

136

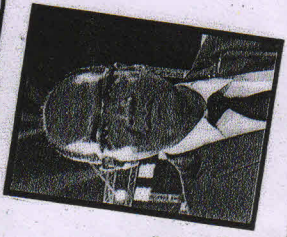
भारत सरकार

Navjeevan Kumar
ਨਵਜੀਵਨ ਕੁਮਾਰ
जन्म तिथि/DOB:
25-11-1972
पुरुष / MALE



6005 8073 5647

- आम आदमी का अधिकार



Navjeevan Kumar
Date of Joining :
29 May 2017

CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of Naveen Kumar on _____

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none">• Medically Fit	<input type="checkbox"/>
<ul style="list-style-type: none">• Fit with restrictions/recommendations <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1. <u>Cholelithiasis</u>.....</p> <p>2. <u>Dyslipidemia</u>.....</p> <p>3. <u>Small Umbilical Hernia</u>.....</p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after <u>3 m</u></p>	<input type="checkbox"/>
<ul style="list-style-type: none">• Currently Unfit. Review after _____ recommended• Unfit	<input type="checkbox"/>

Dr. Aygo

**Medical Officer
The Apollo Clinic, (Location)**

**Dr. ASHOK K. GUPTA
MBBS, MD
Consulting Physician
Regd. No. 7513 (HMC)**

This certificate is not meant for medico-legal purposes

उपलब्ध ओ.पी.डी. सुविधाएँ

- हृदय रोग चिकित्सा (Cardiology)
- बाल एवं भ्रूण रोग चिकित्सा (Paediatrics & Fetal Medicine)
- बाल रोग चिकित्सा (Paediatrics)
- स्त्री रोग चिकित्सा (Gynaecology)
- हड्डी रोग चिकित्सा (Orthopaedics)
- दन्त चिकित्सा (Dental Care)
- सामान्य चिकित्सा (General Physician)
- फिजियोथैरेपी (Physiotherapy)
- चर्म रोग चिकित्सा (Dermatology)
- मूत्र रोग चिकित्सा (Urology)
- गुर्दा रोग चिकित्सा (Nephrology)

उपलब्ध जाँच

- डायलिसिस (Dialysis)
- अल्ट्रासाउण्ड (Ultrasound)
- ईको (Echo)
- स्ट्रेस ईको (Stress Echo)
- टी.एम.टी. (T.M.T.)
- पी.एफ.टी. (Lung Function Test)
- ई.सी.जी. (E.C.G.)
- ई.ई.जी. (E.E.G.)
- एक्स-रे (X-Ray)
- मैमोग्राफी (Mammography)
- ओ.पी.जी. (Dental X-Ray)
- होल्टर टेस्ट (Holter Test)

Not for Medico Legal Purpose

Ref. No.: 4775 Date:

Navjeevan Kumar

*height - 174.5 cm
weight - 72.8 kg
BMI - 23.94*

*BP - 120/90 mm Hg
pulse - 78/min, regular*

*412
father - nil
cousin - nil
synosis - nil
lymphadenopathy - nil
degener - nil*

*Symptoms -
Chest - clinically normal
CVS, S1S2, of normal character
Abdomen - soft
liver - enlarged 2 finger below costal margin
Spleen - Nil
Hemial orifices
Vision - distant 6/6
Near - N-5
Esper - 1.75 D @ my*

MR No : MR007004	Visit No: OP014473	Date: 15-05-2019
Consultant:	Name of patient: Mr. Navjeevan Kuma	Age: 47
		M/F: M
	Speciality: Package	

*ENT - ear - TM intact
nose - normal
throat - normal
Family hypertension
Mother - expired
has cancer
Past illness - nothing relevant
No history of hyper tension
addiction to smoking
& alcohol. 60ml
3 or 4 times / month*

रून एवं मल-मूत्र की जाँच NABL द्वारा मान्यता प्राप्त MoIQ लैब द्वारा की जाती है।

Observation :

- ① $\frac{2}{3}$ Hepatomegaly
- ② Hypertension (old case)
- ③ Smoker. / Takes alcohol occasionally
25 yrs

Unconcl. :->

Radiology Report

Name : Mr. Navjeevan Kumar
Age/Gender : 47 Y/M
Prescribed Doctor : Self

MR No : MR007004
Visit ID : OP014473
Report Date : 15-05-2019 12:40

Ultrasound

USG EXAMINATION : WHOLE ABDOMEN

Liver shows normal shape and size with homogenous echo texture. Intrahepatic biliary radicals are not dilated. No focal lesion is seen. **Portal Vein** shows normal calibre.

Gall bladder shows physiological distension and normal wall thickness. **An echogenic focus (measuring approx. 13 - 14mm) with posterior acoustic shadow is seen in the GB lumen.**

CBD is normal in diameter. No calculus is seen

Pancreas is normal in size, shape and echo texture.

Spleen is normal in shape, size and echo texture.

Right kidney show normal shape & size. Cortico-medullary differentiation is maintained. Right kidney show no calculus or hydronephrosis. Right kidney measures 98 x 42mm.

Left kidney show normal shape & size. Cortico-medullary differentiation is maintained. Left kidney show no calculus or hydronephrosis. Left kidney measures 93 x 45mm.

No free fluid is seen in the intra-peritoneal cavity. No evidence of mesenteric lymphadenopathy is seen.

Urinary bladder is normal in shape, size and wall thickness. No mass or calculus is seen.

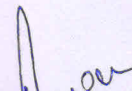
Prostate is normal in shape, size & echo texture. Volume of prostate is 16cc.

Small defect is seen in the anterior abdominal wall, measuring 8mm, in umbilical region with small amount of omental fat seen herniating through it.

IMP : Cholelithiasis.

Small umbilical hernia.

Adv:- Clinical correlation and further evaluation.


Dr. Pawan Loon
MD (Radio- diagnosis)

Radiology Report

Name : Mr. Navjeevan Kumar
Age/Gender : 47 Y/M
Prescribed Doctor : Self

MR No : MR007004
Visit ID : OP014473
Report Date : 17-05-2019 15:32

X-Ray

X-RAY CHEST PA VIEW

Bilateral lung fields appears to be clear. No obvious pulmonary parenchymal lesion is seen.

Trachea is central.

Cardiac configuration appears to be normal with normal cardio-thoracic ratio.

Both costo phrenic angles and domes of diaphragm are normal.

Visualized soft tissue and bony thoracic cage appears to be normal.

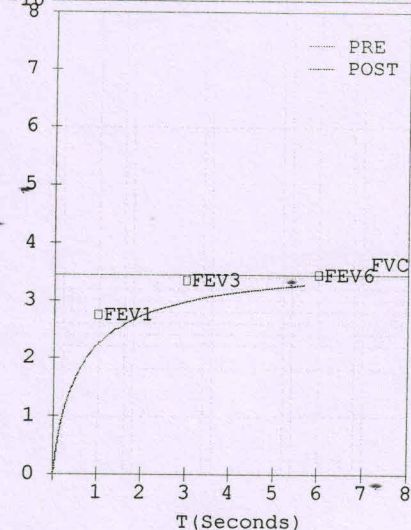
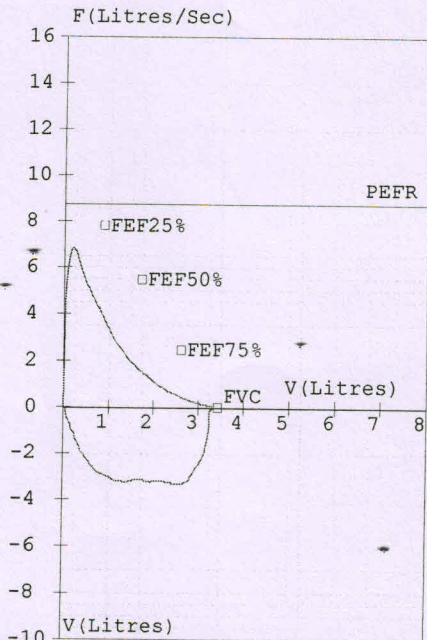
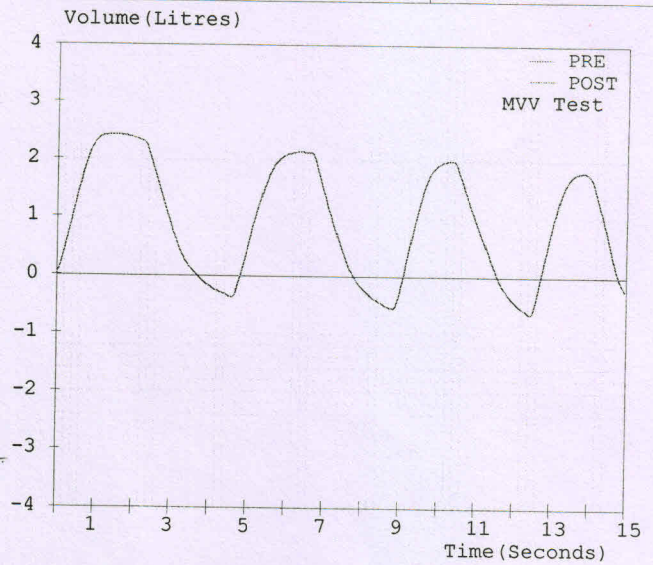
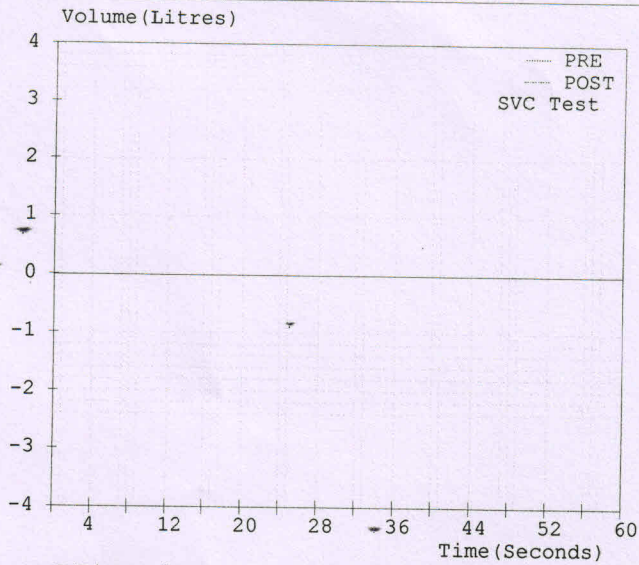
PLEASE CORRELATE CLINICALLY.


DR. PAWAN JOON
MD (Radio-diagnosis)

VIVEKANAND AROGYA KENDRA

466 P, SECTOR 12 A, GURGAON-122001 PHONE 0124-2224102-104

Patient: NAVJEEVAN KUMAR Age : 47 Yrs Gender : Male
 Refd.By: Height : 172 Cms Smoker : Yes
 Pred.Eqns: RECORDERS Weight : 72 Kgs Eth. Corr: 100
 Date : 15-May-2019 02:11 PM ID : 007004 Temp :



Spirometry Results

Parameter	Pred	M.Pre	%Pred	M.Post	%Pred	%Imp
FVC (L)	03.45	03.29	095	----	----	----
FEV1 (L)	02.76	02.24	081	----	----	----
FEV1/FVC (%)	80.00	68.09	085	----	----	----
FEF25-75 (L/s)	03.66	01.37	037	----	----	----
PEFR (L/s)	08.75	06.82	078	----	----	----
FIVC (L)	----	03.25	----	----	----	----
FEV.5 (L)	----	01.67	----	----	----	----
FEV3 (L)	03.35	02.99	089	----	----	----
PIFR (L/s)	----	03.29	----	----	----	----
FEF75-85 (L/s)	----	00.40	----	----	----	----
FEF.2-1.2 (L/s)	06.52	04.18	064	----	----	----
FEF 25% (L/s)	07.81	04.03	052	----	----	----
FEF 50% (L/s)	05.46	01.67	031	----	----	----
FEF 75% (L/s)	02.46	00.57	023	----	----	----
FEV.5/FVC (%)	----	50.76	----	----	----	----
FEV3/FVC (%)	97.10	90.88	094	----	----	----
FET (Sec)	----	05.91	----	----	----	----
ExptTime (Sec)	----	00.03	----	----	----	----
Lung Age (Yrs)	047	056	119	----	----	----
FEV6 (L)	03.45	03.30	096	----	----	----
FIF 25% (L/s)	----	03.27	----	----	----	----
FIF 50% (L/s)	----	03.08	----	----	----	----
FIF 75% (L/s)	----	02.89	----	----	----	----
SVC (L)	----	----	----	----	----	----
ERV (L)	01.30	----	----	----	----	----
IRV (L)	----	----	----	----	----	----
VE (L/min)	----	----	----	----	----	----
Rf (l/min)	----	----	----	----	----	----
Ti (sec)	----	----	----	----	----	----
Te (sec)	----	----	----	----	----	----
VT (L)	----	----	----	----	----	----
VT/Ti	----	----	----	----	----	----
Ti/Ttot	----	----	----	----	----	----
IC (L)	----	----	----	----	----	----
MVV (L/min)	130	041	032	----	----	----
MRf (l/min)	----	16.03	----	----	----	----
MVT (L)	----	02.54	----	----	----	----

Pre Medication Report Indicates

Early Small Airway Obstruction as FEF 25-75 %Pred or PEFR %Pred < 70
 Mild Obstruction as (FEV1/FVC)%Pred < 95 and FVC%Pred > 80

VIVEKANAND AROGY KENDRA HOSPITAL

Devan Kumar (47 M)

ID: MR007004

Date: 04-Jan-80

B.P: 140 / 82

Col: Bruce

Stage: Supine

Speed: 0 mph

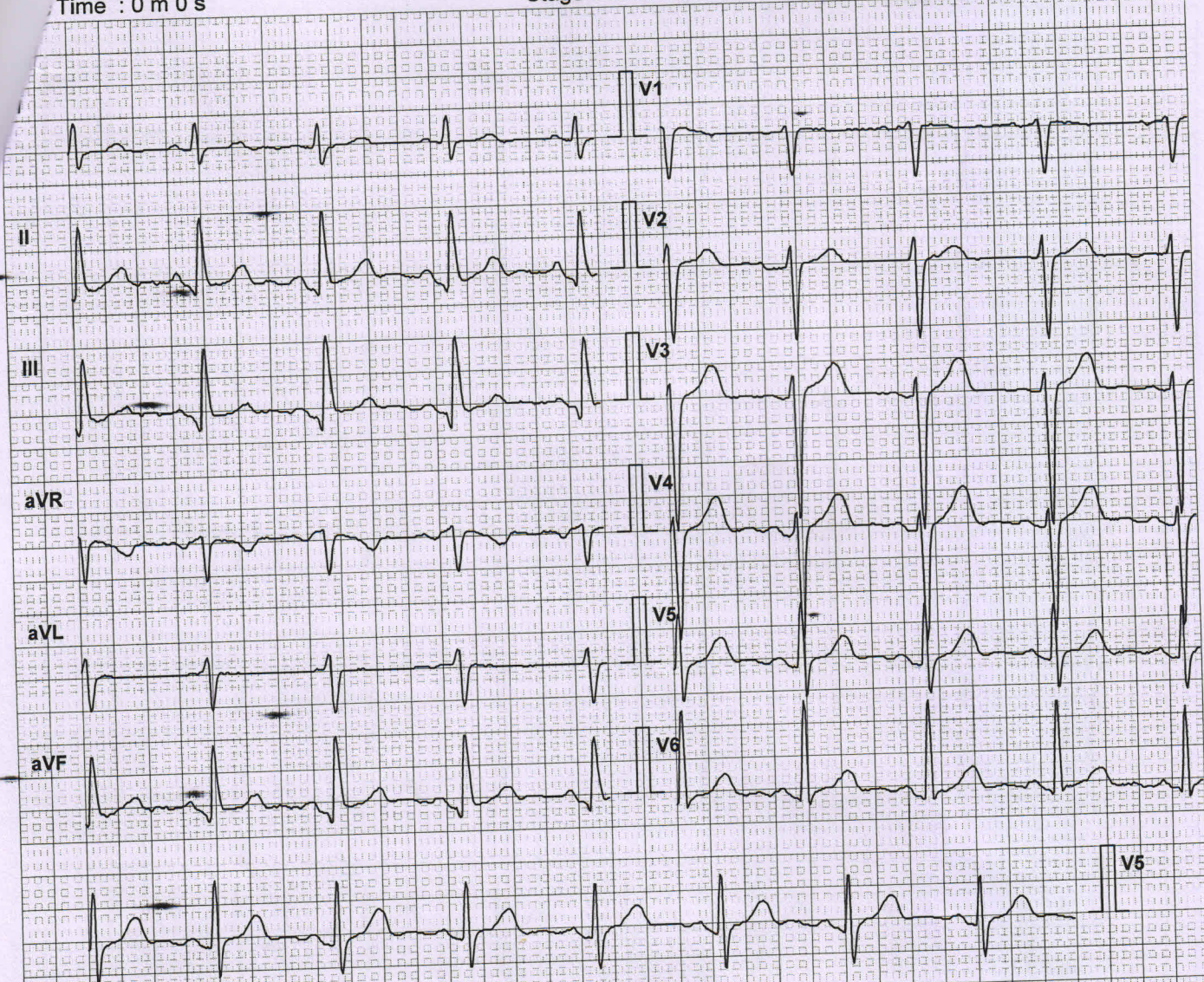
Grade: 0 %

Time : 0 m 0 s

Stage Time : 1 m 31 s

HR: 81 bpm

(THR: 147 bpm)



Lead	aVR	V1	V4	ST Level (mm)
I	0.2 0.4	-0.6 -0.4	0.2 0.4	1.5 1.4
II	1.1 0.0	0.0 0.4	0.4 0.7	1.3 1.1
III	0.6 -0.4	0.8 -0.4	1.1 1.4	0.8 1.1
Lead	aVL	V2	V5	ST Slope (mV/s)
I	0.2 0.4	-0.6 -0.4	0.2 0.4	1.5 1.4
II	1.1 0.0	0.0 0.4	0.4 0.7	1.3 1.1
III	0.6 -0.4	0.8 -0.4	1.1 1.4	0.8 1.1

Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filtr: ON

Amp: 10 mm

Schiller Spandan V 4.7

Iso = R - 60 ms J = R + 60 ms

Post J = J + 60 ms

VIVEKANAND AROGY KENDRA HOSPITAL

Patient Details

Date: 04-Jan-80

Time: 12:27:37 AM

Name: Navjeevan Kumar ID: MR007004

Age: 47 y

Sex: M

Height: 174 cms

Weight: 72 Kgs

Clinical History: Health Check Up

Medications:
Test Details

Protocol: Bruce

Pr.MHR: 173 bpm

THR: 147 (85 % of Pr.MHR) bpm

Total Exec. Time: 11 m 4 s

Max. HR: 154 (89% of Pr.MHR) bpm

Max. Mets: 13.50

Max. BP: 150 / 80 mmHg

Max. BP x HR: 23100 mmHg/min

Min. BP x HR: 6000 mmHg/min

Test Termination Criteria: THR achieved

Protocol Details

Stage Name	Stage Time (min : sec)	Mets	Speed (mph)	Grade (%)	Heart Rate (bpm)	Max. BP (mm/Hg)	Max. ST Level (mm)	Max. ST Slope (mV/s)
Supine	1 : 31	1.0	0	0	81	140 / 82	-1.06 aVR	1.77 V3
Standing	0 : 6	1.0	0	0	78	140 / 82	-0.64 aVR	1.42 V3
Hyperventilation	0 : 4	1.0	0	0	75	140 / 82	-0.42 aVR	1.42 V3
1	3 : 0	4.6	1.7	10	95	140 / 82	-0.85 aVR	2.12 V4
2	3 : 0	7.0	2.5	12	132	148 / 80	-0.85 aVR	4.60 V4
3	3 : 0	10.2	3.4	14	154	150 / 80	-2.76 V2	5.66 V2
Peak Ex	2 : 4	13.5	4.2	16	123	150 / 80	-3.18 III	5.66 V3
Recovery(1)	1 : 0	1.8	1	0	113	150 / 80	-1.06 aVR	5.66 V3
Recovery(2)	1 : 0	1.0	0	0	94	150 / 80	-0.85 aVR	5.31 V4
Recovery(3)	1 : 0	1.0	0	0	93	150 / 80	-0.64 aVR	2.83 V4
Recovery(4)	0 : 14	1.0	0	0	94	150 / 80	-0.64 aVR	2.48 V3

Interpretation

Baseline ECG - WNL

No significant changes compared to baseline during peak exercise or recovery

TMT is negative

Ref. Doctor: -----

(Summary Report edited by user)


 Doctor: -----

(c) Schiller Healthcare India Pvt. Ltd. V 4.7



विवेकानन्द आरोग्य केन्द्र

डायग्नोस्टिक एंड ओपीडी
भारत विकास परियोजना, महाराष्ट्र प्रशासन द्वारा संचालित



Radiology Report

Name : Mr. Navjeevan Kumar
Age/Gender : 47 Y/M
Prescribed Doctor : Self

MR No : MR007004
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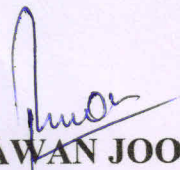
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MD (Radio-diagnosis)