

# CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of Amit Kumar on 11/5/2019

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"><li>• Medically Fit</li></ul>	
<ul style="list-style-type: none"><li>• Fit with restrictions/recommendations</li></ul> <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <ol style="list-style-type: none"><li>1. <u>Dyslipidemic with Raised S. Bilirubin</u></li><li>2. <u>Fatty Liver Sr I</u></li><li>3. <u>Bradycardia</u></li></ol> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after <u>2 wks</u></p>	
<ul style="list-style-type: none"><li>• Currently Unfit. Review after _____ recommended</li></ul>	
<ul style="list-style-type: none"><li>• Unfit</li></ul>	

Dr. Amit

Medical Officer **K. GUPTA**  
The Apollo Clinic, (London) MD  
Consulting Physician  
Regd. No. 7513 (HMC)

*This certificate is not meant for medico-legal purposes*

## उपलब्ध ओ.पी.डी. सुविधाएँ

- हृदय रोग चिकित्सा  
(Cardiology)
- बाल एवं भ्रूण रोग चिकित्सा  
(Paediatrics & Fetal Medicine)
- बाल रोग चिकित्सा  
(Paediatrics)
- स्त्री रोग चिकित्सा  
(Gynaecology)
- हड्डी रोग चिकित्सा  
(Orthopaedics)
- दन्त चिकित्सा  
(Dental Care)
- सामान्य चिकित्सा  
(General Physician)
- फिजियोथैरेपी  
(Physiotherapy)
- चर्म रोग चिकित्सा  
(Dermatology)
- मूत्र रोग चिकित्सा  
(Urology)
- गुर्दा रोग चिकित्सा  
(Nephrology)

## उपलब्ध जाँच

- डायलिसिस (Dialysis)
- अल्ट्रासाउण्ड (Ultrasound)
- ईको (Echo)
- स्ट्रेस ईको (Stress Echo)
- टी.एम.टी. (T.M.T.)
- पी.एफ.टी. (Lung Function Test)
- ई.सी.जी. (E.C.G.)
- ई.ई.जी. (E.E.G.)
- एक्स-रे (X-Ray)
- मैमोग्राफी (Mammography)
- ओ.पी.जी. (Dental X-Ray)
- हॉल्टर टेस्ट (Holter Test)

Ref. No.:.....

Date:.....

Name of patient: Mr. Amit Kumar	Age: 31	M/F: M
Consultant:	Speciality: Package	
MR No : MR006853	Visit No: OP014101	Date: 11-05-2019

No complaints

Wt 100 kg

HT 170 cm

Bp 120/68 mm Hg

R 2 56-60 / min

Chest /  
Cvs /  
Abd /

Hypertension

Partly cured Sr I

① polypharmacy

T.S. Bilirubin

Bradycardia

Not for Medico Legal Purpose

खून एवं मल-मूत्र की जाँच NABL द्वारा मान्यता प्राप्त MoIQ लैब द्वारा की जाती है।

सम्पर्क सूत्र: 0124-2224102 / 103 / 104 | Mob.: 8683061905, 8683061906

ओ.पी.डी. पर्ची का शुल्क केवल तीन दिन के लिए मान्य रहेगा।

## Radiology Report

Name : Mr. Amit Kumar  
Age/Gender : 31 Y/M  
Prescribed Doctor : Self

MR No : MR006853  
Visit ID : OP014101  
Report Date : 11-05-2019 12:22

## Ultrasound

### USG EXAMINATION : WHOLE ABDOMEN

**Liver** shows normal shape and size **with mildly increased echogenicity, suggestive of fatty change.**  
Intrahepatic biliary radicals are not dilated. No focal lesion is seen.

**Gall bladder** shows physiological distension and normal wall thickness. No calculus or mass is seen in the lumen.

**CBD** is normal in diameter. No calculus is seen

**PV, Aorta & IVC** show normal calibre. No evidence of para-aortic lymphadenopathy is seen.

**Pancreas** is normal in size, shape and echo texture.

**Spleen** is normal in shape, size and echo texture.

**Right kidney** show normal shape & size. Cortico-medullary differentiation is maintained. Right kidney show no calculus or hydronephrosis.

**Left kidney** show normal shape & size. Cortico-medullary differentiation is maintained. Left kidney show no calculus or hydronephrosis.

No free fluid is seen in the intra-peritoneal cavity.

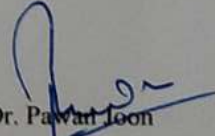
**Urinary bladder** is normal in shape, size and wall thickness. No mass or calculus is seen.

**Prostate** is normal in shape, size & echo texture. Volume of prostate is 13 ml.

**IMP :**

**Fatty liver grade-1**

PLEASE CORRELATE CLINICALLY

  
Dr. Pawan Loon  
MD ( Radio- diagnosis)



# विवेकानन्द आरोग्य केन्द्र

डायग्नोसिस, डायग्नोस्टिक एवं ओपी डी  
भारत विवेकानन्द परिषद्, महाराष्ट्र प्रथम व्यास ट्रस्ट संशोधित



## Radiology Report

Name : Mr. Amit Kumar  
Age/Gender : 31 Y/M  
Prescribed Doctor : Self

MR No : MR006853  
Visit ID : OP014101  
Report Date : 11-05-2019 11:38

### X-Ray

#### X-RAY CHEST PA VIEW

*Rotated & mid expiratory radiograph.*

Bilateral lung fields appears to be clear. No obvious pulmonary parenchymal lesion is seen.

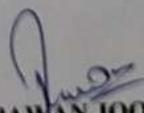
Trachea is central.

Cardiac configuration appears to be normal with normal cardio-thoracic ratio.

Both costo phrenic angles and domes of diaphragm are normal.

Visualized soft tissue and bony thoracic cage appears to be normal.

PLEASE CORRELATE CLINICALLY.

  
DR. PAWAN JOON  
MD (Radio-diagnosis)



# विवेकानन्द आरोग्य केन्द्र

466 P, सेक्टर 12 A, नजदीक माधव भवन, गुरुग्राम  
(भारत विकास परिषद् महाराणा प्रताप न्यास, गुरुग्राम द्वारा संचालित)



Ref. No.:.....

## ECHO REPORT

Date:.....

Name : Mr. Amit Kumar	Age : 31 yr
Date : 15/05/2019	Gender : Male
Clinical Diagnosis : Company Health Check up	Done By: Dr Dixit Garg

### M - Mode/ 2-D Description:

#### Measurements (mm):

	Observed Values		Normal values	
Aortic root diameter	35 mm		20-36 (22mm/M <sup>2</sup> )	
Left atrium size	38 mm		19-40 mm	
	End Diastole	Normal values	Endsystole	Normal values
Left Ventricle Size	46 mm	37 -56 mm	30 mm	2.2-4.0 mm
Interventricular Septum	09 mm	6 -12 mm	11 mm	
Posterior wall thickness	09 mm	5 -10 mm	11 mm	
LV ejection fraction (%)	56%		53% - 59%	

### DOPPLER VELOCITIES (cm/sec)

<u>Pulmonary valve</u>		<u>Aortic valve</u>	
Max velocity	85 cm/sec	Max velocity	102 cm/sec
Regurgitation	Trace	Regurgitation	None
<u>Mitral valve</u>		<u>Tricuspid valve</u>	
E	70 cm/sec	Max velocity	--m/sec
A	43 cm/sec	Max PG	--mmHg
E'	11 cm/sec	TAPSE (>1.5)	1.8
Regurgitation	Trace	Regurgitation	Trace

Ref. No.:.....

Date:.....

**Final interpretation :**

(HR - 56/min, Rhythm - NSR)

1. No LV RWMA, LVEF 56%.
2. Normal RV systolic function.
3. All Cardiac chamber dimensions normal.
4. Mitral inflow pattern - normal, normal LVEDP.
5. Morphologically normal mitral valve, Trace MR No MS.
6. Morphologically normal aortic valve, No AR, No AS.
7. Morphologically normal Tricuspid valve, Trace TR, Normal PASP.
8. No intra-cardiac clot/ Vegetation / Pericardial effusion seen.
9. IVC normal in size, CVP normal.

Dr Dixit Garg  
DNB Cardiology