

CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination of	40/ld (000)
After reviewing the medical history and on clinical examination it has been found that he/she is	Tick
Medically Fit	~
Fit with restrictions/recommendations Though following restrictions have been revealed, in my opinion, these are not impediments to the job. 1	led
Unfit	

Dr. Dr. RAKESH SHARMA

M.B.B.S. (Sr. Consultant) ViMedical Officer

The Apollo Clinic, (Location)

This certificate is not meant for medico-legal purposes





466 P. सेक्टर 12 A. नजदीक माधव भवन, गूरुग्राम (भारत विकास परिषद्र महाराणा प्रताप न्यास, गुरूग्राम द्वारा संचालित)

उपलब्ध ओ.पी.डी. सुविधाएँ

- **एक हृदय रोग चिकित्सा** (Cardiology)
- बाल एवं भ्रण रोग चिकित्सा (Paediatrics & Fetal Medicine)
- **ब्र** बाल रोग चिकित्सा (Paediatrics)
- **एक स्त्री रोग चिकित्सा** (Gynaecology)
- **छ** हड्डी रोग चिकित्सा (Orthopaedics)
- **एक दन्त** चिकित्सा (Dental Care)
- **एक सामान्य चिकित्सा** (General Physician)
- **क्कि फिजियोथैरेपी** (Physiotherapy)
- **ष्ट्र** चर्म रोग चिकित्सा (Dermatology)
- **प्रि** मूत्र रोग चिकित्सा (Urology)
- **एक गुर्दा रोग चिकित्सा** (Nephrology)

उपलब्ध जाँच

- 🖙 डायलिसिस (Dialysis)
- अल्ट्रासाउण्ड (Ultrasound)
- 🖙 ईको (Echo)
- म्ब्रि स्ट्रेस ईको (Stress Echo)
- ा टी.एम.टी. (T.M.T.)
- 🖙 पी.एफ.टी. (Lung Function Test)
- ा ई.सी.जी. (E.C.G.)
- 🖙 ई.ई.जी. (E.E.G.)
- ा एक्स-रे (X-Ray)
- मेमोग्राफी (Mammography)
- 🖙 ओ.पी.जी. (Dental X-Ray)

Not for Medico Legal Purpose

🖙 हॉल्टर टेस्ट (Holter Test)

Ref. No.:	
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Date:....

Name of patient: Mr. C S Azad	Age: 46	M/F: M	
Consultant:	Speciality: Pa		
MR No: MR006417 Visit No:	OP013150 Date: 03-04	5-2010	

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Date: 03-05-2019

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Observations.

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डायितिसिस, डायग्नोस्टिक एवं ओ.पी.डी. भारत विकास परिषद्, महाराणा प्रताप न्यास द्वारा संवातित



Radiology Report

Name

: Mr. C S Azad

Age/Gender

: 46 Y/M

Prescribed Doctor: Self

MR No

: MR006417

Visit ID

: OP013150

Report Date

: 03-05-2019 14:26

Ultrasound

USG EXAMINATION: WHOLE ABDOMEN

Liver shows normal shape with mild increase in size (15.5cm) with mildly increased echogenecity, suggestive of fatty change. Intrahepatic biliary radicals are not dilated. No focal lesion is seen. Portal Vein shows normal calibre.

Gall bladder shows physiological distension and normal wall thickness. No calculus or mass is seen in the lumen.

CBD is normal in diameter. No calculus is seen

PV, Aorta & IVC show normal calibre. No evidence of para-aortic lymphadenopathy is seen.

Pancreas is normal in size, shape and echo texture.

Spleen is normal in shape, size and echo texture.

Right kidney show normal shape & size. Cortico-medullary differentiation is maintained. Right kidney show no calculus or hydronephrosis. Right kidney measures 101 x 43 mm.

Left kidney show normal shape & size. Cortico-medullary differentiation is maintained. Left kidney show no calculus or hydronephrosis. Left kidney measures 100 x 55 mm.

No free fluid is seen in the intra-peritoneal cavity.

Urinary bladder is normal in shape, size and wall thickness. No mass or calculus is seen.

Prostate is normal in shape, size & echo texture. Volume of prostate is 19 ml.

IMP: Borderline hepatomegaly with fatty liver grade I.

PLEASE CORRELATE CLINICALLY.

Dr. PAWAN JOON MD (Radio Diagnosis) Vivekanand Arogya Kendra Regn. No. HMC-13523







Radiology Report

Name

Age/Gender

Prescribed Doctor: Self

: Mr. C S Azad

: 46 Y/M

MR No

: MR006417

Visit ID

: OP013150

Report Date

: 03-05-2019 15:12

X-Ray

X-RAY CHEST PA VIEW

Rotated radiograph.

Bilateral lungs fields are appears to be grossly normal.

Trachea is central.

Both costo phrenic angles and domes of diaphragm are normal.

Cardiac shadows can not be commented upon due to expiratory radiograph.

Soft tissue and bony thoracic cage are normal.

PLEASE CORRELATE CLINICALLY.

MD (Radio-diagnosis)



466 P, सेवटर 12 A, नजदीक माधव-भवन, गुरुग्राम



(भारत विकास हस्मित महासमाहान क्रियम, गुरूग्राम द्वारा संचालित)

NAME Ref. No.:	Mr. C.S Azad	AGE/SEX	46/M Date:
MR. NO	006417	HOSPITAL NO.	OPD
REF. BY	Health Check up	DATE	03.05.2019

PROCEDURES : M-MODE / 2D / DOPPLER / COLOUR / CONTRAST B.B.A. M2 MEASUREMENTS :

NORMALS

		NORWALS
Aortic Root Diameter	2.9	2.0-3.7 cm < 2.2 cm/M2
Aortic Valve Opening		1.5-2.6 cm
Right Ventricular Dimension		-0.7-2.6 cm < 1.4 cm/M2
Right Ventricular Thickness		0.3-0.9 cm
Left Atrial Dimension	2.9	$1.9-4.0 \text{ cm} \le 2.2 \text{ cm/M}2$
Left Ventricular ED Dimension	2.6	3.7-5.6 cm < 3.2 cm/M2
Left Ventricular ES Dimension	3.9	2.2-4.0 cm
Interventricular Septal Thickness	0.9 ED ES	0.6-1.2 cm
Left Vent PW Thickness	1.1 ED ES	0.5-1.0 cm
IVS / LVPW		

INDICES OF LEFT VENT. FUNCTION

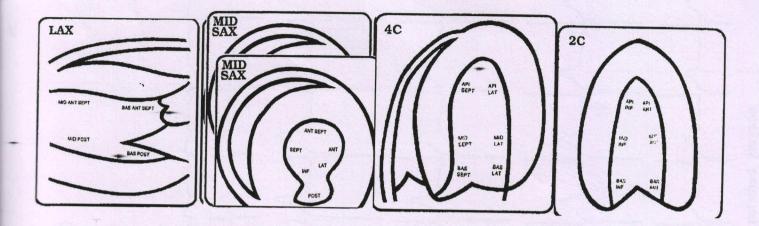
Mitral E-Septal separation		<0.9 cm
Minor axis		24.42%
LV Ejection Fraction	60 %	55-65%

IMAGING:

M-Mode examination revealed normal movement of both mitral leaflets during diastole. No SAM or mitral valve prolapse is seen. Aortic cusps are not thickened and closure line is central. Tricuspid valve is normal. Pulmonary valve is normal. Aortic root is normal in size. Dimension of left atrium and left ventricle are normal. No LVH present.

2-D imaging in PLAX, SAX and apical views revealed a normal sized left ventricle. Movement of septum, inferior, anterior, posterior and lateral walls is normal. Global LVEF is 60%. Mitral valve opening is normal. No evidence of mitral valve prolapse is seen. Aortic valve has three cusps and its opening is not restricted. Tricuspid valve leaflets move normally. Pulmonary valve is normal. Interatrial and interventricular septa are intact. No intracardiac mass or thrombus is seen. No pericardial pathology is observed.

LV WALL MOTION



DOPPLER

MV	E = cm/sec A = cm/sec	MR	Nil
AV	cm/sec	AR	Nil
TV	cm/sec	TR	Mild, PASP 40 mmHg
PV	cm/sec	PR	Nil

COLOUR FLOW

Mild TR, PASP-40 mmHg

FINAL DIAGNOSIS:

2D Colour Doppler Exam of Mr. C.S Azad revealed:

- 1. No regional wall motion abnormalities seen in resting state. LVEF 60 %.
- 2. No LVH. All cardiac chambers dimensions are normal.
- 3. Mild TR, PASP-40 mmHg
- 4. Normal left ventricular systolic function.
- 5. No diastolic Dysfunction.
- 6. No intracardiac mass or thrombus
- 7. No pericardial pathology seen. No clot /veg seen.

DR. ASHISH GUPTA

Dr. ASHISH GUPTA

MBBS, MD(Medici: (Cardiology)

Consulta: (iology)

Vivekananc , a Kendra

Regn. No. HMC-10365

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