

CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

Medicall	y Fit	
Fit with	restrictions/recommendations	
Though fimpedim	following restrictions have been revealed, in my opinion, tents to the job.	these are not
1	Dyplifidenia	
2	Syphifriedenia Latty Cres Sr I	
3	Raised SGOT 187	
However	r the employee should follow the advice/medication that h icated to him/her.	
Review a	after 1 m'	
Currently		
Review a	after	_recommended

Medical Officer

The Apollo Clinica (Lacation) K. GUPTA

MBBS, MD

This certificate is not meant for medico-legal purposes Consulting Physician Regd. No. 7513 (HMC)



466 P, सेक्टर 12 A, नजदीक माधव भवन, गुरुग्राम (भारत विकास परिषद् महाराणा प्रताप न्यास, गुरुग्राम द्वारा संचालित)



उपलब्ध ओ.पी.डी. सुविधाएँ

- ा हृदय रोग चिकित्सा (Cardiology)
- बाल एवं भ्रूण रोग चिकित्सा (Paediatrics & Fetal Medicine)
- 🥯 बाल रोग चिकित्सा (Paediatrics)
- ण्ङ स्त्री रोग चिकित्सा (Gynaecology)
- । हड्डी रोग चिकित्सा (Orthopaedics)
- ष्ॐ दन्त चिकित्सा (Dental Gare)
- । सामान्य चिकित्सा (General Physician)
- ि फिजियोथैरेपी (Physiotherapy)
- ा चर्म रोग चिकित्सा (Dermatology)
- म्त्र रोग चिकित्सा (Urology)
- ा गुर्दा रोग चिकित्सा (Nephrology)-

उपलब्ध जाँच

- 🖙 डायलिसिस (Dialysis)
- 🖙 अल्ट्रासाउण्ड (Ultrasound)
- 🖙 ईको (Echo)
- 🖙 स्ट्रेस ईको (Stress Echo)
- ष्ड टी.एम.टी. (T.M.T.)
- 🖙 पी.एफ.टी. (Lung Function Test)
- ष्ड ई.सी.जी. (E.C.G.)
- 🖙 ई.ई.जी. (E.E.G.)
- ाळ एक्स−रे (X-Ray)
- 🖙 मैमोग्राफी (Mammography)
- 🖙 ओ.पी.जी. (Dental X-Ray)

Not for Mcdico Legal Purpose

🖙 हॉल्टर टेस्ट (Holter Test)

Ref. No.:		Date:	
Name of patient: Mr. Tarun	Age: 41	M/F: M	
Consultant:	Speciality:	Package	
MR No : MR007554 Visit No: OP0157	83 Date: 27	-05-2019	

HT25'3"
WT: 64:5 149
Dr. 967mt
Ble 14950mt
Crist
Crist

खून एवं मल-मूत्र की जाँच NABL द्वारा मान्यता प्राप्त MoIQ लैब द्वारा की जाती है।



डायितिसिस, डायम्गोस्टिक एवं ओ.पी.डी. भारत विकास परिषद, महाराणा प्रताप न्यास द्वारा संवालित



Radiology Report

Name

: Mr. Tarun

Age/Gender

: 41 Y/M

Prescribed Doctor : Self

MR No

: MR007554

Visit ID

: OP015783

Report Date

: 27-05-2019 10:08

Ultrasound

USG EXAMINATION: WHOLE ABDOMEN

Liver shows normal shape and size with mildly increased echogenicity, suggestive of fatty change. Intrahepatic biliary radicals are not dilated. No focal lesion is seen. Portal Vein shows normal calibre. Gall bladder shows physiological distension and normal wall thickness. No calculus or mass is seen in the lumen.

CBD is normal in diameter. No calculus is seen

Pancreas is normal in size, shape and echo texture.

Spleen is normal in shape, size and echo texture.

Right kidney show normal shape & size. Cortico-medullary differentiation is maintained. Right kidney show no calculus or hydronephrosis.

Left kidney show normal shape & size. Cortico-medullary differentiation is maintained. Left kidney show no calculus or hydronephrosis.

No free fluid is seen in the intra-peritoneal cavity. No evidence of mesenteric lymphadenopathy is seen.

Urinary bladder is normal in shape, size and wall thickness. No mass or calculus is seen.

Prostate is normal in shape, size & echo texture. Volume of prostate is 10cc.

Imp:- Fatty liver grade-I.

PLEASE CORRELATE CLINICALLY.

Dr. Pawan Joon

MD (Radio-diagnosis)



डायितिसिस, डायम्नोस्टिक एवं ओ.पी.डी.



भारत विकास परिषद्, महाराणा प्रताप न्यास द्वारा संवालित

Radiology Report

Name

Age/Gender

: Mr. Tarun

: 41 Y/M

Prescribed Doctor: Self

MR No

: MR007554

Visit ID

: OP015783

Report Date

: 27-05-2019 17:37

X-Ray

X-RAY CHEST PA VIEW

Mid expiratory.

Bilateral lung fields appears to be clear. No obvious pulmonary parenchymal lesion is seen.

Trachea is central.

Cardiac configuration appears to be normal with normal cardio-thoracic ratio.

Both costo phrenic angles and domes of diaphragm are normal.

Visualized soft tissue and bony thoracic cage appears to be normal.

PLEASE CORRELATE CLINICALLY.

DR. PAWAN JOON MD (Radio-diagnosis)





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Ref. No.:		Date:

TRANSTHORACIC ECHO-DOPPLER REPORT

Name

- Mr. Tarun

Regn No.

- 7554

Diagnosis

/554

- ECHOCARDIOGRAPHY

Age/Sex - 41 YEARS /MALE Date - 27/05/2019

OPD NO.- 15783

M-Mode/2 -D Description:

<u>Left Ventricle</u>: No LV WMA seen, normal LV function, LVEF=55%

<u>Left Atrium</u>: It is normal sized. <u>Right Atrium</u>: It is normal sized.

Right Ventricle: It is normal sized. RV systolic function normal.

Aortic Valve: Aortic cusps normal.

Mitral Valve: It opens normally.

Tricuspid Valve: It appears normal.

Pulmonic Valve: its appears normal.

Main Pulmonary artery& its branches: Appear Normal.

Pericardium: There is no pericardial effusion.

Inter atrial septum: It is intact

<u>Inter ventricular Septum</u>: It is intact. <u>IVC</u>: Normal size & respiratory variability.

Measurement (mm)

	LEFT HEART		turner -	RIGHT HEART	
	Observed values (mm)	Normal values		Observed values (mm)	Normal values
Aortic root	27	20-36 (22mm/m2)	IVC size	13	17-24 mm
Aortic valve opening	13	15-26(mm/m2)	IVC respiratory variability	normal	>50%
La size	32	19-40(mm/m2)	RA size	normal	<18cm2
LA volume index (ml/m2)		<34ml/m2		-	
LVID(D)	47	(ED=37-56)	RV basal	-	24-42mm

W. S.	विवका	नन्द 3	गरोग्य	कोन्द	
3115195			दीक समाधंव अवंग,		
IVS(D)	९ (भारत विकास	परिषद् ^(ED=6-12) प्रत	प हुर्गास्य ब्रेंड्ज्ज्ज्ञाम् व	वारा संचालित)	20
IVS(S)	* 12		PROXIMAL	-	18-33mm
Rev. (Rb.	6	ED=(5-10)	RVTDI	20	Date:>12cm/sec
PW(S)	9		RV free wall thickness	-	<5mm
LVEF (%)	55%	55%-80%	RVEF	normal	>44%

Doppler velocities (cm/sec)

	Aortic valve		Pulmonary valve	-
Max/Mean	velocity cm/sec	138	Max velocity	normal
Max /Mear	n PG	mmHg	Max PG	10 America
Entrance Comments	Mitral valve		Tricuspid	
E cm/sec	76	Max PG =	Max Velocity cm/sec	97
A cm/sec	82	Max Velocity =	E/A (0.8 -2.1)	-
DT	-	Max PG =	E/E(>6)	-
E'	8	Mean Velocity =	S, Velocity(10 cm2/sec)	

Regurgitation

M	R	TR	
Severity	nil	Severity	Nil
VC(mm)		VC (mm)	
ERO (mm)			
RV (ml)		***	
Max velocity	The state of the s	RVSP	~ 10mmHg
AR		PR	
Severity	nil	Severity	nil
PHT (m sec)			
VC (mm)			



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(भारत विकास परिषद् महाराणा प्रताप न्यास, गूरुग्राम द्वारा संचालित) **Final Interpretation**

Study done at HR of 78 bpm.

ReNove WMA seen, normal LV function, LVEF=55%

- 2. Rest CCD normal.
- 3. Nil MR, Nil TR (RVSP~ 10 mmHg), RV function normal present.
- 4. MIP-DRA/ grade 1 distolic dysfunction.
- 5. Aortic cusps normal, nil AR seen. Peak Aortic Velocity around 138 cm/sec.
- 6. IVC normal and respiratory variability >50% Present.
- 7. No I/C Clot / no Vegetation / no PE seen.

DR. ARUN KUMAR GARG

(MBBS PGDCC FNIC FICC)

(**ČLINICAL CARDIOLOGIST**)