

CERTIFICATE OF MEDICAL FITNESS

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Medically Fit	
Fit with restrictions/recomm	nendations
Though following restriction mpediments to the job.	ons have been revealed, in my opinion, these are not
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Dyslifrideni	۵
Cernatis	ς
However the employee shown communicated to him/her.	uld follow the advice/medication that has been
Review after / "	<u>n</u>
Currently Unfit.	
Review after	recommended

Medical Officer
The Apollo Clinic, (Location) GUPTA
MBBS, MD

This certificate is not meant for medico-legal purposessulting Physician
Regd. No. 7513 (HMC)

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466 P, सेक्टर 12 A, नजदीक माधव भवन, गुरुग्राम (भारत विकास परिषद् महाराणा प्रताप न्यास, गुरुग्राम द्वारा संचालित)



उपलब्ध ओ.पी.डी. सुविधाएँ

- 🤓 हृदय रोग चिकित्सा (Cardiology)
- बाल एवं भ्रूण रोग चिकित्सा
 (Paediatrics & Fetal Medicine)
- ा बाल रोग चिकित्सा (Paediatrics)
- म्ळ स्त्री रोग चिकित्सा (Gynaecology)
- ा हड्डी रोग चिकित्सा (Orthopaedics)
- दन्त चिकित्सा (Dental Care)
- सामान्य चिकित्सा(General Physician)
- ि फिजियोथैरेपी (Physiotherapy)
- ण्ङ चर्म रोग चिकित्सा (Dermatology)
- ा मूत्र रोग चिकित्सा (Urology)
- ण्ड गुर्दा रोग चिकित्सा (Nephrology)

उपलब्ध जाँच

- 🖙 डायलिसिस (Dialysis)
- 🖙 अल्ट्रासाउण्ड (Ultrasound)
- 🖙 ईको (Echo)
- 🖙 स्ट्रेस ईको (Stress Echo)
- ा दो.एम.टी. (T.M.T.)
- 🖙 पी.एफ.टी. (Lung Function Test)
- 🖙 ई.सी.जी. (E.C.G.)
- 🖙 ई.ई.जी. (E.E.G.)
- ाळ एक्स−रे (X-Ray)
- 🖙 मैमोग्राफी (Mammography)
- 🖙 ओ.पी.जी. (Dental X-Ray)
- 🖙 हॉल्टर टेस्ट (Holter Test)

Ref. No.:	Date:

Name of patient: Mrs. Harneet	Age: 36 M/F: F	
Consultant:	Speciality: Package	
MR No: MR007501 Visit No: (DP015665 Date: 25-05-2019	

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Appendect tomy domp

H7: 155ap M- 59 14 P2, 84 Junt BP. 116 178 m Kg Chest Clen

Not for Medico Legal Purpose

खून एवं मल-मूत्र की जाँच NABL द्वारा मान्यता प्राप्त MoIQ लैब द्वारा की जाती है।







Radiology Report

Name

: Mrs. Harneet

Age/Gender

: 36 Y/F

Prescribed Doctor: Self

MR No

: MR007501

Visit ID

: OP015665

Report Date

: 25-05-2019 09:49

Ultrasound

USG EXAMINATION: WHOLE ABDOMEN

Liver shows normal shape and size with homogenous echo texture. Intrahepatic biliary radicals are not dilated. No focal lesion is seen. **Portal Vein** shows normal calibre.

Gall bladder is not visualized (Post operative status).

CBD is normal in diameter. No calculus is seen

Pancreas is normal in size, shape and echo texture.

Spleen is normal in shape, size and echo texture.

Right kidney show normal shape & size. Cortico-medullary differentiation is maintained. Right kidney show no calculus or hydronephrosis. Right kidney measures 102 x 41mm.

Left kidney show normal shape & size. Cortico-medullary differentiation is maintained. Left kidney show no calculus or hydronephrosis. Left kidney measures 102 x 44mm.

No free fluid is seen in the intra-peritoneal cavity. No evidence of mesenteric lymphadenopathy is seen. **Urinary** bladder is normal shape and size with normal wall thickness. No mass or calculus is seen.

Uterus shows normal shape, size and echo texture. No focal lesion is seen. Uterus measures 94 x 50 x 37mm. Endometrial thickness is 8.7mm.

Both Ovaries are normal in size, shape and echotexture.

Right ovary measures 37 × 18mm.

Left ovary measures 27 × 16mm.

Bilateral adnexae are clear.

Cul-de-sac is clear.

Impression:- Normal Study.

PLEASE CORRELATE CLINICALLY

Dr. Pawar Joon MD (Radio- diagnosis)







Radiology Report

Name

: Mrs. Harneet

MR No

: MR007501

Age/Gender : 36 Y/F Prescribed Doctor : Self Visit ID

: OP015665

Report Date

: 25-05-2019 14:45

X-Ray

X-RAY CHEST PA VIEW

Bilateral lung fields appears to be clear. No obvious pulmonary parenchymal lesion is seen.

Trachea is central.

Cardiac configuration appears to be normal with normal cardio-thoracic ratio.

Both costo phrenic angles and domes of diaphragm are normal.

Visualized soft tissue and bony thoracic cage appears to be normal.

PLEASE CORRELATE CLINICALLY.

DR. PAWAN JOON MD (Radio-diagnosis)



466 P, सेक्टर 12 A, नजदीक माधव भवन, गुरुग्राम



(भारत विकास परिषद् महाराणा प्रताप न्यास, गुरूग्राम द्वारा संचालित)

	D-4-
Ref. No.:	Date:

TRANSTHORACIC ECHO-DOPPLER REPORT

Name

- Mrs Harneet Kaur

Regn No.

- 007506

Diagnosis

- ECHOCARDIOGRAPHY

Age/Sex - 35 YEARS FEMALE Date -25/05/2019 OPD NO.- 015674

M-Mode/2 -D Description:

Left Ventricle: No LVRWMA seen, normal LVEF=55%

<u>Left Atrium</u>: It is normal sized.

<u>Right Atrium</u>: It is normal sized.

Right Ventricle: It is normal sized. RV systolic function normal.

Aortic Valve: Aortic cusps normal.

Mitral Valve: It opens normally.

Tricuspid Valve: It appears normal.

Pulmonic Valve: its appears normal.

Main Pulmonary artery& its branches: Appear Normal.

Pericardium: There is no pericardial effusion.

Inter atrial septum: It is intact

Inter ventricular Septum: It is intact.

' IVC: Normal size & respiratory variability.

Measurement (mm)

LEFT HEART		RIGHT HEART			
	Observed values (mm)	Normal values	Salardha	Observed values (mm)	Normal values
Aortic root	27	20-36 (22mm/m2)	IVC size	12	17-24 mm
Aortic valve opening	15	15- 26(mm/m2)	IVC respiratory variability	normal	>50%
La size	22	19- 40(mm/m2)	RA size	normal	<18cm2

LA volume index (ml/m2)		<34ml/m2	Letter (
LVID(D)	37	(ED=37-56)	RV basal		24-42mm
LVID(S)	26		RV mid cavity		20-35mm
IVS(D)	06	(ED=6-12)	RV longitudinal		56-86mm
IVS(S)	09	(91)	RVOT PROXIMAL	-	18-33mm
PW(D)	06	ED=(5-10)	RVTDI	17	>12cm/sec
PW(S)	08	u u	RV free wall thickness		<5mm
LVEF (%)	55%	55%-80%	RVEF		>44%

Doppler velocities (cm/sec)

Aortic valve			Pulmonary	
Max/Mean	velocity cm/sec	143	Max velocity	normal
Max /Mean	PG	mmHg	Max PG	
	Mitral valve		Tricuspid valve	
E cm/sec	74	Max PG =	Max Velocity cm/sec	120
A cm/sec	64	Max Velocity =	E/A (0.8 -2.1)	
DT		Max PG =	E/E(>6)	
E'	11	Mean Velocity =	S, Velocity(10 cm2/sec)	

Regurgitation

MF	}	TR	
Severity	Trivial	Severity	nil
VC(mm)		VC (mm)	
ERO (mm)			
RV (ml)			
Max velocity		RVSP	~ 10mmHg
AR		PR	

Severity	Severity	
PHT (m sec)		
VC (mm)	AMAN - 1832 SERVE STREET ON THE SERVE	

Final Interpretation

Study done at HR of 66 beats per minute.

- 1. No LVRWMA seen, normal LVEF=55% seen.
- 2. Rest CCD normal.
- 3. Trivial MR, nil TR (RVSP~ 10 mmHg), RV systolic function normal.
- 4. MIP- Normal.
- 5. Aortic cusps normal, nil AR seen. Peak Aortic Velocity around 143 cm/sec.
- 6. IVC normal and respiratory variability >50% Present.
- 7. No I/C Clot / no Vegetation / no PE seen.

DR. ARUN KUMAR GARG

(MBBS PGDCC FNIC FICC)

(CLINICAL CARDIOLOGIST