
<b>Consultant:</b>	<b>Speciality:</b> Package	
<b>MR No :</b> MR007811	<b>Visit No:</b> OP016357	<b>Date:</b> 01-06-2019

No complaints

HTL 5'9"

WT 76.5 Kg

PR 72/min

BP 100/70 mmHg

Chest

CVS | normal

Abd

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खून एवं मल-मूत्र की जाँच NABL द्वारा मान्यता प्राप्त MoIQ लैब द्वारा की जाती है।

सम्पर्क सूत्र: 0124-2224102 / 103 / 104 | Mob.: 8683061905, 8683061906

ओ.पी.डी. पर्ची का शुल्क केवल तीन दिन के लिए मान्य रहेगा।

## Radiology Report

Name : Mr. VIKAS GUPTA  
Age/Gender : 40 Y/M  
Prescribed Doctor : Self

MR No : MR007811  
Visit ID : OP016357  
Report Date : 01-06-2019 11:15

## Ultrasound

### USG EXAMINATION : WHOLE ABDOMEN

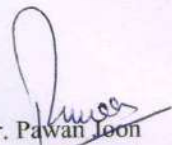
**Liver** shows normal shape and size **with mildly increased echogenicity, suggestive of fatty change.** Intrahepatic biliary radicals are not dilated. No focal lesion is seen. **Portal Vein** shows normal calibre. **Gall bladder** is contracted (*Patient is not in fasting*). No obvious calculus/mass is seen. **CBD** is normal in diameter. No calculus is seen. **Pancreas** is normal in size, shape and echo texture. **Spleen** is normal in shape, size and echo texture.

**Right kidney** show normal shape & size. Cortico-medullary differentiation is maintained. Right kidney show no calculus or hydronephrosis. **Left kidney** show normal shape & size. Cortico-medullary differentiation is maintained. Left kidney show no calculus or hydronephrosis. No free fluid is seen in the intra-peritoneal cavity. No evidence of mesenteric lymphadenopathy is seen.

**Urinary bladder** is normal in shape, size and wall thickness. No mass or calculus is seen. **Prostate** is normal in shape, size & echo texture.

**Imp:- Fatty liver grade-I.**

PLEASE CORRELATE CLINICALLY.

  
Dr. Pawan Jeon  
MD (Radio-diagnosis)



# विवेकानन्द आरोग्य केन्द्र

डायग्नोसिस, डायग्नोस्टिक एवं ओपीडी.  
भारत विकास परिषद्, महाराणा प्रताप न्यास द्वारा संचालित



## Radiology Report

Name : Mr. VIKAS GUPTA  
Age/Gender : 40 Y/M  
Prescribed Doctor : Self

MR No : MR007811  
Visit ID : OP016357  
Report Date : 03-06-2019 13:42

## X-Ray

### X-RAY CHEST PA VIEW

*Rotated & mid expiratory radiograph.*

Bilateral lung fields appears to be clear. No obvious pulmonary parenchymal lesion is seen.

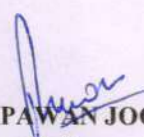
Trachea is central.

Cardiac configuration appears to be normal with normal cardio-thoracic ratio.

Both costo phrenic angles and domes of diaphragm are normal.

Visualized soft tissue and bony thoracic cage appears to be normal.

PLEASE CORRELATE CLINICALLY.

  
DR. PAWAN JOON  
MD (Radio-diagnosis)



# विवेकानन्द आरोग्य केन्द्र

466 P, सेक्टर 12 A, नजदीक माधव भवन, गुरुग्राम  
(भारत विकास परिषद् महाराणा प्रताप न्यास, गुरुग्राम द्वारा संचालित)



Ref. No.:.....

Date:.....

## TRANSTHORACIC ECHO-DOPPLER REPORT

Name	- MR. VIKAS GUPTA	Age/Sex	40 YEARS MALE
Regn No.	- 007811	Date	-01/06/2019
Diagnosis	- ECHOCARDIOGRAPHY	OPD NO.-	014053

### M-Mode/2 -D Description:

- Left Ventricle: No LVRWMA seen, normal LVEF=55%
- Left Atrium : It is normal sized.
- Right Atrium: It is normal sized.
- Right Ventricle: It is normal sized. RV systolic function normal.
- Aortic Valve : Aortic cusps normal.
- Mitral Valve: It opens normally.
- Tricuspid Valve: It appears normal.
- Pulmonic Valve: its appears normal.
- Main Pulmonary artery& its branches: Appear Normal.
- Pericardium: There is no pericardial effusion.
- Inter atrial septum: It is intact
- Inter ventricular Septum: It is intact.
- IVC: Normal size & respiratory variability.

### Measurement (mm)

LEFT HEART			RIGHT HEART		
	Observed values (mm)	Normal values		Observed values (mm)	Normal values
Aortic root	32	20-36 (22mm/m2)	IVC size	14	17-24 mm
Aortic valve opening	16	15- 26(mm/m2)	IVC respiratory variability	normal	>50%
La size	29	19- 40(mm/m2)	RA size	normal	<18cm2

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LA volume index (ml/m <sup>2</sup> )		<34ml/m <sup>2</sup>		-	
LVID(D)	42	(ED=37-56)	RV basal	-	24-42mm
LVID(S)	34		RV mid cavity	-	20-35mm
IVS(D)	08	(ED=6-12)	RV longitudinal	-	56-86mm
IVS(S)	12		RVOT PROXIMAL	-	18-33mm
PW(D)	08	ED=(5-10)	RVTDI	16	>12cm/sec
PW(S)	11		RV free wall thickness	-	<5mm
LVEF (%)	55%	55%-80%	RVEF <sup>-</sup>	normal	>44%

### Doppler velocities (cm/sec)

Aortic valve			Pulmonary valve	
Max/Mean velocity cm/sec	111		Max velocity	82
Max /Mean PG	mmHg		Max PG	-
Mitral valve			Tricuspid valve	
E cm/sec	63	Max PG =	Max Velocity cm/sec	102
A cm/sec	50	Max Velocity =	E/A (0.8 -2.1)	-
DT	-	Max PG =	E/E(>6)	-
E/E'	08	Mean Velocity =	S, Velocity(10 cm <sup>2</sup> /sec)	-

### Regurgitation

MR		TR	
Severity	Nil	Severity	nil
VC (mm)		VC (mm)	
ERO (mm)			
RV (ml)			
Max velocity		RVSP	10mmHg

AR		PR	
Severity	nil	Severity	trace
PHT (m sec)			
VC (mm)			

### **Final Interpretation**

Study done at HR of 79 beats per minute.

1. No LVRWMA seen, normal LVEF=55% seen.
2. Rest CCD normal.
3. Nil MR, nil TR (RVSP~ 10 mmHg), trace PR, RV function normal present.
4. MIP normal.
5. Aortic cusps normal, nil AR seen, Aortic max velocity 111cm/sec.
6. IVC 1.4cm and respiratory variability >50% Present.
7. No I/C Clot / no Vegetation / no PE seen.

**DR. ARUN KUMAR GARG**  
**(MBBS PGDCC FNIC FICC)**  
**(CLINICAL CARDIOLOGIST)**