

97

22

CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of Sandeep Rao on 08/5/19

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> • Medically Fit 	✓
<ul style="list-style-type: none"> • Fit with restrictions/recommendations <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1. <u>Overweight by 4kg</u></p> <p>2.</p> <p>3.</p> <p>However the employee should follow the advice/medication that has been communicated to him/her. <u>Life style modification</u> <u>↓</u> <u>Body wt.</u> <u>↓</u> <u>Physical activity</u></p> <p>Review after _____</p>	
<ul style="list-style-type: none"> • Currently Unfit. Review after _____ recommended • Unfit 	

Dr. [Signature]

Medical Officer
The Apollo Clinic, (Location)
DR. RAKESH SHARMA
M.B.B.S. (Sr. Consultant)
Vivekanand Arogya Kendra
Gurugram

This certificate is not meant for medico-legal purposes

akshaysharma10326@gmail.com

उपलब्ध ओ.पी.डी. सुविधाएँ

- हृदय रोग चिकित्सा
(Cardiology)
- बाल एवं भ्रूण रोग चिकित्सा
(Paediatrics & Fetal Medicine)
- बाल रोग चिकित्सा
(Paediatrics)
- स्त्री रोग चिकित्सा
(Gynaecology)
- हड्डी रोग चिकित्सा
(Orthopaedics)
- दन्त चिकित्सा
(Dental Care)
- सामान्य चिकित्सा
(General Physician)
- फिजियोथैरेपी
(Physiotherapy)
- चर्म रोग चिकित्सा
(Dermatology)
- मूत्र रोग चिकित्सा
(Urology)
- गुर्दा रोग चिकित्सा
(Nephrology)

उपलब्ध जाँच

- डायलिसिस (Dialysis)
- अल्ट्रासाउण्ड (Ultrasound)
- ईको (Echo)
- स्ट्रेस ईको (Stress Echo)
- टी.एम.टी. (T.M.T.)
- पी.एफ.टी. (Lung Function Test)
- ई.सी.जी. (E.C.G.)
- ई.ई.जी. (E.E.G.)
- एक्स-रे (X-Ray)
- मैमोग्राफी (Mammography)
- ओ.पी.जी. (Dental X-Ray)
- हॉल्टर टेस्ट (Holter Test)

Not for Medico Legal Purpose

Ref. No.:

Date:

Name of patient: Mr. Sandeep Rao	Age: 26	M/F: M
Consultant:	Speciality: Package	
MR No : MR006668	Visit No: OP013676	Date: 08-05-2019

Height - 171 cm
Weight - 75.5 kg
BMI - 25.85
B.P. - 130/88 mm Hg
Pulse - 74 / min, regular
Vision: distant - 6/6 E glasses
Near - N-5
Colour - Normal

F/It - non-smoker
relevant
Grandfather has
1 cancer
P/It - non-smoker
relevant
Addiction:
Alcohol occasionally
No smoking
over

E.N.T. - Throat - NAD
Nose - NAD
Ear - (B) TM normal
& in ear

Observation:
overweight by 4kg

G/E.
Lungs - nil
Liver - nil
Spleen - nil
lymphadenopathy -

Syst/Exam:
Chest - clinically NAD
Abdomen - soft
Liver - not enlarged
Spleen - not palpable

Overweight

खून एवं मल-मूत्र की जाँच NABL द्वारा मान्यता प्राप्त MoIQ लैब द्वारा की जाती है।

15/5/19 Lmf:

CBC - WNL

LFT - NMG

S. creatinine - WNL

d. kidney - NMG

E.C.G. - NMG

Observations:

• overweight by 4kg.

sh.

① eye style modification

↓ body wt.

↑ physical activity

Early & regular diet.

Handwritten signature



CANDIDATE

Name: Sandeep
 Date of Birth: 08/01/1993 Age: _____ Blood Group: _____
 Sex: Male Female Marital Status: Married Unmarried
 Address: _____
 Any allergy / Disability / Pre-existing disease: NO



Date: _____ Signature of Candidate: _____

CLINICAL FINDINGS

Height <u>171</u> Cms.	Weight <u>75.5</u> Kgs.	Near Vision <u>N5</u>	L.E. <u>N5</u>	R.E. <u>N5</u>	Hearing <u>Normal</u>
Distant Vision <u>6/6</u>		L.E. <u>6/6</u>		R.E. <u>6/6</u>	
Colour Vision <u>Normal</u>		Right Ear <u>Normal</u>		Left Ear <u>Normal</u>	
BP: <u>130/88</u> mm of Hg	Pulse Rate: <u>74/min</u> , regular		Resp. Rate <u>14/min</u>		
CVS: <u>Slight of normal</u>		RS: <u>clinically normal</u>		Abdomen: _____	
Any other Findings: <u>overweight by 4kg</u>					

INVESTIGATIONS

BLOOD	CBC - Hb <u>14.9</u> gm%	TLC <u>5980</u> /cumm%	DLC - P <u>453</u> L <u>41</u> E <u>03</u> M <u>50</u>		
	FBS <u>81.8</u> mg%	BUN <u>28.9</u> mg%	Creatinine <u>0.85</u> mg%		
URINE Routine: <u>NAD</u>					
X-Ray Chest: <u>NAD</u>			ECG: <u>10:55</u>		

CERTIFICATE

I Dr.: Rakesh Sharma
 hereby certify that I have examined Mr./Ms.: Sandeep Rana
 on 08/5/19 and find him FIT / ~~UNFIT~~ for employment.
 Remarks if unfit: _____
 Signature & Seal: [Signature] Reg. No. 10685 DMC Address / Tel No. 9811418338

DECLARATION

Dr. RAKESH SHARMA
M.B.B.S. (Sr. Consultant)
Vivekanand Arogya Kendra
Gurgaon

I declare that the above information is true and correct to the best of my knowledge and I am not suffering from any disease or condition the presence of which I have not revealed. I fully understand that any misrepresentation of this declaration could lead to the termination of my offer / appointment. In case of any discrepancy arising out of my declaration, I will undergo the medical check-up by the company's suggested doctor and their findings will be fully binding on me and action thereon towards my employment will be accepted by me. I give my consent to L&T to seek further information, if any, from me directly or from any appropriate doctor.

Signature of Candidate: _____ Date: _____

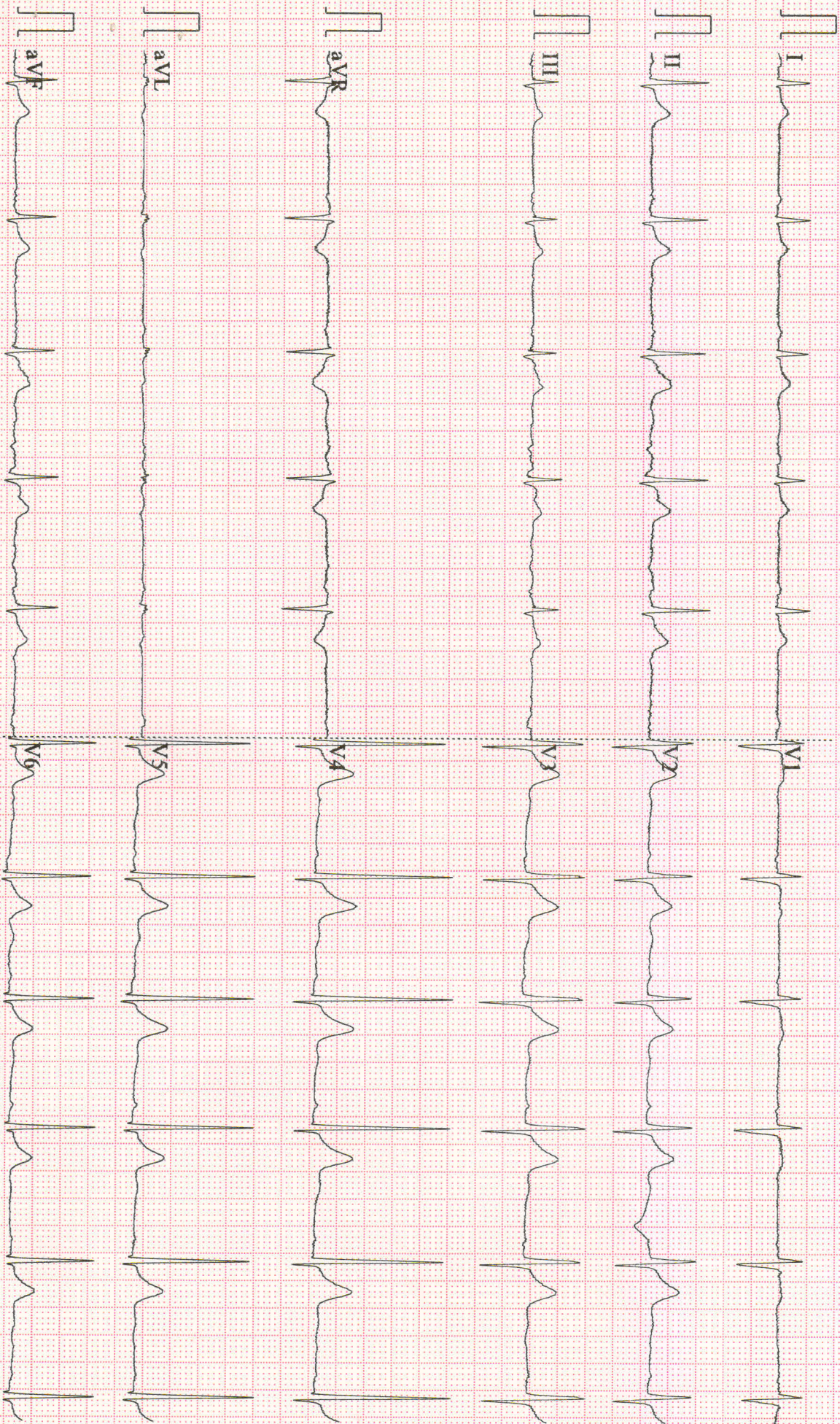
Mr Sandeep Rao
Male 26Years

HR : 62 bpm
P : 87 ms
PR : 161 ms
QRS : 89 ms
QT/QTc : 362/369 ms
PQRS/T : -23/53/58 °
RV5/SV1 : 2.136/0.713 mV

Diagnosis Information:

Sinus Rhythm
Normal ECG

Report Confirmed by:



0.67~100Hz AC50 25mm/s 10mm/mV 2*5.0s 62

V2.2 SEMIP V1.81 bharat vikas parishad gurgaon

Radiology Report

Name : Mr. Sandeep Rao
Age/Gender : 26 Y/M
Prescribed Doctor : Self

MR No : MR006668
Visit ID : OP013676
Report Date : 08-05-2019 15:43

X-Ray

X-RAY CHEST PA VIEW

Bilateral lung fields appears to be clear. No obvious pulmonary parenchymal lesion is seen.

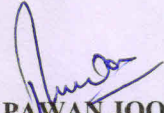
Trachea is central.

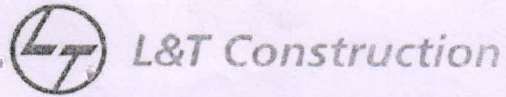
Cardiac configuration appears to be normal with normal cardio-thoracic ratio.

Both costo phrenic angles and domes of diaphragm are normal.

Visualized soft tissue and bony thoracic cage appears to be normal.

PLEASE CORRELATE CLINICALLY.


DR. PAWAN JOON
MD (Radio-diagnosis)



LTC/HQ/MC/PEMC/2032018/9468
L&T Construction – swc
HR – Mekala

07/05/2019

Molecular Quest Healthcare Pvt Ltd
Vivekananda Arogya Kendra ,466P Sector 12A near madhav bhawan
Gurugram
Haryana 122001

Dear Sir / Madam,

Sub: L&T Pre-Employment Medical Checkup Package Rs.1100/-
on 08/05/2019 between 8.00 am and 8.30 am.

With reference to the arrangements we have made with you, we are directing the following candidate to undergo the **Pre-Employment Medical check-up** at your Clinic. Kindly provide necessary facilities for him/her in this regard.

Sandeep Rao

We request you to send the scanned copy of Medical Reports to (medicalcentre@lntecc.com) and hard copy of Reports to below mentioned address, **clearly indicating his medical fitness for employment**. Bill for the charges may be sent to the below address directly for making payment.

L&T Medical Center – L&T Construction
P.B. No.979, Mount Poonamallee Road
Manapakkam
Chennai 600089
Phone: +91 44 22526028 / 6069

Thanking you,

Yours faithfully,
For L&T Medical Centre - L&T Construction
Dr.G. Sathappan
Senior Medical Officer

This is a system generated letter and do not require signature

*Registered Office: L&T House, N. M. Marg, Ballard Estate, Mumbai - 400 001, INDIA.
Licence No.: CIN - L99999MH1946PLC004768*


 भारत सरकार
GOVERNMENT OF INDIA

संदीप
Sandeep
जन्म तिथि/ DOB: 08/01/1993
पुरुष / MALE


3313 1361 2243

मेरा आधार, मेरी पहचान



 भारतीय विशिष्ट पहचान प्राधिकरण
UNIQUE IDENTIFICATION AUTHORITY OF INDIA

पता: Address
S/O: जय पाल सिंह, संपका 23, गुडगाँव, हरियाणा - 122503
S/O: Jai Pal Singh, Sanpka(23), Gurgaon, Haryana - 122503



1947 1800 300 1947 help@uidai.gov.in www uidai.gov.in P.O. Box No. 1947, Bengaluru-560 001