

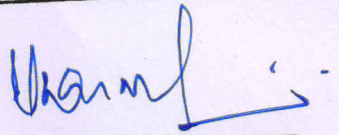
CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of Nikhil Srivastava on 11/5/19

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> • Medically Fit 	✓
<ul style="list-style-type: none"> • Fit with restrictions/recommendations <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1..... <u>Underweight</u></p> <p>2.....</p> <p>3.....</p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	
<ul style="list-style-type: none"> • Currently Unfit. Review after _____ <u>h</u> recommended • Unfit 	

Dr. 

Dr. RAKESH SHARMA
 MB.B.S. (Sr. Consultant)
 Vivekanand Arogya Kendra
 Gurugram

This certificate is not meant for medico-legal purposes

उपलब्ध ओ.पी.डी. सुविधाएँ

- हृदय रोग चिकित्सा
(Cardiology)
- बाल एवं भ्रूण रोग चिकित्सा
(Paediatrics & Fetal Medicine)
- बाल रोग चिकित्सा
(Paediatrics)
- स्त्री रोग चिकित्सा
(Gynaecology)
- हड्डी रोग चिकित्सा
(Orthopaedics)
- दन्त चिकित्सा
(Dental Care)
- सामान्य चिकित्सा
(General Physician)
- फिजियोथैरेपी
(Physiotherapy)
- चर्म रोग चिकित्सा
(Dermatology)
- मूत्र रोग चिकित्सा
(Urology)
- गुर्दा रोग चिकित्सा
(Nephrology)

उपलब्ध जाँच

- डायलिसिस (Dialysis)
- अल्ट्रासाउण्ड (Ultrasound)
- ईको (Echo)
- स्ट्रेस ईको (Stress Echo)
- टी.एम.टी. (T.M.T.)
- पी.एफ.टी. (Lung Function Test)
- ई.सी.जी. (E.C.G.)
- ई.ई.जी. (E.E.G.)
- एक्स-रे (X-Ray)
- मैमोग्राफी (Mammography)
- ओ.पी.जी. (Dental X-Ray)
- हॉल्टर टेस्ट (Holter Test)

Ref. No.:

Date:

Name of patient: Mr. Nikhil Srivastava	Age: 28	M/F: M
Consultant:	Speciality: Package	
MR No : MR006827	Visit No: OP014058	Date: 11-05-2019

Height - 173 cm
Weight - 55 kg
BMI - 18.39

B.P. - 106/80 mm of Hg
Pulse - 80/min, regular

4/4
Pallor - nil
Chest - nil
Abdomen - nil
Lymphadenopathy - nil

Syst/Exam:
Cher - chronically non
CVS - S1S2, of normal character
no murmur
Abdomen - soft, LRV & spleen
not palpable

Vision - 6/6
dioptr - 40
Nerv - N-5

No relevant Hx.
No past illness
No H/O addition
to alcohol or tobacco

Observation:
① Urdu written.

Unusual.

Not for Medico Legal Purpose

रखून एवं मल-मूत्र की जाँच NABL द्वारा मान्यता प्राप्त MolQ लैब द्वारा की जाती है।

सम्पर्क सूत्र: 0124-2224102 / 103 / 104 | Mob.: 8683061905, 8683061906

ओ.पी.डी. पर्ची का शुल्क केवल तीन दिन के लिए मान्य रहेगा।

Radiology Report

Name	: Mr. Nikhil Srivastava	MR No	: MR006827
Age/Gender	: 28 Y/M	Visit ID	: OP014058
Prescribed Doctor	: Self	Report Date	: 11-05-2019 10:22

Ultrasound

USG EXAMINATION : WHOLE ABDOMEN

Liver shows normal shape and size with homogenous echo texture. Intrahepatic biliary radicals are not dilated. No focal lesion is seen.

Gall bladder shows physiological distension and normal wall thickness. No calculus or mass is seen in the lumen.

CBD is normal in diameter. No calculus is seen

PV, Aorta & IVC show normal calibre. No evidence of para-aortic lymphadenopathy is seen.

Pancreas is normal in size, shape and echo texture.

Spleen is normal in shape, size and echo texture.

Right kidney show normal shape & size. Cortico-medullary differentiation is maintained. Right kidney show no calculus or hydronephrosis. Right kidney measures 92 x 37 mm.

Left kidney show normal shape & size. Cortico-medullary differentiation is maintained. Left kidney show no calculus or hydronephrosis. Left kidney measures 93 x 37 mm.

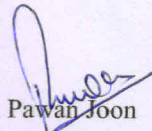
No free fluid is seen in the intra-peritoneal cavity.

Urinary bladder is partially distended and is normal in shape, size and wall thickness. No mass or calculus is seen.

Prostate is normal in shape, size & echo texture. Volume of prostate is 9 ml.

IMP : Normal study.

PLEASE CORRELATE CLINICALLY


Dr. Pawan Joon
MD (Radio- diagnosis)

Radiology Report

Name : Mr. Nikhil Srivastava
Age/Gender : 28 Y/M
Prescribed Doctor : Self

MR No : MR006827
Visit ID : OP014058
Report Date : 11-05-2019 11:29

X-Ray

X-RAY CHEST PA VIEW

Bilateral lung fields appears to be clear. No obvious pulmonary parenchymal lesion is seen.

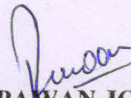
Trachea is central.

Cardiac configuration appears to be normal with normal cardio-thoracic ratio.

Both costo phrenic angles and domes of diaphragm are normal.

Visualized soft tissue and bony thoracic cage appears to be normal.

PLEASE CORRELATE CLINICALLY.


DR. PAWAN JOON
MD (Radio-diagnosis)

TRANSTHORACIC ECHO-DOPPLER REPORT

Name	- MR. NIKHIL SRIVASTAVA	Age/Sex	- 23 YEARS FEMALE
Regn No.	- 006827	Date	-11/05/2019
Diagnosis	- ECHOCARDIOGRAPHY	OPD NO.-	014058

M-Mode/2 –D Description:

- Left Ventricle: No LVRWMA seen, normal LVEF=55%
- Left Atrium : It is normal sized.
- Right Atrium: It is normal sized.
- Right Ventricle: It is normal sized. RV systolic function normal.
- Aortic Valve : Aortic cusps normal.
- Mitral Valve: It opens normally.
- Tricuspid Valve: It appears normal.
- Pulmonic Valve: its appears normal.
- Main Pulmonary artery& its branches: Appear Normal.
- Pericardium: There is no pericardial effusion.
- Inter atrial septum: It is intact
- Inter ventricular Septum: It is intact.
- IVC: Normal size & respiratory variability.

Measurement (mm)

LEFT HEART			RIGHT HEART		
	<u>Observed values (mm)</u>	<u>Normal values</u>		<u>Observed values (mm)</u>	<u>Normal values</u>
Aortic root	23	20-36 (22mm/m2)	IVC size	10	17-24 mm
Aortic valve opening	15	15-26(mm/m2)	IVC respiratory variability	normal	>50%
La size	24	19-40(mm/m2)	RA size	normal	<18cm2

LA volume index (ml/m ²)		<34ml/m ²		-	
LVID(D)	26	(ED=37-56)	RV basal	-	24-42mm
LVID(S)	30		RV mid cavity	-	20-35mm
IVS(D)	08	(ED=6-12)	RV longitudinal	-	56-86mm
IVS(S)	10		RVOT PROXIMAL	-	18-33mm
PW(D)	06	ED=(5-10)	RVTDI	-	>12cm/sec
PW(S)	09		RV free wall thickness	-	<5mm
LVEF (%)	55%	55%-80%	RVEF	normal	>44%

Doppler velocities (cm/sec)

Aortic valve			Pulmonary valve	
Max/Mean velocity cm/sec	128		Max velocity	normal
Max /Mean PG	mmHg		Max PG	-
Mitral valve			Tricuspid valve	
E cm/sec	88	Max PG =	Max Velocity cm/sec	
A cm/sec	48	Max Velocity =	E/A (0.8 -2.1)	-
DT	-	Max PG =	E/E(>6)	-
E/E'	-	Mean Velocity =	S, Velocity(10 cm ² /sec)	-

Regurgitation


MR		TR	
Severity	Nil	Severity	TRIVIAL
VC (mm)		VC (mm)	
ERO (mm)			
RV (ml)			
Max velocity		RVSP	~ 20mmHg

AR		PR	
Severity	nil	Severity	nil
PHT (m sec)			
VC (mm)			

Final Interpretation

Study done at HR of 77 beats per minute.

1. No LVRWMA seen, normal LVEF=55% seen.
2. Rest CCD normal.
3. Nil MR, Trivial TR (RVSP~ 20 mmHg), RV function normal present.
4. MIP- normal.
5. Aortic cusps normal, nil AR seen. Peak Aortic Velocity around 128 cm/sec.
6. IVC small calibre and respiratory variability >50% Present.
7. No I/C Clot / no Vegetation / no PE seen.



DR. ARUN KUMAR GARG
(MBBS PGDCC FNIC FICC)
(CLINICAL CARDIOLOGIST)

AR		PR	
Severity	nil	Severity	nil
PHT (m sec)			
VC (mm)			

Final Interpretation

Study done at HR of 77 beats per minute.

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