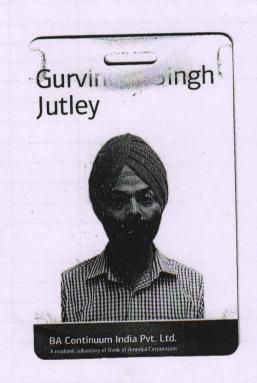
KANAND AROGYA KENDRA

2302/305/108, 5531061905/06, Empi holpdes8.d



CERTIFICATE OF MEDICAL FITNESS

After reviewing the medica	ingh Jutley on I history and on clinical exa	mination it has been found	Tick
that he/she is			TICK
 Medically Fit 			
• Fit with restrictions	/recommendations		
Though following a	restrictions have been reveal	led, in my opinion, these are	
1. Mild dy	stopidenia		
3		that has been	
However the employment communicated to	oyee should follow the advinim/her.	ice/medication that has been	
Review after	1 4		
Currently Unfit. Review after		recommende	d
Unfit			
ANG		Angs	
ASHOK K. GUPTA MBBS, MD	Dr. ASHOK K COTT	Dr	

This certificate is not meant for medico-legal purposes 10



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466 P, सेक्टर 12 A, नजदीक माधव भवन, गुरुग्राम (भारत विकास परिषद् महाराणा प्रताप न्यास, गुरुग्राम द्वारा संचालित)

उपलब्ध ओ.पी.डी. सुविधाएँ

- ा हृदय रोग चिकित्सा (Cardiology)
- बाल एवं भ्रूण रोग चिकित्सा
 (Paediatrics & Fetal Medicine)
- ा बाल रोग चिकित्सा (Paediatrics)
- ा स्त्री रोग चिकित्सा (Gynaecology)
- ा हड्डी रोग चिकित्सा (Orthopaedics)
- 🖙 दन्त चिकित्सा (Dental Care)
- सामान्य चिकित्सा(General Physician)
- ण्डि फिजियोथैरेपी (Physiotherapy)
- ा चर्म रोग चिकित्सा (Dermatology)
- ध्ङ मूत्र रोग चिकित्सा (Urology)
- ण्ड गुर्दा रोग चिकित्सा (Nephrology)

उपलब्ध जाँच

- 🖙 डायलिसिस (Dialysis)
- 🖙 अल्ट्रासाउण्ड (Ultrasound)
- 🖙 ईको (Echo)
- ण्ड स्ट्रेस ईको (Stress Echo)
- ा टी.एम.टी. (T.M.T.)
- 🖙 पी.एफ.टी. (Lung Function Test)
- 🖙 ई.सी.जी. (E.C.G.)
- ा ई.ई.जी. (E.E.G.)
- ा एक्स−रे (X-Ray)
- प्र मैमोग्राफी (Mammography)
- 🖙 ओ.पी.जी. (Dental X-Ray)

Not for Medico Legal Purpose

🖙 हॉल्टर टेस्ट (Holter Test)

Ref. No.:	Date:	
Name of patient: Mr. Gurvinder	Age: 37 M/F: M	
Consultant:	Speciality: Package	
MR No: MR007503 Visit No:	OP015668 Date: 25-05-2019	

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खून एवं मल-मूत्र की जाँच NABL द्वारा मान्यता प्राप्त MoIQ लैब द्वारा की जाती हैं।







Radiology Report

Name

: Mr. Gurvinder

Age/Gender

: 37 Y/M

Prescribed Doctor: Self

MR No

: MR007503

Visit ID

: OP015668

Report Date

: 25-05-2019 10:16

Ultrasound

USG EXAMINATION: WHOLE ABDOMEN

Liver shows normal shape and size with homogenous echo texture. Intrahepatic biliary radicals are not dilated. No focal lesion is seen. Portal Vein shows normal calibre.

Gall bladder shows physiological distension and normal wall thickness. No calculus or mass is seen in the lumen.

CBD is normal in diameter. No calculus is seen

Pancreas is normal in size, shape and echo texture.

Spleen is normal in shape, size and echo texture.

Right kidney show normal shape & size. Cortico-medullary differentiation is maintained. Right kidney show no calculus or hydronephrosis. Right kidney measures 96 x 35mm.

Left kidney show normal shape & size. Cortico-medullary differentiation is maintained. Left kidney show no calculus or hydronephrosis. Left kidney measures 94 x 40mm.

No free fluid is seen in the intra-peritoneal cavity. No evidence of mesenteric lymphadenopathy is seen.

Urinary bladder is normal in shape, size and wall thickness. No mass or calculus is seen.

Prostate is normal in shape, size & echo texture. Volume of prostate is 17.7cc.

IMP: Normal study.

PLEASE CORRELATE CLINICALLY.

Dr. Pawan Joon MD (Radio- diagnosis)



डायितसिस, डायम्नोस्टिक एवं ओ.पी.डी.



भारत विकास परिषद्, महाराणा प्रताप न्यास द्वारा संवातित

Radiology Report

Name

: Mr. Gurvinder

Age/Gender

: 37 Y/M

Prescribed Doctor: Self

MR No

: MR007503

Visit ID

: OP015668

Report Date

: 25-05-2019 15:16

X-Ray

X-RAY CHEST PA VIEW

Bilateral lung fields appears to be clear. No obvious pulmonary parenchymal lesion is seen.

Trachea is central.

Cardiac configuration appears to be normal with normal cardio-thoracic ratio.

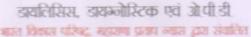
Both costo phrenic angles and domes of diaphragm are normal.

Visualized soft tissue and bony thoracic cage appears to be normal.

PLEASE CORRELATE CLINICALLY.

DR. PAWAN JOON MD (Radio-diagnosis)







TRANSTHORACIC ECHO-DOPPLER REPORT

Name

- Mr. Gurvinder

Age/Sex - 37 YEARS MALE

Regn No.

- 007503

Date - 25/05/2019

Diagnosis

- ECHOCARDIOGRAPHY

OPD NO.- 15668

M-Mode/2 -D Description:

<u>Left Ventricle</u>: No LVRWMA seen, normal LVEF=55%, mild concentric LVH present.

<u>Left Atrium</u>: It is normal sized.

<u>Right Atrium</u>: It is normal sized.

Right Ventricle: It is normal sized. RV systolic function normal.

Aortic Valve: Aortic cusps normal.

Mitral Valve: It opens normally.

Tricuspid Valve: It appears normal.

Pulmonic Valve: its appears normal.

Main Pulmonary artery& its branches: Appear Normal.

Pericardium: There is no pericardial effusion.

Inter atrial septum: It is intact

Inter ventricular Septum: It is intact.

IVC: Normal size & respiratory variability.

Measurement (mm)

LEFT HEART			RIGHT HEART		
	Observed values (mm)	Normal values		Observed values (mm)	Normal values
Aortic root	25	20-36 (22mm/m2)	IVC size	10	17-24 mm
Aortic valve opening	15	15- 26(mm/m2)	IVC respiratory variability	normal	>50%
La size	19	19- 40(mm/m2)	RA size	normal	<18cm2
LA volume index (ml/m2)		<34ml/m2		-	

LVID(D)	40	(ED=37-56)	RV basal		24-42mm
LVID(S)	31		RV mid cavity		20-35mm
IVS(D)	06	(ED=6-12)	RV longitudinal	-	56-86mm
IVS(S)	10		RVOT PROXIMAL	-	18-33mm
PW(D)	06	ED=(5-10)	RVTDI	16	>12cm/sec
PW(S)	09	live to being	RV free wall thickness	-	<5mm
LVEF (%)	55%	55%-80%	RVEF	normal	>44%

Doppler velocities (cm/sec)

	Aortic valve	Process of the State of the Sta	Pulmonary valve	
Max/Mean	velocity cm/sec	102	Max velocity	normal
Max /Mean		mmHg	Max PG	-
	Mitral valve		Tricuspid valve	
E cm/sec	63	Max PG =	Max Velocity cm/sec	94
A cm/sec	47	Max Velocity =	E/A (0.8 -2.1)	-
DT		Max PG =	E/E(>6)	
E/E'		Mean Velocity =	S, Velocity(10 cm2/sec)	- manifer of the co

Regurgitation

MI	}	TR	
Severity	Nil	Severity	NIL
VC(mm)		VC (mm)	
ERO (mm)			
RV (ml)			
Max velocity		RVSP	~ 10mmHg
AR		PR	
Severity	nil	Severity	nil
PHT (m sec)			Es
VC (mm)			

Final Interpretation

Study done at HR of 78 beats per minute.

- 1. No LVRWMA seen, normal LVEF=55% seen.
- 2. Rest CCD normal.
- 3. Nil MR, Nil TR (RVSP~ 10 mmHg), RV function normal present.
- 4. MIP- normal.
- 5. Aortic cusps normal, nil AR seen. Peak Aortic Velocity around 102 cm/sec.
- 6. IVC normal and respiratory variability >50% Present.
- 7. No I/C Clot / no Vegetation / no PE seen.

DR. ARUN KUMAR GARG

(MBBS PGDCC FNIC FICC)

(CLINICAL CARDIOLOGIST)