Akanksha Sharma



We're better when we're connected®

Deliver together Act responsibly Realize the power of our people Trust the team

India SOACC 1.800.3000.3939
APAC SOACC +65.6678.3939
Americas SOACC +1.704.388.4685
EMEA SOACC +44.20.7995.5555

BA Continuum India Pvt. Ltd.

CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination of Akanaha Sharme on 111572019	
After reviewing the medical history and on clinical examination it has been found that he/she is	Tick
Medically Fit	
Fit with restrictions/recommendations	
Though following restrictions have been revealed, in my opinion, these are not impediments to the job.	
1. Mild Annemia	
2. Eosinophilia 3. Fertty Infelbration Liver - S. Z.	
3. Farty Infeltration Liver-Sr.L	
However the employee should follow the advice/medication that has been communicated to him/her.	
Review after 3 m.	
Currently Unfit. Review after	
• Unfit	

Medical Officer OK K. GUPTA
The Apollo Clinic, (Location), MD
Consulting Physician
Regd. No. 7513 (HMC)
This certificate is not meant for medico-legal purposes



ववेकानन्द आरोग्य केन्द्र



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466 P, सेक्टर 12 A, नजदीक माधव भवन, गुरुग्राम (भारत विकास परिषद् महाराणा प्रताप न्यास, गुरूग्राम द्वारा संचालित)

उपलब्ध ओ.पी.डी. सुविधाएँ

- **छ** हृदय रोग चिकित्सा (Cardiology)
- बाल एवं भ्रण रोग चिकित्सा (Paediatrics & Fetal Medicine)
- **ा** बाल रोग चिकित्सा (Paediatrics)
- **एक्क** स्त्री रोग चिकित्सा (Gynaecology)
- **छ** हडडी रोग चिकित्सा (Orthopaedics)
- **एक दन्त** चिकित्सा (Dental Care)
- **एक सामान्य चिकित्सा** (General Physician)
- **क्कि** फिजियोथैरेपी (Physiotherapy)
- **एक चर्म रोग चिकित्सा** (Dermatology)
- मत्र रोग चिकित्सा (Urology)
- **प्र्वा रोग चिकित्सा** (Nephrology)

उपलब्ध जाँच

- 🖙 डायलिसिस (Dialysis)
- 🖙 अल्ट्रासाउण्ड (Ultrasound)
- 🖙 ईको (Echo)
- 🖙 स्ट्रेस ईको (Stress Echo)
- ा टी.एम.टी. (T.M.T.)
- 🖙 पी.एफ.टी. (Lung Function Test)
- ा ई.सी.जी. (E.C.G.)
- 🖙 ई.ई.जी. (E.E.G.)
- ा एक्स−रे (X-Ray)
- 🖙 मैमोग्राफी (Mammography)
- 🖙 ओ.पी.जी. (Dental X-Ray)
- 🖙 हॉल्टर टेस्ट (Holter Test)

Not for Medico Legal Purpose

Ref. No.:	Date:
Name of patient: Mrs. Akanksha Sharn	Age: 31 M/F: F
Consultant:	Speciality: Package
VIR No : MR006835 Visit No: OF	014070 Date: 11-05-2019

RP - 130/80 mm fly Prese- 78/mm, regular

MR No: MR006835

Lefund - Nil laur (++)

Vonn cheet - dim'ally Ng cheet - dim'ally Ng crs - 5152, of armal chonauter NSdroner - S Jr Liver Estern var nien - die Parys New -N-5 Ding WI - Throw - NM

En - 10 TM in Paux & खून एवं मल-मूत्र की जाँच NABL द्वारा मान्यता प्राप्त MoIQ लैब द्वारा की जाती है।



विवेकानन्द आरोग्य केन्द्र

डायितिसिस, डायम्नोस्टिक एवं ओ.पी.डी.



भारत विकास परिषद, महाराणा प्रताप न्यास द्वारा संवातित

Radiology Report

Name : Mrs. Akanksha Sharma

MR No

: MR006835

Age/Gender

: 31 Y/F

Visit ID

: OP014070

Prescribed Doctor: Self

Report Date

: 11-05-2019 10:19

Ultrasound

USG EXAMINATION: WHOLE ABDOMEN

Liver shows normal shape with mild increase in size (147 mm) with mildly increased echogenecity, suggestive of fatty change. Intrahepatic biliary radicals are not dilated. No focal lesion is seen.

GB is normal in shape, size and wall thickness. No calculus or mass is seen in the lumen.

CBD is normal in diameter. No calculus is seen.

PV, Aorta & IVC show normal calibre. No evidence of obvious para-aortic lymphadenopathy is seen.

Pancreas is normal in size, shape and echo texture.

Spleen is normal in shape, size and echo texture.

Right kidney show normal shape and size. Cortical echogenecity is normal. Cortico-medullary differentiation is maintained. Right kidney show no calculus or hydronephrosis. Right kidney measures 103 x 39 mm.

Left kidney show normal shape and size. Cortical echogenecity is normal. Cortico-medullary differentiation is maintained. Left kidney show no calculus or hydronephrosis Left kidney measures 103 x 47 mm

No free fluid is seen in the intra-peritoneal cavity.

Urinary bladder is normal shape and size with normal wall thickness. No mass or calculus is seen.

Uterus shows normal shape, size and echo texture. No focal lesion is seen. Uterus measures 77 x 43 x 35 mm. Endometrial thickness is 4.0 mm.

Adnexae and Ovaries show no mass.

Right ovary measures 24 x 15 mm.

Left ovary measures 28 x 18 mm.

Cul-de-sac is clear.

Imp:-

Fatty liver Grade-1.

PLEASE CORRELATE CLINICALLY.

Dr. Pawan Joon

MD (Radio-diagnosis)



विवेकानन्द आरोग्य केन्द्र





भारत विकास परिषद्, महाराणा प्रताप न्यास द्वारा संवातित

Radiology Report

Name

: Mrs. Akanksha Sharma

MR No

: MR006835

Age/Gender

: 31 Y/F

Visit ID

: OP014070

Prescribed Doctor: Self

Report Date

: 11-05-2019 11:28

X-Ray

X-RAY CHEST PA VIEW

Bilateral lung fields appears to be clear. No obvious pulmonary parenchymal lesion is seen.

Trachea is central.

Cardiac configuration appears to be normal with normal cardio-thoracic ratio.

Both costo phrenic angles and domes of diaphragm are normal.

Visualized soft tissue and bony thoracic cage appears to be normal.

PLEASE CORRELATE CLINICALLY.

DR. PAWAN JOON MD (Radio-diagnosis)



विवेकानन्द आरोग्य केन्द्र



466 P, सेवटर 12 A, नजदीक माधव भवन, गुरुग्राम

(भारत विकास परिषद् महाराणा प्रताप न्यास, गुरूग्राम द्वारा संचालित)

TRANSTHORACIC ECHO-DOPPLER REPORT

Name

- Mrs. Akanksha Shan

Regn No.

006835

Diagnosis

- ECHOCARDIOGRAPHY

Age/Sex - 31 YEARS FEMALE

Date -11/05/2019

OPD NO.- 014070

M-Mode/2 -D Description:

Left Ventricle: No LVRWMA seen, normal LVEF=55%

<u>Left Atrium</u>: It is normal sized. Right Atrium: It is normal sized.

Right Ventricle: It is normal sized. RV systolic function normal.

Aortic Valve: Aortic cusps normal.

Mitral Valve: It opens normally.

Tricuspid Valve: It appears normal.

Pulmonic Valve: its appears normal.

Main Pulmonary artery& its branches: Appear Normal.

Pericardium: There is no pericardial effusion.

Inter atrial septum: It is intact

<u>Inter ventricular Septum</u>: It is intact. <u>IVC</u>: Normal size & respiratory variability.

Measurement (mm)

LEFT HEART		RIGHT HEART			
	Observed values (mm)	Normal values		Observed values (mm)	Normal values
Aortic root	20	20-36 (22mm/m2)	IVC size	SMALL CALIBRE	17-24 mm
Aortic valve opening	12	15-26(mm/m2)	IVC respiratory variability	normal	>50%
La size	26	19-40(mm/m²)	RA size	normal	<18cm2

LA volume index (ml/m2)		<34ml/m2			
LVID(D)	41	(ED=37-56)	RV basal	-	24-42mm
LVID(S)	34		RV mid cavity		20-35mm
IVS(D)	06	(ED=6-12)	RV longitudinal	-	56-86mm
IVS(S)	09		RVOT PROXIMAL	-	18-33mm
PW(D)	06	ED=(5-10)	RVTDI	16	>12cm/sec
PW(S)	08		RV free wall thickness	-	<5mm
LVEF (%)	55%	55%-80%	RVEF	normal	>44%

Doppler velocities (cm/sec)

Ac	ortic valve		Pulmonary	
Max/Mean ve	elocity cm/sec	125	Max velocity	normal
Max /Mean P		mmHg	Max PG	
	Mitral valve		Tricuspid valve	
E cm/sec	71	Max PG =	Max Velocity cm/sec	302
	58	Max Velocity =	E/A (0.8 -2.1)	-
DT	-12 -12 -1 -2 -2 -2 -2 -2 -2 -2 -2 -2 -2 -2 -2 -2	Max PG =	E/E(>6)	
E/E'		Mean Velocity =	S, Velocity(10 cm2/sec)	-

Regurgitation

MR	TR	
Severity Nil	Severity	Mild
VC(mm)	VC (mm)	
ERO (mm)		ALCOHOL: NO SERVICE DE LA CONTRACTION DE LA CONT
RV (ml)		
Max velocity	RVSP	~ 40mmHg

AR		PR	
Severity	nil	Severity	nil
PHT (m sec)			
VC (mm)			

Final Interpretation

Study done at HR of 77 beats per minute.

- 1. No LVRWMA seen, normal LVEF=55% seen.
- 2. Rest CCD normal.
- 3. Nil MR, Mild TR (RVSP~ 40 mmHg), RV function normal present.
- 4. MIP- normal.
- 5. Aortic cusps normal, nil AR seen. Peak Aortic Velocity around 125 cm/sec.
- 6. IVC 12mm and respiratory variability >50% Present.
- 7. No I/C Clot / no Vegetation / no PE seen.

DR. ARUN KUMAR GARG
(MBBS PGDCC FNIC FICC)

(CLINICAL CARDIOLOGIST)

AR		PR	
Severity	nil	Severity	nil
PHT (m sec)			
VC (mm)			

Final Interpretation

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