

Arpit  
Singhai



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# CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of Arjit Singhai on \_\_\_\_\_

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> <li>• Medically Fit</li> </ul>	<input type="checkbox"/>
<ul style="list-style-type: none"> <li>• Fit with restrictions/recommendations</li> </ul> <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1. <u>Med dyslipidemic</u> .....</p> <p>2. ....</p> <p>3. ....</p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after <u>1 yr</u></p>	<input type="checkbox"/>
<ul style="list-style-type: none"> <li>• Currently Unfit. Review after _____ recommended</li> <li>• Unfit</li> </ul>	<input type="checkbox"/>

Dr. Arjit Singhai

**Medical Officer**  
**The Apollo Clinic, (Location)**  
**MBBS, MD**  
**Consulting Physician**  
**Regd. No. 7513 (HMC)**

*This certificate is not meant for medico-legal purposes*



## Radiology Report

Name : Mr. Arpit  
Age/Gender : 28 Y/M  
Prescribed Doctor : Self

MR No : MR007504  
Visit ID : OP015669  
Report Date : 25-05-2019 12:53

## Ultrasound

### USG EXAMINATION : WHOLE ABDOMEN

**Liver** shows normal shape and size with homogenous echo texture. Intrahepatic biliary radicals are not dilated. No focal lesion is seen. **Portal Vein** shows normal calibre.

**Gall bladder** shows physiological distension and normal wall thickness. No calculus or mass is seen in the lumen.

**CBD** is normal in diameter. No calculus is seen

**Pancreas** is normal in size, shape and echo texture.

**Spleen** is normal in shape, size and echo texture.

**Right kidney** show normal shape & size. Cortico-medullary differentiation is maintained. Right kidney show no calculus or hydronephrosis.

**Left kidney** show normal shape & size. Cortico-medullary differentiation is maintained. Left kidney show no calculus or hydronephrosis.

No free fluid is seen in the intra-peritoneal cavity. No evidence of mesenteric lymphadenopathy is seen.

**Urinary bladder** is over distended and is normal in shape, size and wall thickness. No mass or calculus is seen.

**Prostate** is normal in shape, size & echo texture. Volume of prostate is 12cc.

**IMP: Normal study.**

PLEASE CORRELATE CLINICALLY.

  
Dr. Pawan Joon  
MD (Radio-diagnosis)

## Radiology Report

Name : Mr. Arpit

Age/Gender : 28 Y/M

Prescribed Doctor : Self

MR No : MR007504

Visit ID : OP015669

Report Date : 25-05-2019 15:13

## X-Ray

### X-RAY CHEST PA VIEW

Bilateral lung fields appears to be clear. No obvious pulmonary parenchymal lesion is seen.

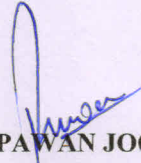
Trachea is central.

Cardiac configuration appears to be normal with normal cardio-thoracic ratio.

Both costo phrenic angles and domes of diaphragm are normal.

Visualized soft tissue and bony thoracic cage appears to be normal.

PLEASE CORRELATE CLINICALLY.



DR. PAWAN JOON  
MD (Radio-diagnosis)





# विवेकानन्द आरोग्य केन्द्र

466 P, सेक्टर 12 A, नजदीक माधव भवन, गुरुग्राम  
(भारत विकास परिषद् महाराणा प्रताप न्यास, गुरुग्राम द्वारा संचालित)



Ref. No.:.....

Date:.....

## TRANSTHORACIC ECHO-DOPPLER REPORT

Name	- Mr Arpit	Age/Sex	- 28_YEARS /MALE
Regn No.	- 007504	Date	- 25/05/2019
Diagnosis	- ECHOCARDIOGRAPHY	OPD NO.-	0015669

### M-Mode/2 -D Description:

Left Ventricle: No LVRWMA seen, normal LVEF=55%

Left Atrium: It is normal sized.

Right Atrium: It is normal sized.

Right Ventricle: It is normal sized. RV systolic function normal.

Aortic Valve: Aortic cusps normal.

Mitral Valve: It opens normally.

Tricuspid Valve: It appears normal.

Pulmonic Valve: its appears normal.

Main Pulmonary artery& its branches: Appear Normal.

Pericardium: There is no pericardial effusion.

Inter atrial septum: It is intact

Inter ventricular Septum: It is intact.

IVC: Normal size & respiratory variability.

### Measurement (mm)

LEFT HEART			RIGHT HEART		
	Observed values (mm)	Normal values		Observed values (mm)	Normal values
Aortic root	26	20-36 (22mm/m <sup>2</sup> )	IVC size	SMALL CALIBRE	17-24 mm
Aortic valve opening	16	15-26(mm/m <sup>2</sup> )	IVC respiratory variability	normal	>50%
La size	22	19-40(mm/m <sup>2</sup> )	RA size	normal	<18cm <sup>2</sup>



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Ref. No.: .....

Date: .....

LA volume index (ml/m <sup>2</sup> )		<34ml/m <sup>2</sup>			
LVID(D)	42	(ED=37-56)	RV basal	-	24-42mm
LVID(S)	26		RV mid cavity	-	20-35mm
IVS(D)	7	(ED=6-12)	RV longitudinal	-	56-86mm
IVS(S)	11		RVOT PROXIMAL	-	18-33mm
PW(D)	7	ED=(5-10)	RVTDI	16	>12cm/sec
PW(S)	10		RV free wall thickness	-	<5mm
LVEF (%)	55%	55%-80%	RVEF	normal	>44%

## Doppler velocities (cm/sec)

Aortic valve			Pulmonary valve	
Max/Mean velocity cm/sec	112		Max velocity	normal
Max /Mean PG	mmHg		Max PG	-
Mitral valve			Tricuspid valve	
E cm/sec	69	Max PG =	Max Velocity cm/sec	146
A cm/sec	59	Max Velocity =	E/A (0.8 -2.1)	-
DT	-	Max PG =	E/E(>6)	-
E/E'	-	Mean Velocity =	S, Velocity(10 cm <sup>2</sup> /sec)	-

## Regurgitation

MR		TR	
Severity	Nil	Severity	trivial
VC( mm)		VC( mm)	
ERO( mm)			
RV( ml)			
Max velocity		RVSP	~ 15mmHg





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Date:.....

AR		PR	
Severity	nil	Severity	nil
PHT (m sec)			
VC (mm)			

## Final Interpretation

Study done at HR of 85 beats per minute.

1. No LVRWMA seen, normal LVEF=55% seen.
2. Rest CCD normal.
3. Nil MR, trace TR (RVSP~ 15 mmHg), RV function normal present.
4. MIP- normal.
5. Aortic cusps normal, nil AR seen. Peak Aortic Velocity around 112 cm/sec.
6. IVC small calibre and respiratory variability >50% Present.
7. No I/C Clot / no Vegetation / no PE seen.

**DR. ARUN KUMAR GARG**  
(MBBS PGDCC FNIC FICC)  
(CLINICAL CARDIOLOGIST)

सम्पर्क सूत्र: 0124-2224102 / 103 / 104 | Mob.: 8683061905, 8683061906

"Not for Medico Legal Purpose"