

(81)

Meenu
Kaushal



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 भारत सरकार
GOVERNMENT OF INDIA

 मीनू
Meenu
जन्म तिथि/ DOB: 18/02/1988
महिला / FEMALE



6190 9124 4773

आधार-आम आदमी का अधिकार

CERTIFICATE OF MEDICAL FITNESS

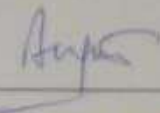
This is to certify that I have conducted the clinical examination

of Ms Meenu Koushal on 21/07/2019

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none">• Medically Fit	<input type="checkbox"/>
<ul style="list-style-type: none">• Fit with restrictions/recommendations <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <ol style="list-style-type: none">1. USG. Abd shows Enlarged Ovaries2. Leucocytosis3. Hb Hypoglycaemia, Abnormal LFT. <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after <u>15 d</u></p>	<input checked="" type="checkbox"/>
<ul style="list-style-type: none">• Currently Unfit. <p>Review after _____ recommended</p>	<input type="checkbox"/>
<ul style="list-style-type: none">• Unfit	<input type="checkbox"/>

Dr. _____


MEENU KOUSHAL GUPTA
MBBS, MD
The Apollo Clinic, (Location)
Consulting Physician
Regd. No. 7513 (HMC)

This certificate is not meant for medico-legal purposes

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Radiology Report

Name : Mrs. Meenu Kaushal
Age/Gender : 30 Y/F
Prescribed Doctor : Self

MR No : MR006474
Visit ID : OP013272
Report Date : 04-05-2019 12:47

Ultrasound

USG EXAMINATION : WHOLE ABDOMEN

Liver shows normal shape and size with homogenous echo texture. Intrahepatic biliary radicals are not dilated. No focal lesion is seen. **Portal Vein** shows normal calibre.

Gall bladder shows physiological distension and normal wall thickness. No calculus or mass is seen in the lumen.

CBD is normal in diameter. No calculus is seen.

Pancreas is normal in size, shape and echo texture.

Spleen is normal in shape, size and echo texture.

Right kidney show normal shape & size. Cortico-medullary differentiation is maintained. Right kidney show no calculus or hydronephrosis. Right kidney measures 103 x 43mm.

Left kidney show normal shape & size. Cortico-medullary differentiation is maintained. Left kidney show no calculus or hydronephrosis. Left kidney measures 107 x 41mm.

No evidence of mesenteric lymphadenopathy is seen.

Urinary bladder is over distended and is normal in shape and size with normal wall thickness. No mass or calculus is seen.

Uterus shows normal shape, size and echo texture. No focal lesion is seen. Uterus measures 70 x 49 x 39mm. Endometrial thickness is 11.2mm.

Both ovaries are bulky with presence of small follicles in both ovaries.

Right ovary measures 37 x 29 x 20mm (vol-11cc).

Left ovary measures 38 x 28 x 22mm (vol-12.5cc).

Minimal free fluid seen in pelvic cavity.

Imp:- Minimal free fluid seen in pelvic cavity.

Bilateral bulky ovaries.

PLEASE CORRELATE CLINICALLY


Dr. Pawan Joon
MD (Radio-diagnosis)



विवेकानन्द आरोग्य केन्द्र

राजकोट, गुजरात
विवेकानन्द अस्पताल, गुजरात



Radiology Report

Name : Mrs. Meenu Kaushal
Age/Gender : 30 Y/F
Prescribed Doctor : Self

MR No : MR006474
Visit ID : OP013272
Report Date : 04-05-2019 14:28

X-Ray

X-RAY CHEST PA VIEW

Bilateral lung fields appears to be clear. No obvious pulmonary parenchymal lesion is seen.


Trachea is central.

Cardiac configuration appears to be normal with normal cardio-thoracic ratio.

Both costo phrenic angles and domes of diaphragm are normal.

Visualized soft tissue and bony thoracic cage appears to be normal.

PLEASE CORRELATE CLINICALLY.


DR. PAWAN JOON
MD (Radio-diagnosis)



विवेकानन्द आरोग्य केन्द्र

466 P, सेक्टर 12 A, नजदीक माधव भवन, गुरुग्राम
(भारत विकास परिषद् महाराष्ट्र प्रताप न्यास, गुरुग्राम द्वारा संचालित)



मलब ओ.पी.डी. सुविधाएँ

- हृदय रोग चिकित्सा (Cardiology)
- बाल एवं भ्रूण रोग चिकित्सा (Paediatrics & Fetal Medicine)
- बाल रोग चिकित्सा (Paediatrics)
- स्त्री रोग चिकित्सा (Gynaecology)
- हड्डी रोग चिकित्सा (Orthopaedics)
- दंत चिकित्सा (Dental Care)
- सामान्य चिकित्सा (General Physician)
- भौतिक चिकित्सा (Physiotherapy)
- त्वचा रोग चिकित्सा (Dermatology)
- रक्त रोग चिकित्सा (Hematology)
- शुक्र रोग चिकित्सा (Urology)

अन्य जाँच

- हार्मोनल परीक्षण (Dialysis)
- अल्ट्रासाउण्ड (Ultrasound)
- एको (Echo)
- स्ट्रेस एको (Stress Echo)
- टी.टी. (T.M.T.)
- पुंजी (Lung Function Test)
- सी.टी. (E.C.G.)
- ई.ई.जी. (E.E.G.)
- एक्स-रे (X-Ray)
- मैमोग्राफी (Mammography)
- दंत एक्स-रे (Dental X-Ray)
- होलर टेस्ट (Holler Test)

Ref. No.: Date:

Name of patient: Mrs. Meenu Kaushal	Age: 30	M/F: F
Consultant:	Speciality: Package	
MR No : MR006474	Visit No: OP013272	Date: 04-05-2019

No complaints

2

① Sugar Free Diet

② Cap. B₁₂ tablets
(Cap. 0.25 x 100)

Wt. 55 kg
HT. 5'3"
P.B. 84/100 R.P
P.B. 114/70 m.Hg

③

Aug 5

chest
CNS
Med } Named

Aug 5

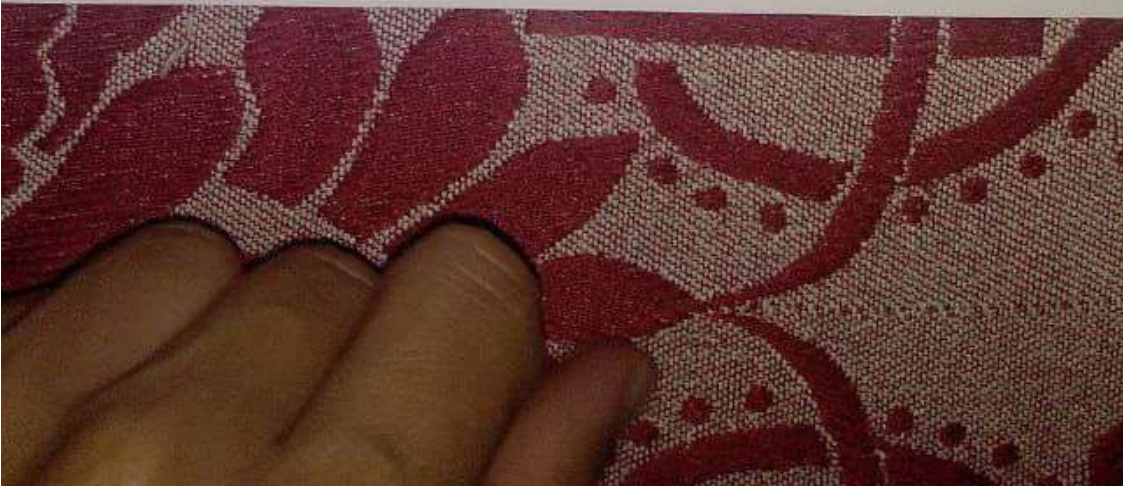
Repeat LFT after 1wk

Medico Legal Purpose

खून एवं मल-मूत्र की जाँच NABL द्वारा मान्यता प्राप्त MoIQ लैब द्वारा की जाती है।

सम्पर्क सूत्र: 0124-2224102 / 103 / 104 | Mob.: 8683061905, 8683061906

ओपी.डी. पर्ची का शुल्क केवल तीन दिन के लिए मान्य रहेगा।





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Ref. No.:.....

Date:.....

TRANSTHORACIC ECHO-DOPPLER REPORT

Name - MRS. MEENU KAUSHAL
Regn No. - 006474
Diagnosis - ECHOCARDIOGRAPHY

Age/Sex - 30 YEARS FEMALE
Date -04/05/2019
OPD NO.- 013272

M-Mode/2 -D Description:

Left Ventricle: No LVRWMA seen, normal LVEF=55%

Left Atrium: It is normal sized.

Right Atrium: It is normal sized.

Right Ventricle: It is normal sized. RV systolic function normal.

Aortic Valve : Aortic cusps normal.

Mitral Valve: It opens normally.

Tricuspid Valve: It appears normal.

Pulmonic Valve: its appears normal.

Main Pulmonary artery & its branches: Appear Normal.

Pericardium: There is no pericardial effusion.

Inter atrial septum: It is intact

Inter ventricular Septum: It is intact.

IVC: Normal size & respiratory variability.

Measurement (mm)

LEFT HEART			RIGHT HEART		
	<u>Observed values (mm)</u>	<u>Normal values</u>		<u>Observed values (mm)</u>	<u>Normal values</u>
Aortic root	25	20-36 (22mm/m ²)	IVC size	NORMAL	17-24 mm
Aortic valve opening	16	15-26(mm/m ²)	IVC respiratory variability	normal	>50%
La size	22	19-40(mm/m ²)	RA size	normal	<18cm ²

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LA volume index (ml/m ²)		<34ml/m ²		-	
LVID(D)	35	(ED=37-56)	RV basal	-	24-42mm
LVID(S)	28		RV mid cavity	-	20-35mm
IVS(D)	07	(ED=6-12)	RV longitudinal	-	56-86mm
IVS(S)	10		RVOT PROXIMAL	-	18-33mm
PW(D)	06	ED=(5-10)	RVTDI	-	>12cm/sec
PW(S)	08		RV free wall thickness	-	<5mm
LVEF (%)	55%	55%-80%	RVEF	normal	>44%

Doppler velocities (cm/sec)

Aortic valve			Pulmonary valve	
Max/Mean velocity cm/sec	144		Max velocity	normal
Max /Mean PG	8.27 mmHg		Max PG	-
Mitral valve			Tricuspid valve	
E cm/sec	78	Max PG =	Max Velocity cm/sec	106
A cm/sec	57	Max Velocity =	E/A (0.8 -2.1)	-
DT	-	Max PG =	E/E(>6)	-
E/E'	-	Mean Velocity =	S, Velocity(10 cm ² /sec)	-

Regurgitation

MR		TR	
Severity	NO	Severity	TRIVIAL
VC (mm)		VC (mm)	
ERO (mm)			
RV (ml)			
Max velocity		RVSP	~ 10mmHg

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Ref. No.:.....

Date:.....

AR		PR	
Severity	nil	Severity	nil
PHT (m sec)			
VC (mm)			

Final Interpretation

Study done at HR of 77 beats per minute.

1. No LVRWMA seen, normal LVEF=55% seen.
2. Rest CCD normal.
3. NIL MB, Trivial TR (RVSP~ 10 mmHg), RV function normal present.
4. MIP- grade 1 diastolic dysfunction.
5. Aortic cusps normal, nil AR seen. Peak Aortic Velocity around 144 cm/sec.
6. IVC small calibre and respiratory variability >50% Present.
7. No I/C Clot / no Vegetation / no PE seen.

for

DR. ARUN KUMAR GARG
(MBBS PGDCC FNIC FICC)
(CLINICAL CARDIOLOGIST)

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