# CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination	
on 11/5/2013	
After reviewing the medical history and on clinical examination it has been found	
After reviewing the medical moses, that he/she is	Tick
that he/she is	
Medically Fit	
Fit with restrictions/recommendations	
Though following restrictions have been revealed, in my opinion, these are not impediments to the job.	
1. Mild Anaews?	
2	
However the employee should follow the advice/medication that has been	
However the employee should follow the advicement communicated to him/her.	
Review after 1 m	
Currently Unfit. recommended	1
Review after	
• Unfit	
1.10	

Medical Officer
The Apollo Clinic, (Location)

This certificate is not meant for medico-legal purposes 13 (HMC)



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466 P, सेक्टर 12 A, नजदीक माधव भवन, गुरुग्राम (भारत विकास परिषद्ध महाराणा प्रताप न्यास, गुरुग्राम द्वारा संचालित)

#### उपलब्ध ओ.पी.डी. सुविधाएँ

- 🥦 हृदय रोग चिकित्सा (Cardiology)
- बाल एवं भ्रूण रोग चिकित्सा
  (Paediatrics & Fetal Medicine)
- श्रि बाल रोग चिकित्सा (Paediatrics)
- ष्ॐ स्त्री रोग चिकित्सा (Gynaecology)
- ा हड्डी रोग चिकित्सा (Orthopaedics)
- प्रिं दन्त चिकित्सा (Dental Care)
- श्रि सामान्य चिकित्सा (General Physician)
- ा फिजियोथैरेपी (Physiotherapy)
- ा चर्म रोग चिकित्सा (Dermatology)
- म्ब्रि सूत्र रोग चिकित्सा (Urology)
- ण्ड गुर्दा रोग चिकित्सा (Nephrology)

#### उपलब्ध जाँच

- 🖙 डायलिसिस (Dialysis)
- 🖙 अल्ट्रासाउण्ड (Ultrasound)
- 🖙 ईको (Echo)
- 🖙 स्ट्रेस ईको (Stress Echo)
- ा टो.एम.टी. (T.M.T.)
- 🖙 पी.एफ.टी. (Lung Function Test)
- ष्डि ई.सी.जी. (E.C.G.)
- ष्डि ई.ई.जी. (E.E.G.)
- ाङ एक्स−रे (X-Ray)
- 🖙 मैमोग्राफी (Mammography)
- 🖙 ओ.पी.जी. (Dental X-Ray)
- 🖙 हॉल्टर टेस्ट (Holter Test)

1-1				
No	ot for M	edico Le	gal Purpos	se

Ref. No.:	Date:
Name of patient: Ms. K L Rathi	Age: 25 M/F: F
Consultant:	Speciality: Package
MR No: MR006846 Visi	No: OP014090 Date: 11-05-2019

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खून एवं मल-मूत्र की जाँच NABL द्वारा मान्यता प्राप्त MoIQ तैब द्वारा की जाती है।







#### Radiology Report

Name

: Ms. K L Rathi

Age/Gender

: 25 Y/F

Prescribed Doctor: Self

MR No

: MR006846

Visit ID

: OP014090

Report Date

: 11-05-2019 12:25

#### Ultrasound

#### **USG EXAMINATION: WHOLE ABDOMEN**

Liver shows normal shape and size with homogenous echo texture. Intrahepatic biliary radicals are not dilated. No focal lesion is seen.

GB is normal in shape, size and wall thickness. No calculus or mass is seen in the lumen.

CBD is normal in diameter. No calculus is seen.

PV, Aorta & IVC show normal calibre. No evidence of obvious para-aortic lymphadenopathy is seen.

Pancreas is normal in size, shape and echo texture.

Spleen is normal in shape, size and echo texture.

**Right kidney** show normal shape and size. Cortical echogenecity is normal. Cortico-medullary differentiation is maintained. Right kidney show no calculus or hydronephrosis.

**Left kidney** show normal shape and size. Cortical echogenecity is normal. Cortico-medullary differentiation is maintained. Left kidney show no calculus or hydronephrosis

Urinary bladder is normal shape and size with normal wall thickness. No mass or calculus is seen

**Uterus** shows normal shape, size and echo texture. No focal lesion is seen. Uterus measures 77 x 40 x 36 mm. Endometrial thickness is 6 mm.

Adnexae and Ovaries show no mass.

Minimal free fluid is seen in POD.

Imp:-

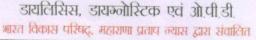
Minimal free fluid is seen in POD.

PLEASE CORRELATE CLINICALLY.

Dr. Pawan Joon MD ( Radio- diagnosis)

Page 1 of 1







#### Radiology Report

Name

: Ms. K L Rathi

Age/Gender

: 25 Y/F

Prescribed Doctor: Self

MR No

: MR006846

Visit ID

: OP014090

Report Date

: 11-05-2019 11:38

#### X-Ray

#### X-RAY CHEST PA VIEW

Bilateral lung fields appears to be clear. No obvious pulmonary parenchymal lesion is seen.

Trachea is central.

Cardiac configuration appears to be normal with normal cardio-thoracic ratio.

Both costo phrenic angles and domes of diaphragm are normal.

Visualized soft tissue and bony thoracic cage appears to be normal.

PLEASE CORRELATE CLINICALLY.

DR. PAWAN JOON MD (Radio-diagnosis)



Ref. No ....

## विवेकानन्द आरोग्य केन्द्र

466 P, सेवटर 12 A, नजदीक माधव भवन, गुरुग्राम





Date:....

#### **ECHO REPORT**

Name: Mrs. K L Rathi

Date: 13/05/2019

Gender: Female

Clinical Diagnosis: Health Check Up

Done By: Dr Dixit Garg

#### M - Mode/ 2-D Description:

Measurements (mm):

	Observed Values		Normal values	
Aortic root diameter	27 mm 2		20-36 (22mm/M <sup>2</sup> )	
Left atrium size	29 mm		19-40 mm	
	End Diastole	Normal values	Endsystole	Normal values
Left Ventricle Size	40 mm	37 -56 mm	26 mm	2.2-4.0 mm
Interventricular Septum	08 mm	6 -12 mm -	10 mm	
Posterior wall thicknesss	08 mm	5 -10 mm	11 mm	
LV ejection fraction (%)	57%		53% - 59%	

#### **DOPPLER VELOCITIES (cm/sec)**

Pulmonary valve		Aortic valve		
Max velocity	113 cm/sec	Max velocity	131 cm/sec	
Regurgitation	Trace	Regurgitation	None	
<u>M</u>	itral valve	<u>T</u>	ricuspid valve	
E	99 cm/sec	Max velocity	m/sec	
A	66 cm/sec	Max PG	mmHg	
E'	14 cm/sec	TAPSE (>1.5)	1.8	
Regurgitation	Trace	Regurgitation	Trace	



466 P, सेवटर 12 A, नजदीक माधव भवन, गुरुग्राम





Ref. No.:....

Date:.....

#### Final interpretation:

(HR - 80/min, NSR)

- 1. No LV RWMA, LVEF 57%.
- 2. Normal RV systolic function.
- 3. All Cardiac chamber dimensions normal.
- 4. Mitral inflow pattern Normal, normal LVEDP.
- 5. Trace MR, No MS.
- 6. No AR, No AS.
- 7. Trace TR, Normal PASP.
- 8. No intra-cardiac clot/ Vegetation/PE seen.
- 9. IVC normal in size, CVP normal.

Dr Dixit Garg DNB Cardiology