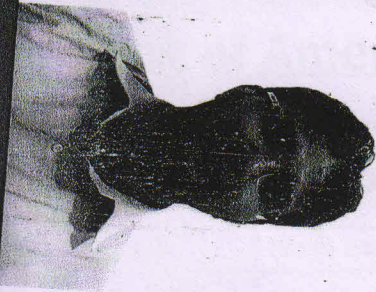


Nishant
Daniel



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CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of Nishant Daniel on 4/5/2019

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> • Medically Fit 	
<ul style="list-style-type: none"> • Fit with restrictions/recommendations <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1.....<u>USG Abd reveals fatty Liver Gr I</u>.....</p> <p>2.....<u>Vit D -Deficiency</u>.....</p> <p>3.....<u>Mild dyslipidaemia</u>.....</p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after <u>1 yr</u></p>	✓
<ul style="list-style-type: none"> • Currently Unfit. Review after _____ recommended • Unfit 	

Dr. *Ashok K. Gupta*
Dr. ASHOK K. GUPTA
Medical Officer MBBS, MD
The Apollo Clinic, (Location)
Consulting Physician
Regd. No. 7513 (HMC)

This certificate is not meant for medico-legal purposes

उपलब्ध ओ.पी.डी. सुविधाएँ

- हृदय रोग चिकित्सा
(Cardiology)
- बाल एवं भ्रूण रोग चिकित्सा
(Paediatrics & Fetal Medicine)
- बाल रोग चिकित्सा
(Paediatrics)
- स्त्री रोग चिकित्सा
(Gynaecology)
- हड्डी रोग चिकित्सा
(Orthopaedics)
- दन्त चिकित्सा
(Dental Care)
- सामान्य चिकित्सा
(General Physician)
- फिजियोथैरेपी
(Physiotherapy)
- चर्म रोग चिकित्सा
(Dermatology)
- मूत्र रोग चिकित्सा
(Urology)
- गुर्दा रोग चिकित्सा
(Nephrology)

उपलब्ध जाँच

- डायलिसिस (Dialysis)
- अल्ट्रासाउण्ड (Ultrasound)
- ईको (Echo)
- स्ट्रेस ईको (Stress Echo)
- टी.एम.टी. (T.M.T.)
- पी.एफ.टी. (Lung Function Test)
- ई.सी.जी. (E.C.G.)
- ई.ई.जी. (E.E.G.)
- एक्स-रे (X-Ray)
- मैमोग्राफी (Mammography)
- ओ.पी.जी. (Dental X-Ray)
- हॉल्टर टेस्ट (Holter Test)

Ref. No.:.....

Date:.....

Name of patient: Mr. Nishant Daniel	Age: 31	M/F: M
Consultant:	Speciality: Package	
MR No : MR006484	Visit No: OP013286	Date: 04-05-2019

Mild Pain in knee joints
& finger joints

Headache -

HT = 6'1"

WT = 88.8 kg

PR = 60/min

BP = 125/88 mmHg

Chest = clear
CNS - N-P

Fatty Liver S+?
TOTAL-N

Not for Medico Legal Purpose

खून एवं मल-मूत्र की जाँच NABL द्वारा मान्यता प्राप्त MoIQ लैब द्वारा की जाती है।

सम्पर्क सूत्र: 0124-2224102 / 103 / 104 | Mob.: 8683061905, 8683061906

ओ.पी.डी. पर्ची का शुल्क केवल तीन दिन के लिए मान्य रहेगा।

Radiology Report

Name : Mr. Nishant Daniel
Age/Gender : 31 Y/M
Prescribed Doctor : Self

MR No : MR006484
Visit ID : OP013286
Report Date : 04-05-2019 13:05

Ultrasound

USG EXAMINATION : WHOLE ABDOMEN

Liver shows normal shape and size (135mm) with **mildly increased echogenicity, suggestive of fatty change**. Intrahepatic biliary radicals are not dilated. No focal lesion is seen. **Portal Vein** shows normal calibre.

Gall bladder shows physiological distension and normal wall thickness. No calculus or mass is seen in the lumen.

CBD is normal in diameter. No calculus is seen

Pancreas is normal in size, shape and echo texture.

Spleen is normal in shape, size and echo texture.

Right kidney show normal shape & size. Cortico-medullary differentiation is maintained. Right kidney show no calculus or hydronephrosis. Right kidney measures 97 x 42mm.

Left kidney show normal shape & size. Cortico-medullary upper differentiation is maintained. Left kidney show no calculus or hydronephrosis. Left kidney measures 96 x 42mm.

No free fluid is seen in the intra-peritoneal cavity. No evidence of mesenteric lymphadenopathy is seen.

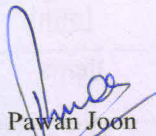
Urinary bladder is normal in shape, size and wall thickness. No mass or calculus is seen.

Prostate is normal in shape, size & echo texture. Volume of prostate is 18cc. **A small mid line cyst measuring approx. 6mm is seen in prostatic parenchyma likely representing utricle cyst.**

IMP: Fatty liver grade I.

A small prostatic utricle cyst.

PLEASE CORRELATE CLINICALLY.


Dr. Pawan Joon
MD (Radio- diagnosis)

Radiology Report

Name : Mr. Nishant Daniel
Age/Gender : 31 Y/M
Prescribed Doctor : Self

MR No : MR006484
Visit ID : OP013286
Report Date : 04-05-2019 14:26

X-Ray

X-RAY CHEST PA VIEW

Bilateral lung fields appears to be clear. No obvious pulmonary parenchymal lesion is seen.

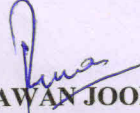
Trachea is central.

Cardiac configuration appears to be normal with normal cardio-thoracic ratio.

Both costo phrenic angles and domes of diaphragm are normal.

Visualized soft tissue and bony thoracic cage appears to be normal.

PLEASE CORRELATE CLINICALLY.


DR. PAWAN JOON
MD (Radio-diagnosis)

TRANSTHORACIC ECHO-DOPPLER REPORT

Name	- MR NISHANT DANIEL	Age/Sex	- 31 YEARS MALE
Regn No.	- 006484	Date	-04/05/2019
Diagnosis	- ECHOCARDIOGRAPHY	OPD NO.-	

M-Mode/2 –D Description:

Left Ventricle: No LVRWMA seen, normal LVEF=55%

Left Atrium : It is normal sized.

Right Atrium: It is normal sized.

Right Ventricle: It is normal sized. RV systolic function normal.

Aortic Valve : Aortic cusps normal.

Mitral Valve: It opens normally.

Tricuspid Valve: It appears normal.

Pulmonic Valve: its appears normal.

Main Pulmonary artery& its branches: Appear Normal.

Pericardium: There is no pericardial effusion.

Inter atrial septum: It is intact

Inter ventricular Septum: It is intact.

IVC: Normal size & respiratory variability.

Measurement (mm)

LEFT HEART			RIGHT HEART		
	<u>Observed values (mm)</u>	<u>Normal values</u>		<u>Observed values (mm)</u>	<u>Normal values</u>
Aortic root	27	20-36 (22mm/m ²)	IVC size	small	17-24 mm
Aortic valve opening	13	15-26(mm/m ²)	IVC respiratory variability	normal	>50%
La size	28	19-40(mm/m ²)	RA size	normal	<18cm ²

LA volume index (ml/m ²)		<34ml/m ²		-	
LVID(D)	45	(ED=37-56)	RV basal	-	24-42mm
LVID(S)	33		RV mid cavity	-	20-35mm
IVS(D)	07	(ED=6-12)	RV longitudinal	-	56-86mm
IVS(S)	11		RVOT PROXIMAL	-	18-33mm
PW(D)	07	ED=(5-10)	RVTDI	-	>12cm/sec
PW(S)	08		RV free wall thickness	-	<5mm
LVEF (%)	55%	55%-80%	RVEF	normal	>44%

Doppler velocities (cm/sec)

Aortic valve			Pulmonary valve	
Max/Mean velocity cm/sec	109		Max velocity	normal
Max / Mean PG	4.71 mmHg		Max PG	-
Mitral valve			Tricuspid valve	
E cm/sec	98	Max PG =	Max Velocity cm/sec	237
A cm/sec	43	Max Velocity =	E/A (0.8 -2.1)	-
DT	-	Max PG =	E/E(>6)	-
E/E'	-	Mean Velocity =	S, Velocity(10 cm ² /sec)	-

Regurgitation

MR		TR	
Severity	nil	Severity	mild
VC (mm)		VC (mm)	
ERO (mm)			
RV (ml)			
Max velocity		RVSP	~ 30mmHg

AR		PR	
Severity	nil	Severity	nil
PHT (m sec)			
VC (mm)			

Final Interpretation

Study done at HR of 78 beats per minute.

1. No LVRWMA seen, normal LVEF=55% seen.
2. Rest CCD normal.
3. Nil MR, mild TR (RVSP~ 30 mmHg), RV function normal present.
4. MIP- normal.
5. Aortic cusps normal, nil AR seen. Peak Aortic Velocity around 109 cm/sec.
6. IVC small calibre and respiratory variability >50% Present.
7. No I/C Clot / no Vegetation / no PE seen.

DR. ARUN KUMAR GARG
(MBBS PGDCC FNIC FICC)
(CLINICAL CARDIOLOGIST)