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CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination of Leene Kolar on After reviewing the medical history and on clinical examination it has been found Tick that he/she is Medically Fit Fit with restrictions/recommendations Though following restrictions have been revealed, in my opinion, these are not impediments to the job. 1. PAP Smear shows estypical Squamous cells
of hudernined of micance
2. However the employee should follow the advice/medication that has been communicated to him/her. Review after 15d recommended Currently Unfit. Review after____ Unfit

Medical Officer The Apollo Climic, (Location)

Consulting Physician
This certificate is not meant for medico-legal purpose No. 7513 (HMC)





466 P, सेक्टर 12 A, नजदीक माधव भवन, गुरूग्राम (भारत विकास परिषद् महाराणा प्रताप न्यास, गुरूग्राम द्वारा संचालित)

उपलब्ध ओ.पी.डी. सुविधाएँ

- ा हृदय रोग चिकित्सा (Cardiology)
- ा बाल एवं भ्रूण रोग चिकित्सा (Paediatrics & Fetal Medicine)
- बाल रोग चिकित्सा
 (Paediatrics)
- स्त्री रोग चिकित्सा (Gynaecology)
- ा हड्डी रोग चिकित्सा (Orthopaedics)
- us दन्त चिकित्सा (Dental Care)
- 🖙 सामान्य चिकित्सा (General Physician)
- ा फिजियोथैरेपी (Physiotherapy)
- ा चर्म रोग चिकित्सा (Dermatology)
- प्र मूत्र रोग चिकित्सा (Urology)
- ण्ड गुर्दा रोग चिकित्सा (Nephrology)

उपलब्ध जाँच

- 🖙 डायलिसिस (Dialysis)
- 🖙 अल्ट्रासाउण्ड (Ultrasound)
- 🖙 ईको (Echo)
- म्ब्रि स्ट्रेस ईको (Stress Echo)
- ष्ड टी.एम.टी. (T.M.T.)
- 🖙 पी.एफ.टी. (Lung Function Test)
- ष्ड ई.सी.जी. (E.C.G.)
- 🖙 ई.ई.जी. (E.E.G.)
- ाळ एक्स−रे (X-Ray)
- 🖙 मैमोग्राफी (Mammography)
- 🖙 ओ.पी.जी. (Dental X-Ray)

Not for Medico Legal Purpose

🖙 हॉल्टर टेस्ट (Holter Test)

Ref. No.:	Date:
Name of patient: Mrs. Leena Kolar	Age: 33 M/F: F
Consultant:	Speciality: Package
MR No: MR007357 Visit N	OP015304 Date: 22-05-2019

No complaints

1472 5'4"

Wh = 58.5127

Pa = 84/mt

Rd = 110/70 m/17

Chest

Crest

And

And



खून एवं मल-मूत्र की जाँच NABL द्वारा मान्यता प्राप्त MoIQ लैब द्वारा की जाती है।





डायितसिस, डायभ्नोस्टिक एवं औ.पी.डी. भारत विकास परिषद्, महाराणा प्रताप न्यास द्वारा संवातित

Radiology Report

Name

: Mrs. Leena Kolar

MR No

: MR007357

Age/Gender

: 33 Y/F

Visit ID

: OP015304

Prescribed Doctor: Self

Report Date

: 22-05-2019 11:08

Ultrasound

USG EXAMINATION: WHOLE ABDOMEN

Liver shows normal shape and size with homogenous echo texture. Intrahepatic biliary radicals are not dilated. No focal lesion is seen. **Portal Vein** shows normal calibre.

Gall bladder shows physiological distension and normal wall thickness. No calculus or mass is seen in the lumen.

CBD is normal in diameter. No calculus is seen

Pancreas is normal in size, shape and echo texture.

Spleen is normal in shape, size and echo texture.

Right kidney show normal shape & size. Cortico-medullary differentiation is maintained. Right kidney show no calculus or hydronephrosis.

Left kidney show normal shape & size. Cortico-medullary differentiation is maintained. Left kidney show no calculus or hydronephrosis.

Urinary bladder is normal shape and size with normal wall thickness. No mass or calculus is seen.

Uterus shows normal shape, size and echo texture. No focal lesion is seen. Uterus measures 77 x 47 x 33mm. Endometrial thickness is 8.8mm.

Both Ovaries are normal in size, shape and echotexture.

Right ovary measures 24×13 mm.

Left ovary measures 27 × 15mm.

Bilateral adnexae are clear.

Cul-de-sac is clear.

No evidence of mesenteric lymphadenopathy is seen.

Mild to moderate amount of free fluid is seen in the pelvic cavity.

Impression:- Mild to moderate amount of free fluid seen in the pelvic cavity.

PLEASE CORRELATE CLINICALLY

Dr. Pawan Joon MD (Radio- diagnosis)





डायलिसिस, डायम्नोस्टिक एवं ओ.पी.डी. भारत विकास परिषद्, महाराणा प्रताप न्यास द्वारा संवालित

Radiology Report

Name

: Mrs. Leena Kolar

Age/Gender

: 33 Y/F

Prescribed Doctor: Self

MR No

: MR007357

Visit ID

: OP015304

Report Date

: 22-05-2019 12:38

X-Ray

X-RAY CHEST PA VIEW

Rotated radiograph.

Bilateral lung fields appears to be clear. No obvious pulmonary parenchymal lesion is seen.

Trachea is central.

Cardiac configuration appears to be normal with normal cardio-thoracic ratio.

Both costo phrenic angles and domes of diaphragm are normal.

Visualized soft tissue and bony thoracic cage appears to be normal.

PLEASE CORRELATE CLINICALLY.

DR. PAWAY JOON MD (Radio-diagnosis)



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Ref. No.:...

ECHO REPORT

Date:					*	*						

Name : Mrs Leena Kolar	Age: 33 yr	
Date: 22/05/2019	Gender : Female	
Clinical Diagnosis: Company Health Check up	Done By: Dr Dixit Garg	

M - Mode/ 2-D Description:

Measurements (mm):

**	Observed Values								
Aortic root diameter	30 mm		20-36 (22mm/M ²)						
Left atrium size	32 mm		19-40 mm						
	End Diastole	Normal values	Endsystole	Normal values					
Left Ventricle Size	41 mm	37 -56 mm	27 mm	2.2-4.0 mm					
Interventricular Septum	08 mm	6 -12 mm	11 mm						
Posterior wall thicknesss	08 mm	5 -10 mm	11 mm						
LV ejection fraction (%)	56%		53% - 59%						

DOPPLER VELOCITIES (cm/sec)

Puln	nonary valve	Aortic valve							
Max velocity 79 cm/sec		Max velocity	99 cm/sec						
Regurgitation	Trace	Regurgitation	None						
M	itral valve	<u>T</u>	ricuspid valve						
E	Mitral valve 85 cm/sec 74 cm/sec		2.01 m/sec						
A	74 cm/sec	Max PG	16 mmHg						
Ε'	12 cm/sec	TAPSE (>1.5)	1.8						
Regurgitation	Trace	Regurgitation	Trace						



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Date:....

Final interpretation:

(HR - 64/min, Rhythm - NSR)

- 1. No LV RWMA, LVEF 56%.
- 2. Normal RV systolic function.
- 3. All Cardiac chamber dimensions normal.
- 4. Mitral inflow pattern normal, normal LVEDP.
- 5. Morphologically normal mitral valve, Trace MR No MS.
- 6. Morphologically normal aortic valve, No AR, No AS.
- 7. Morphologically normal Tricuspid valve, Trace TR, Normal PASP.
- 8. No intra-cardiac clot/ Vegetation / Pericardial effusion seen.
- 9. IVC normal in size, CVP normal.

Dr Dixit Garg DNB Cardiology