

Meenakshi
Dua



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CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of Meenakshi Dne on _____

After reviewing the medical history and on clinical examination it has been found that he/she is

<ul style="list-style-type: none"> • Medically Fit 	Tick
<ul style="list-style-type: none"> • Fit with restrictions/recommendations <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1. <u>Mild Anaemia, Mild dyslipidemia</u></p> <p>2. <u>Fatty Liver Gr II</u></p> <p>3. <u>Multiple follicles Both Ovaries Cystic</u></p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after <u>3 m</u></p>	Tick
<ul style="list-style-type: none"> • Currently Unfit. <p>Review after _____ recommended</p>	Tick
<ul style="list-style-type: none"> • Unfit 	Tick

Dr. Aj S
 Medical Officer
 The Apollo Clinic, (Location)

Dr. ASHOK K. GUPTA
 MBBS, MD
 Consulting Physician
 Regd. No. 7513 (HMC)

This certificate is not meant for medico-legal purposes

उपलब्ध ओ.पी.डी. सुविधाएँ

- हृदय रोग चिकित्सा
(Cardiology)
- बाल एवं भ्रूण रोग चिकित्सा
(Paediatrics & Fetal Medicine)
- बाल रोग चिकित्सा
(Paediatrics)
- स्त्री रोग चिकित्सा
(Gynaecology)
- हड्डी रोग चिकित्सा
(Orthopaedics)
- दन्त चिकित्सा
(Dental Care)
- सामान्य चिकित्सा
(General Physician)
- फिजियोथैरेपी
(Physiotherapy)
- चर्म रोग चिकित्सा
(Dermatology)
- मूत्र रोग चिकित्सा
(Urology)
- गुर्दा रोग चिकित्सा
(Nephrology)

उपलब्ध जाँच

- डायलिसिस (Dialysis)
- अल्ट्रासाउण्ड (Ultrasound)
- ईको (Echo)
- स्ट्रेस ईको (Stress Echo)
- टी.एम.टी. (T.M.T.)
- पी.एफ.टी. (Lung Function Test)
- ई.सी.जी. (E.C.G.)
- ई.ई.जी. (E.E.G.)
- एक्स-रे (X-Ray)
- मैमोग्राफी (Mammography)
- ओ.पी.जी. (Dental X-Ray)
- हॉल्टर टेस्ट (Holter Test)

Not for Medico Legal Purpose

Ref. No.:.....

Date:.....

Name of patient: Ms. Meenakshi Dua	Age: 35	M/F: F
Consultant:	Speciality: Package	
MR No : MR007506	Visit No: OP015674	Date: 25-05-2019

feeling sad often
HTL 5'3"
WE 115 kg
BP 110/70 mmHg
Chest - N-P
CNS / N-P
Abd / -

खून एवं मल-मूत्र की जाँच NABL द्वारा मान्यता प्राप्त MoIQ लैब द्वारा की जाती है।

सम्पर्क सूत्र: 0124-2224102 / 103 / 104 | Mob.: 8683061905, 8683061906

ओ.पी.डी. पर्वी का शुल्क केवल तीन दिन के लिए मान्य रहेगा।

Radiology Report

Name : Ms. Meenakshi Dua
Age/Gender : 35 Y/F
Prescribed Doctor : Self

MR No : MR007506
Visit ID : OP015674
Report Date : 27-05-2019 09:21

Ultrasound

USG EXAMINATION : WHOLE ABDOMEN

Liver shows normal shape with **mild increase in size (18cm) with increased echogenicity, suggestive of fatty change.** Intrahepatic biliary radicals are not dilated. No focal lesion is seen. **Portal Vein** shows normal calibre.

Gall bladder shows physiological distension and normal wall thickness. No calculus or mass is seen in the lumen.

CBD is normal in diameter. No calculus is seen

Pancreas is normal in size, shape and echo texture.

Spleen is normal in shape, size and echo texture.

Right kidney show normal shape & size. Cortico-medullary differentiation is maintained. Right kidney show no calculus or hydronephrosis.

Left kidney show normal shape & size. Cortico-medullary differentiation is maintained. Left kidney show no calculus or hydronephrosis.

No free fluid is seen in the intra-peritoneal cavity. No evidence of mesenteric lymphadenopathy is seen.

Urinary bladder is normal shape and size with normal wall thickness. No mass or calculus is seen.

Uterus shows normal shape, size and echo texture. No focal lesion is seen. Uterus measures 84 x 36 x 32mm. Endometrial thickness is 5.9mm.

Both ovaries appears to be bulky with multiple small follicles.

Right ovary measures 37 x 32 x 22mm (vol-13.7cc).

Left ovary measures 35 x 32 x 26mm (vol-15.4cc).

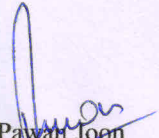
Bilateral adnexae are clear.

Cul-de-sac is clear.

IMP : Hepatomegaly with fatty liver grade II.

Bulky bilateral ovaries with multiple small follicles.

Adv: Clinical and lab data correlation.


Dr. Pawan Joen
MD (Radio- diagnosis)

Radiology Report

Name : Ms. Meenakshi Dua
Age/Gender : 35 Y/F
Prescribed Doctor : Self

MR No : MR007506
Visit ID : OP015674
Report Date : 25-05-2019 16:05

X-Ray

X-RAY CHEST PA VIEW

Mid expiratory radiograph.

Bilateral lung fields appears to be clear. No obvious pulmonary parenchymal lesion is seen.

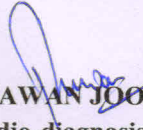
Trachea is central.

Cardiac configuration appears to be normal with normal cardio-thoracic ratio.

Both costo phrenic angles and domes of diaphragm are normal.

Visualized soft tissue and bony thoracic cage appears to be normal.

PLEASE CORRELATE CLINICALLY.


DR. PAWAN JOON
MD (Radio-diagnosis)



विवेकानन्द आरोग्य केन्द्र

466 P, सेक्टर 12 A, नजदीक माधव भवन, गुरुग्राम
(भारत विकास परिषद् महाराणा प्रताप न्यास, गुरुग्राम द्वारा संचालित)



Ref. No.:.....

Date:.....

TRANSTHORACIC ECHO-DOPPLER REPORT

Name	- Ms. Meenakshi Dua	Age/Sex	- 35 YEARS FEMALE
Regn No.	- 007506	Date	-25/05/2019
Diagnosis	- ECHOCARDIOGRAPHY	OPD NO.-	015674

M-Mode/2 -D Description:

Left Ventricle: No LVRWMA seen, normal LVEF=55%
Left Atrium: It is normal sized.
Right Atrium: It is normal sized.
Right Ventricle: It is normal sized. RV systolic function normal.
Aortic Valve: Aortic cusps normal.
Mitral Valve: It opens normally.
Tricuspid Valve: It appears normal.
Pulmonic Valve: its appears normal.
Main Pulmonary artery & its branches: Appear Normal.
Pericardium: There is no pericardial effusion.
Inter atrial septum: It is intact
Inter ventricular Septum: It is intact.
IVC: Normal size & respiratory variability.

Measurement (mm)

LEFT HEART			RIGHT HEART		
	Observed values (mm)	Normal values		Observed values (mm)	Normal values
Aortic root	25	20-36 (22mm/m2)	IVC size	16	17-24 mm
Aortic valve opening	18	15- 26(mm/m2)	IVC respiratory variability	normal	>50%
La size	34	19- 40(mm/m2)	RA size	normal	<18cm2

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LA volume index (ml/m ²)		<34ml/m ²		-	
LVID(D)	53	(ED=37-56)	RV basal	-	24-42mm
LVID(S)	47		RV mid cavity	-	20-35mm
IVS(D)	08	(ED=6-12)	RV longitudinal	-	56-86mm
IVS(S)	10		RVOT PROXIMAL	-	18-33mm
PW(D)	06	ED=(5-10)	RVTDI	16	>12cm/sec
PW(S)	09		RV free wall thickness	-	<5mm
LVEF (%)	55%	55%-80%	RVEF	Mild dysfunction	>44%

Doppler velocities (cm/sec)

Aortic valve			Pulmonary valve	
Max/Mean velocity cm/sec	135		Max velocity	normal
Max /Mean PG	mmHg		Max PG	-
Mitral valve			Tricuspid valve	
E cm/sec	68	Max PG =	Max Velocity cm/sec	211
A cm/sec	56	Max Velocity =	E/A (0.8 -2.1)	-
DT	-	Max PG =	E/E(>6)	-
E'	06	Mean Velocity =	S, Velocity(10 cm ² /sec)	-

Regurgitation

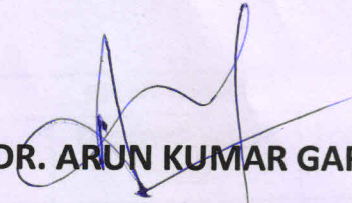
MR		TR	
Severity	NII	Severity	Trivial
VC(mm)		VC(mm)	
ERO (mm)			
RV (ml)			
Max velocity		RVSP	~ 25mmHg

AR		PR	
Severity	Nil	Severity	nil
PHT (m sec)			
VC (mm)			

Final Interpretation

Study done at HR of 66 beats per minute.

1. No LVRWMA seen, normal LVEF=55% seen.
2. Rest CCD normal.
3. Nil MR, Trivial TR (RVSP~ 25 mmHg), RV systolic function normal.
4. MIP- Normal.
5. Aortic cusps normal, nil AR seen. Peak Aortic Velocity around 135 cm/sec.
6. IVC normal and respiratory variability >50% Present.
7. No I/C Clot / no Vegetation / no PE seen.


DR. ARUN KUMAR GARG
(MBBS PGDCC FNIC FICC)
(CLINICAL CARDIOLOGIST)