

# VIVEKANAND AROGY KENDRA HOSPITAL

**Patient Details**      Date: 04-May-19      Time: 11:45:59 AM  
**Name:** Bhaskar Upadhyia    ID: 006451  
**Age:** 28 y      Sex: M      Height: 188 cms      Weight: 72 Kgs  
**Clinical History:** nothing significant

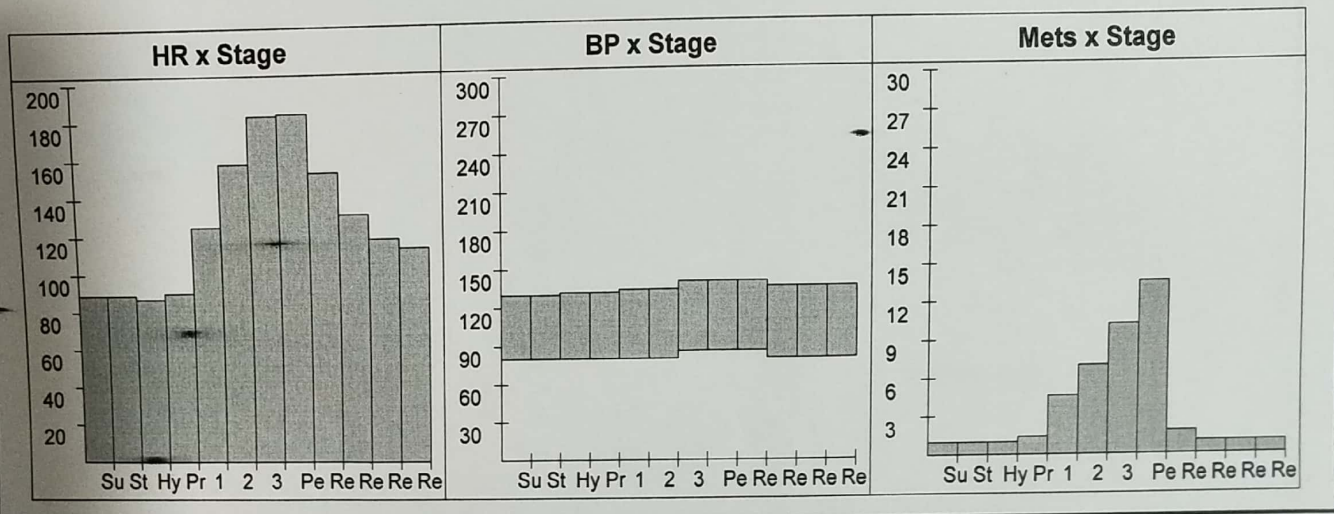
**Medications:** nil

## Test Details

**Protocol:** Bruce      Pr.MHR: 192 bpm      THR: 163 (85 % of Pr.MHR) bpm  
**Total Exec. Time:** 9 m 13 s      Max. HR: 184 (96% of Pr.MHR) bpm      Max. Mets: 13.50  
**Max. BP:** 140 / 86 mmHg      Max. BP x HR: 25760 mmHg/min      Min. BP x HR: 6960 mmHg/min  
**Test Termination Criteria:** THR achieved

## Protocol Details

Stage-Name	Stage Time (min : sec)	Mets	Speed (mph)	Grade (%)	Heart Rate (bpm)	Max. BP (mm/Hg)	Max. ST Level (mm)	Max. ST Slope (mV/s)
Supine	1 : 6	1.0	0	0	89	130 / 80	-1.49 aVR	2.83 V2
Standing	0 : 4	1.0	0	0	89	130 / 80	-0.85 aVR	2.83 V2
Hyperventilation	0 : 13	1.0	0	0	87	132 / 80	-1.06 aVR	2.83 V2
1	3 : 0	4.6	1.7	10	125	134 / 80	-1.91 aVR	5.31 V3
2	3 : 0	7.0	2.5	12	158	134 / 80	-1.91 aVR	5.66 V2
3	3 : 0	10.2	3.4	14	183	140 / 86	-1.91 aVR	5.66 V3
Peak Ex	0 : 13	13.5	4.2	16	184	140 / 86	-1.91 III	5.66 V3
Recovery(1)	1 : 0	1.8	1	0	153	140 / 86	-4.03 aVR	5.66 III
Recovery(2)	1 : 0	1.0	0	0	131	136 / 80	-4.03 aVR	5.66 II
Recovery(3)	1 : 0	1.0	0	0	118	136 / 80	-2.55 aVR	5.66 II
Recovery(4)	0 : 15	1.0	0	0	113	136 / 80	-1.49 aVR	5.66 V3



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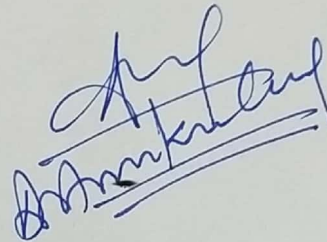
Weight: 72 Kgs

### Interpretation

No significant ST-T changes during TMT study.

TMT is negative for reversible myocardial ischaemia with good exercise capacity.

Please correlate clinically.

  
Bhaskar Upadhya