

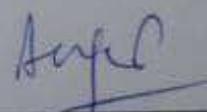
CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of Pooja Kumari on 4/5/2019

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none">• Medically Fit	<input type="checkbox"/>
<ul style="list-style-type: none">• Fit with restrictions/recommendations <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1. <u>Mild Anaemic</u></p> <p>2. <u>Enlarged ovaries (USS Abd)</u></p> <p>3. <u>Concitis</u></p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after <u>6m.</u></p>	<input checked="" type="checkbox"/>
<ul style="list-style-type: none">• Currently Unfit. Review after _____ recommended• Unfit	<input type="checkbox"/>

Dr. 

Medical Officer **K. GUPTA**
The Apollo Clinic, (Location)
MBBS, MD
Consulting Physician
Regd. No. 7513 (HMC)

This certificate is not meant for medico-legal purposes



Radiology Report

Name : Mrs. Pashpa Kumari
Age/Gender : 27 Y/F
Prescribed Doctor : Self

MR No : MR006459
Visit ID : OP013242
Report Date : 04-05-2019 11:05

Ultrasound

USG EXAMINATION : WHOLE ABDOMEN

Liver shows normal shape and size with homogenous echo texture. Intrahepatic biliary radicals are not dilated. No focal lesion is seen. **Portal Vein** shows normal calibre.

Gall bladder shows physiological distension and normal wall thickness. No calculus or mass is seen in the lumen.

CBD is normal in diameter. No calculus is seen

Pancreas is normal in size, shape and echo texture.

Spleen is normal in shape, size and echo texture.

Right kidney show normal shape & size. Cortico-medullary differentiation is maintained. Right kidney show no calculus or hydronephrosis. Right kidney measures 103 x 44mm.

Left kidney show normal shape & size. Cortico-medullary differentiation is maintained. Left kidney show no calculus or hydronephrosis. Left kidney measures 102 x 44mm.

No free fluid is seen in the intra-peritoneal cavity. No evidence of mesenteric lymphadenopathy is seen.

Urinary bladder is normal shape and size with normal wall thickness. No mass or calculus is seen.

Uterus shows normal shape, size and echo texture. No focal lesion is seen. Uterus measures 79 x 51 x 34mm. Endometrial thickness is 4.8mm.

Adnexae show no mass.

Both ovaries are bulky. Multiple follicles seen in both ovaries with dominant follicle measuring 12 x 11mm seen in right ovary.

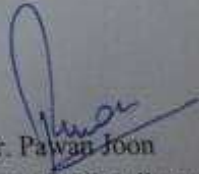
Right ovary measures 34 x 33 x 19mm (Vol-11.4cc).

Left ovary measures 34 x 30 x 17mm (Vol-9.5cc).

Cul-de-sac is clear.

Imp:- Bulky bilateral ovaries.

Adv:- Clinical correlation and further evaluation.


Dr. Pawan Joon
MD (Radio- diagnosis)



विवेकानन्द आरोग्य केन्द्र

466 P, सेक्टर 12 A, नजदीक माधव भवन, गुरुग्राम

(भारत विकास परिषद् महाराणा प्रताप न्यास, गुरुग्राम द्वारा संचालित)



Ref. No.:.....

Date:.....

MR NO	MR006459	AGE	27YRS
PATIENT'SNAME	PUSHPA KUMARI	SEX	FEMALE
REF.BY		DATE	10.05.2019

X-RAY CHEST PA VIEW

Bilateral lung fields appears to be clear. No obvious pulmonary parenchymal lesion is seen.

Trachea is central.

Cardiac configuration appears to be normal with normal cardio-thoracic ratio.

Both costo phrenic angles and domes of diaphragm are normal.

Visualized soft tissue and bony thoracic cage appears to be normal.

PLEASE CORRELATE CLINICALLY.


DR. PAWAN JOON
MD (Radio-diagnosis)



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उपलब्ध ओ.पी.डी. सुविधाएँ

- हृदय रोग चिकित्सा (Cardiology)
- बाल एवं भ्रूण रोग चिकित्सा (Paediatrics & Fetal Medicine)
- बाल रोग चिकित्सा (Paediatrics)
- स्त्री रोग चिकित्सा (Gynaecology)
- हड्डों रोग चिकित्सा (Orthopaedics)
- दन्त चिकित्सा (Dental Care)
- सामान्य चिकित्सा (General Physician)
- फिजियोथैरेपी (Physiotherapy)
- चर्म रोग चिकित्सा (Dermatology)
- मूत्र रोग चिकित्सा (Urology)
- गुर्दा रोग चिकित्सा (Nephrology)

उपलब्ध जाँच

- डायलिसिस (Dialysis)
- अल्ट्रासाउण्ड (Ultrasound)
- ईको (Echo)
- स्ट्रेस ईको (Stress Echo)
- टी.एम.टी. (T.M.T.)
- पी.एफ.टी. (Lung Function Test)
- ई.सी.जी. (E.C.G.)
- ई.ई.जी. (E.E.G.)
- एक्स-रे (X-Ray)
- मैमोग्राफी (Mammography)
- ओ.पी.जी. (Dental X-Ray)
- हॉल्टर टेस्ट (Holter Test)

Ref. No.:

Date: 4/5/19.

Name of patient: Mrs. Pushpa Kumari

Age: 27

M/F: F

Consultant:

Speciality: Package

MR No : MR006459

Visit No: OP013242

Date: 04-05-2019

M/F - 5 1/2 yrs

M/H - 4 dly / 32-35 dly.

O/H - fmsd @ 2 yrs
A₁ at 4 weeks,

Adh
c/o - Leucorrhoea.

LMP - 24/4/19.

P/H - N/S.

S/H - N/S.

family med H/O - f - H/O fms.
m - N/S.

Investigations

V - B12

Vit - D

Adh
for wife & husband both
1) Tab Doxy 100mg
- 0 - 0 - x 7 dly
2) Tab Rofloxa 150mg
0 - 0 x 7 dly,

for wife 3) 1 fas kit x 3 dly
(vaginally)

Not for Medico Legal Purpose

खून एवं मल-मूत्र की जाँच NABL द्वारा मान्यता प्राप्त MoIQ तैब द्वारा की जाती है।



विवेकानन्द आरोग्य केन्द्र

466 P, सेक्टर 12 A, नजदीक माधव भवन, गुरुग्राम
(नारत विक्रम चरिषद महारणा प्रताप न्यास, गुरुग्राम द्वारा संचालित)



Ref. No:.....

Date:.....

TRANSTHORACIC ECHO-DOPPLER REPORT

Name - MRS.PUSHPA KUMARI
Regn No. - 006459
Diagnosis - ECHOCARDIOGRAPHY

Age/Sex - 27 YEARS FEMALE
Date -04/05/2019
OPD NO.- 013242

M-Mode/2 -D Description:

- Left Ventricle: No LVRWMA seen, normal LVEF=55%
Left Atrium : It is normal sized.
Right Atrium: It is normal sized.
Right Ventricle: It is normal sized, RV systolic function normal.
Aortic Valve : Aortic cusps normal.
Mitral Valve: It opens normally.
Tricuspid Valve: It appears normal.
Pulmonic Valve: its appears normal.
Main Pulmonary artery& its branches: Appear Normal.
Pericardium: There is no pericardial effusion.
Inter atrial septum: It is intact
Inter ventricular Septum: It is intact.
IVC: Normal size & respiratory variability.

Measurement (mm)

LEFT HEART			RIGHT HEART		
	<u>Observed values (mm)</u>	<u>Normal values</u>		<u>Observed values (mm)</u>	<u>Normal values</u>
Aortic root	26	20-36 (22mm/m ²)	IVC size	NORMAL	17-24 mm
Aortic valve opening	18	15-26(mm/m ²)	IVC respiratory variability	normal	>50%
La size	19	19-40(mm/m ²)	RA size	normal	<18cm ²

सम्पर्क सूत्र: 0124-2224102 / 103 / 104 | Mob.: 8683061905, 8683061906

* Not for Medico Legal Purpose*

LA volume index (ml/m ²)		<34ml/m ²			
LVID(D)	39	(ED=37-56)	RV basal	-	24-42mm
LVID(S)	29		RV mid cavity	-	20-35mm
IVS(D)	07	(ED=6-12)	RV longitudinal	-	56-86mm
IVS(S)	10		RVOT PROXIMAL	-	18-33mm
PW(D)	06	ED=(5-10)	RVTDI	-	>12cm/sec
PW(S)	10		RV free wall thickness	-	<5mm
LVEF (%)	55%	55%-80%	RVEF	normal	>44%

Doppler velocities (cm/sec)

Aortic valve		Pulmonary valve	
Max/Mean velocity cm/sec	140	Max velocity	normal
Max / PG	7.88 mmHg	Max PG	-
Mitral valve		Tricuspid valve	
E cm/sec	86	Max PG =	Max Velocity cm/sec 226
A cm/sec	44	Max Velocity =	E/A (0.8 -2.1)
DT	-	Max PG =	E/E(>6)
E/E'	-	Mean Velocity =	S ₁ Velocity(10 cm ² /sec)

Regurgitation


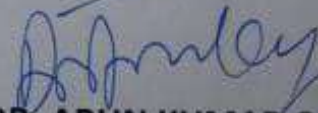
MR		TR	
Severity	TRIVIAL	Severity	MILD
VC (mm)		VC (mm)	
ERO (mm)			
RV (ml)			
Max velocity		RVSP	~ 25mmHg

AR		PR	
Severity	nil	Severity	TRACE
PHT (m sec)			
VC (mm)			

Final Interpretation

Study done at HR of 77 beats per minute.

1. No LVRWMA seen, normal LVEF=55% seen.
2. Rest CCD normal.
3. Trivial MR, MILD TR (RVSP~ 25 mmHg), RV function normal present, TRACE PR.
4. MIP- NORMAL.
5. Aortic cusps normal, nil AR seen. Peak Aortic Velocity around 140 cm/sec.
6. IVC small calibre and respiratory variability >50% Present.
7. No I/C Clot / no Vegetation / no PE seen.



DR. ARUN KUMAR GARG
 (MBBS PGDCC FNIC FICC)
 (CLINICAL CARDIOLOGIST)