# CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination Shreya Lyengar on 4/5/19 After reviewing the medical history and on clinical examination it has been found that he/she is Tick Medically Fit Fit with restrictions/recommendations Though following restrictions have been revealed, in my opinion, these are not impediments to the job. 1 High typhis with Nyotagmus 3..... However the employee should follow the advice/medication that has been communicated to him/her. Review after 1 W Currently Unfit. Review after recommended Unfit

> Dr. ASHOK K. GUPT Medical Officer MBBS N

The Apollo Clines (Lines in No. 7513 (HMC)

This certificate is not meant for medico-legal purposes



# विवेकानन्द आरोग्य केन्द्र



466 P, सेवटर 12 A, नजदीक माधव भवन, गुरूग्राम (भारत विकास परिषद् महाराणा प्रताप न्यास, गुरूग्राम द्वारा संचालित)

#### उपलब्ध ओ.पी.डी. सुविधाएँ

- हृदय रोग चिकित्सा (Cardiology)
- ि बाल एवं भ्रूण रोग चिकित्सा (Paediatrics & Fetal Medicine)
- श्रि बाल रोग चिकित्सा (Paediatrics)
- स्त्री रोग चिकित्सा (Gynaecology)
- ा हड्डी रोग चिकित्सा (Orthopaedics)
- ा दन्त चिकित्सा (Dental Care)
- 🖙 सामान्य चिकित्सा (General Physician)
- ा फिजियोथैरेपी (Physiotherapy)
- ा चर्म रोग चिकित्सा (Dermatology)
- ा मूत्र रोग चिकित्सा (Urology)
- ण्ड गुर्दा रोग चिकित्सा (Nephrology)

#### उपलब्ध जाँच

- 🖙 डायलिसिस (Dialysis)
- 🖙 अल्ट्रासाउण्ड (Ultrasound)
- 🖙 ईको (Echo)
- 🖙 स्ट्रेस ईको (Stress Echo)
- ा टी.एम.टी. (T.M.T.)
- 🖙 पी.एफ.टी. (Lung Function Test)
- ा ई.सी.जी. (E.C.G.)
- 🖙 ई.ई.जी. (E.E.G.)
- ा एक्स−रे (X-Ray)
- 🖙 मैमोग्राफी (Mammography)
- 🖙 ओ.पी.जी. (Dental X-Ray)
- 🖙 हॉल्टर टेस्ट (Holter Test)

Not for Medico Legal Purpose

Ref. No.:		Date:	
Name of patient: Mrs.	Shreya Iyenger	Age: 25	M/F: F
Consultant:		Speciality: F	Package
MR No · MR006473	Visit No: OP0	13270 Date: 04-	05-2019

No other complaint

Ht - 5'21/2
Wh 57 14
Mh 57 14
Mh 76 put Rop
Ol 2 120 176 mitt
Chest - Clear
And - Mrso
Crs- 53 A
No mumus

VISION Nyptogmus

By = 6/12 Pour

Adv Detail
Ophthalmology Exam. Detail
- Remoth. Fields
- Periph. Fields

खून एवं मल-मूत्र की जाँच NABL द्वारा मान्यता प्राप्त MoIQ लैब द्वारा की जाती है।



# विवेकानन्द आरोग्य केन्द्र

डायलिसिस, डायग्नोस्टिक एवं ओ.पी.डी. भारत विकास परिषद, महाराणा प्रताप न्यास द्वारा संचालित



## Radiology Report

Name

: Mrs. Shreya Iyenger

Age/Gender

Prescribed Doctor: Self

: 25 Y/F

MR No

: MR006473

Visit ID

: OP013270

Report Date

: 04-05-2019 14:27

#### X-Ray

### X-RAY CHEST PA VIEW

Bilateral lung fields appears to be clear. No obvious pulmonary parenchymal lesion is seen.

Trachea is central.

Cardiac configuration appears to be normal with normal cardio-thoracic ratio.

Both costo phrenic angles and domes of diaphragm are normal.

Visualized soft tissue and bony thoracic cage appears to be normal.

PLEASE CORRELATE CLINICALLY.

MD (Radio-diagnosis)

Shreya <b>L</b> yen <b>go</b> t Female 25 <b>Y</b> ears			Diagnosis Information: Sinus Rhythm T Wave Abnormality(V3,V4,V6)	V3,V4,V6)
	QRS : 92 QT/QTc : 368 P/QRS/T : 72/ RV5/SV1 : 1.4	92 ms 368/401 ms 72/63/0 ° 1.483/0.682 mV	Report Confirmed by:	
\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\				
aVR.				
aVI.		<u> </u>	\$2 \$2	
a VF		1	1	

Dorling Kindersley Publishing P. Ltd 3rd Floor, Mindmill Corporate Tower Plot No. 24A, Sector 16A, Film City Noida - 201 301 (U.P.) India T+91 120 4689 600

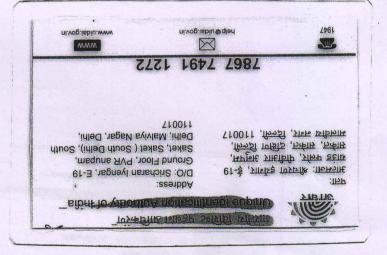
Emergency Contact: Lakshmi Iyengar, 9811154061 Sri Charan Iyengar, 9818254061



Penguin Random House

Shreya lyengar E. Code: DK/1079 Blood Group: A+







#### Fwd: Pre-employment health check-up booking- Shreya lyengar, DK

2 messages

Sharma, Shilpa <shilpa.sharma@dk.com>
To: Shreya lyengar <shreya.iyengar@dk.com>
Cc: Nikhil Arora <nikhil.arora@dk.com>, "Mathur, Shikha" <shikha.mathur@dk.com>

3 May 2019 at 15:21

Hi Shrava

FYI, the confirmation email from Apollo. Please carry the print of this on the day of your health check up.

Thanks & Regards,

Shilpa Sharma | HR Coordinator

DK 3rd Floor, Mindmill Corporate Tower, Plot 24A, Sector 16A, Film City, Noida, India, 201301 www.dk.com DKinVideo



A WORLD OF IDEAS: SEE ALL THERE IS TO KNOW

----- Forwarded message -----

From: Corporate Apollo Clinic <corporate@apolloclinic.com>

Date: Fri, 3 May 2019 at 11:19

Subject: RE: Pre-employment health check-up booking- Shreya Iyengar, DK

To: Mathur, Shikha <shikha.mathur@dk.com>

Cc: Ankur K <ankur.k@apolloclinic.com>, Nikhil Arora <nikhil.arora@dk.com>, Shilpa Sharma <shilpa.sharma@dk.com>

Namaste Team,

Greetings from Apollo Clinics,

With regards to your request the below appointment is confirmed at Molecular Quest Healthcare Pvt Ltd on 04<sup>th</sup> May'19 at 8:30 AM.

#### **Instructions to undergo Health Check:**

- 1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
- 2. During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.
- 3. Bring urine sample in a container if possible (containers are available at the Health Check centre).
- 4. Please bring all your medical prescriptions and previous health medical records with you.
- 5. Kindly inform the health check reception in case if you have a history of diabetes and cardiac problems.

#### For Women:

- 1. Pregnant Women or those suspecting are advised not to undergo any X-Ray test.
- 2. It is advisable not to undergo any Health Check during menstrual cycle.

As per agreement terms Please carry all relevant documents such as authorization letter/mail, valid id proof, company id card etc..".

For further assistance please call us on our Help Line #: 1860 500 7788.

Clinic Address: 466P Sector 12A near madhav bhawan, Gurugram, Haryana 122001

Contact No:- 0124 222 4103, 931338357 9810580003

P.S. Health Check-Up may take 4 - 5hrs for completion on week days & 5 - 6hrs on Saturdays, kindly plan accordingly, Doctor Consultation will be completed after all the Reports are ready.

Thanks & Regards,

Kumar | Apollo Clinics | Pan India Toll No: 1860 500 7788 | Contact E-Mail: corporate@apolloclinic.com | www.apolloclinic.com

From: Mathur, Shikha [mailto:shikha.mathur@dk.com]

Sent: Friday, May 03, 2019 8:54 AM

To: Corporate Apollo Clinic

Cc: Ankur K; Nikhil Arora; Shilpa Sharma

Subject: Re: Pre-employment health check-up booking- Shreya Iyengar, DK

Yes this is fine. Please book the appointment and confirm.

On Thursday, May 2, 2019, Corporate Apollo Clinic <corporate@apolloclinic.com> wrote:

Namaste Team,

Greetings from Apollo clinics,

Currently Umkal Hospital not accepting Any Appointment, we can confirm Appointment at Molecular Quest Healthcare Pvt Ltd.

Molecular Quest Healthcare Pvt Ltd.	Gurgaon	Vivekananda Arogya Kendra	466P Sector 12A near madhav bhawan, Gurugram, Haryana 122001

Thanks & Regards,

Kumar | Apollo Clinics | Pan India Toll No: 1860 500 7788 | Contact E-Mail: corporate@apolloclinic.com | www.apolloclinic.com

From: Mathur, Shikha [mailto:shikha.mathur@dk.com]

Sent: Thursday, May 02, 2019 12:32 PM

To: Corporate Apollo Clinic

Cc: Ankur K; Nikhil Arora; Shilpa Sharma

Subject: Pre-employment health check-up booking- Shreya lyengar, DK

Hi,

Please book the below appointment for the pre-employment health check-up:

Name: Shreya lyengar

Branch: Umakal Hospital, A-520, SUSHANT LOK -1, GURGAON 122002

Date: Saturday, 4th May'19

Company name: Dorling Kinderlsey Publishing Pvt. Ltd.
Please note- The bill shall be credited to the company.
We would need the reports either by soft copy/ hard copy latest by Monday, 6th May'19.
Please confirm the same and share the guidelines or pre-requisites with us.
Thanks & Regards
Shikha Mathur Patel   Assistant Manager- HR
shikha.mathur@dk.com
T +91-120-4689607, M +91 9999572543
DK 3rd Floor, Mindmill Corporate Tower, Plot 24A,
Sector 16A, Film City, Noida, India, 201301
www.dk.com DKinVideo
This email is sent on behalf of Dorling Kindersley. DK is a company in the Penguin Random House division of Bertelsmann AG.  This email may contain information that is confidential. If you have received it in error, please notify the sender immediately and then delete it. Please do not copy it, disclose its contents or use it for any purpose.
Please consider the environment before printing this email
This mail is proprietary of Apollo Health and Lifestyle Limited (AHLL) and is solely intended for the use of the addressee(s) only. It may contain privileged or confidential information and should not be circulated or used for any purpose other than for what it is intended. If you have received this message in error, please notify the originator immediately. If you are not the intended recipient, you are notified that; you are strictly prohibited from using, copying, altering, or disclosing the contents of this message. AHLL accepts no responsibility for loss or damage arising from the use of the information; transmitted by this email including damage from virus. For any clarifications please contact ahll.admin@apollohl.com.
This mail is proprietary of Apollo Health and Lifestyle Limited (AHLL) and is solely intended for the use of the addressee(s) only. It may contain privileged or confidential information and should not be circulated or used for any purpose other than for what it is intended. If you have received this message in error, please notify the originator immediately. If you are not the intended recipient, you are notified that; you are strictly prohibited from using, copying, altering, or disclosing the contents of this message. AHLL accepts no responsibility for loss or damage arising from the use of the information; transmitted by this email including damage from virus. For any clarifications please contact ahll.admin@apollohl.com.